

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Chest Push

### Shot Putt

### Sportshall

Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
	<b>CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW</b>						
U11G	22	Freya Coley	Chelmsford AC				6.25
U11G	54	Grace Curtis	Basildon AC				5.75
U11G	1	Natalie Pepper	Braintree				5.50
U11G	90	Brooke Baker	Basildon AC				5.50
U11G	10	Jess Pugh	Braintree				5.50
U11G	28	Zoe Gregory	Basildon AC				5.25
U11G	94	Ja'shayla Cousins-Okolie	Broadford				5.25
U11G	60	Lucy Chapelhow	Thurrock				5.25
U11G	68	Kirby Jennings	Basildon AC				4.75
U11G	25	Olivia Dougall	Grt Dunmow				4.75
U11G	101	Emma Thrussell	Benfleet				4.00
U11G	100	Eloise Killick	Gidea Park				3.75
	<b>LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW</b>						
U13G	78	Uche Okpalauko	Havering AC				6.75
U13G	108	Daisy Donoghue	Basildon AC				6.00
U13G	55	Scarlett Saich-Peet	Basildon AC				5.50
U13G	48	Katie Ennis	Havering AC				5.50
U13G	58	Sophie Nugent	Basildon AC				5.25
U13G	46	Maisie Fulker	Chelmsford AC				5.25
U13G	69	Elise Jennings	Basildon AC				4.25
U13G	69	Elise Jennings	Basildon AC				4.25
U13G	84	Feyi Awosika	Grays High				4.00
U15G	2	Hannah Bardo	Chelmsford AC				8.75

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Standing Long Jump



#### Girls U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	12	Gaby Bilbie	Braintree				1.94
U11G	92	Chizara Okocha	Basildon AC				1.88
U11G	75	Esther Adesiyun	Basildon AC				1.86
U11G	106	Katie Middleton	Chelmsford AC				1.82
U11G	22	Freya Coley	Chelmsford AC				1.80
U11G	90	Brooke Baker	Basildon AC				1.80
U11G	52	Kara Dacosta	Basildon AC				1.76
U11G	45	Emmie Fulker	Chelmsford AC				1.75
U11G	34	Millie Trotter	Benfleet				1.69
U11G	60	Lucy Chapelhow	Thurrock				1.68
U11G	25	Olivia Dougall	Grt Dunmow				1.68
U11G	86	Oluwatolaase Abbas	Thurrock				1.68
U11G	34	Millie Trotter	Benfleet				1.68
U11G	54	Grace Curtis	Basildon AC				1.66
U11G	56	Mia Barber	Basildon AC				1.66
U11G	28	Zoe Gregory	Basildon AC				1.65
U11G	101	Emma Thrussell	Benfleet				1.60
U11G	13	Sophie Dunlevey	St Cedds				1.56
U11G	1	Natalie Pepper	Braintree				1.48
U11G	85	Chloe Linnekar	Chelmsford AC				1.46
U11G	29	Hannah Gregory	Basildon AC				1.43
U11G	42	Phoebe Maynard	Priory				1.38
U11G	105	Megan Hallett	Basildon AC				1.10

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Standing Long Jump



Girls U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13G	78	Uche Okpalauko	Havering AC				2.14
U13G	46	Maisie Fulker	Chelmsford AC				2.14
U13G	15	Stephanie Okoro	Havering AC				2.12
U13G	69	Elise Jennings	Basildon AC				2.00
U13G	43	Chloe maynard	Chelmsford AC				2.00
U13G	3	Maddie Booty	Thurrock				1.98
U13G	53	Freya Long	Havering AC				1.96
U13G	19	Mabel Cowley	Basildon AC				1.92
U13G	9	Eva Stewart	Braintree				1.88
U13G	50	Chloe Trew	Basildon AC				1.86
U13G	98	Isobelle O'Connor	Havering AC				1.84
U13G	111	Katie Roberts	Colchester AC				1.80
U13G	31	Ruby Parker	Braintree				1.78
U13G	108	Daisy Donoghue	Basildon AC				1.78
U13G	57	Heidi Aylen	Havering AC				1.76
U13G	77	Gabrielle purdie	Havering AC				1.70
U13G	70	Megan Cook	Havering AC				1.68
U13G	80	Molly Brooker	Cooper Coborn				1.58
U13G	84	Feyi Awosika	Grays High				1.54
U13G	72	Lauren Holmes	Basildon AC				1.48
U15G	2	Hannah Bardo	Chelmsford AC				2.10
U15G	64	Ariyanna McGee	Basildon AC				2.08
U15G	71	Evelyn Pope	Chelmsford AC				2.08
U15G	95	Charlie Friend	Chelmsford AC				2.02
U15G	23	Funmi Adewole	Thurrock				1.94

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Standing Triple Jump

Spertshall

Girls U11 / U13

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	68	Kirby Jennings	Basildon AC				5.44
U11G	10	Jess Pugh	Braintree				5.10
U11G	94	Ja'shayla Cousins-Okolie	Broadford				5.04
U11G	85	Chloe Linnecar	Chelmsford AC				4.68
U13G	69	Elise Jennings	Basildon AC				6.14
U13G	15	Stephanie Okoro	Havering AC				6.08
U13G	59	Zoe Whitaker	Chelmsford AC				5.76
U13G	19	Mabel Cowley	Basildon AC				5.74
U13G	98	Isobelle O'Connor	Havering AC				5.56
U13G	53	Freya Long	Havering AC				5.44
U13G	30	Matilda Canty	Havering AC				5.32
U13G	55	Scarlett Saich-Peet	Basildon AC				5.08
U13G	9	Eva Stewart	Braintree				5.02
U13G	48	Katie Ennis	Havering AC				4.98
U13G	66	Carly Watts	Basildon AC				4.96
U15G	87	Oluloyaunmise Abbas	Thurrock				7.46

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Vertical Jump

**Sportshall**

Girls U11/U13/U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	22	Freya Coley	Chelmsford AC				44
U11G	12	Gaby Bilbie	Braintree				44
U11G	52	Kara Dacosta	Basildon AC				41
U11G	106	Katie Middleton	Chelmsford AC				39
U11G	13	Sophie Dunlevey	St Cedds				37
U11G	68	Kirby Jennings	Basildon AC				35
U11G	35	Holly Huett	Benfleet				34
U11G	56	Mia Barber	Basildon AC				32
U13G	78	Uche Okpalauko	Havering AC				64
U13G	46	Maisie Fulker	Chelmsford AC				50
U13G	59	Zoe Whitaker	Chelmsford AC				50
U13G	3	Maddie Booty	Thurrock				46
U13G	43	Chloe maynard	Chelmsford AC				44
U13G	58	Sophie Nugent	Basildon AC				41
U13G	55	Scarlett Saich-Peet	Basildon AC				36
U13G	31	Ruby Parker	Braintree				36
U13G	66	Carly Watts	Basildon AC				34
U15G	87	Oluloyaunmise Abbas	Thurrock				63
U15G	2	Hannah Bardo	Chelmsford AC				61
U15G	23	Funmi Adewole	Thurrock				53
U15G	71	Evelyn Pope	Chelmsford AC				52
U15G	64	Ariyanna McGee	Basildon AC				46
U15G	95	Charlie Friend	Chelmsford AC				45

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Hi Stepper

### Sportshall

Girls U11

No.	Name	Club/School	Trial 1
U11G 92	Chizara Okocha	Basildon AC	14.7
U11G 52	Kara Dacosta	Basildon AC	15.0
U11G 45	Emmie Fulker	Chelmsford AC	15.0
U11G 56	Mia Barber	Basildon AC	15.2
U11G 28	Zoe Gregory	Basildon AC	15.6
U11G 85	Chloe Linnecar	Chelmsford AC	16.5
U11G 75	Esther Adesiyan	Basildon AC	17.1
U11G 100	Eloise Killick	Gidea Park	17.5
U11G 29	Hannah Gregory	Basildon AC	17.5
U11G 105	Megan Hallett	Basildon AC	17.8
U11G 1	Natalie Pepper	Braintree	18.7
U11G 86	Oluwatolaase Abbas	Thurrock	19.3

### Target Throw

### Sportshall

Girls U11

No.	Name	Club/School	Total Points
U11G 99	Elizabeth Bodal Hansen	Maldon Crt	11
U11G 68	Kirby Jennings	Basildon AC	11
U11G 56	Mia Barber	Basildon AC	10
U11G 52	Kara Dacosta	Basildon AC	10
U11G 29	Hannah Gregory	Basildon AC	5

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Speed Bounce

### Sportshall

Girls U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11G	12	Gaby Bilbie	Braintree	46
U11G	35	Holly Huett	Benfleet	46
U11G	52	Kara Dacosta	Basildon AC	45
U11G	99	Elizabeth Bodal Hansen	Maldon Crt	43
U11G	56	Mia Barber	Basildon AC	42
U11G	106	Katie Middleton	Chelmsford AC	40
U11G	34	Millie Trotter	Benfleet	39
U11G	42	Phoebe Maynard	Priory	37
U11G	13	Sophie Dunlevey	St Cedds	34
U11G	112	Victoria Olowu	East Tilbury	34

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Speed Bounce

### Sportshall

Girls U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13G	15	Stephanie Okoro	Havering AC	81
U13G	98	Isobelle O'Connor	Havering AC	81
U13G	19	Mabel Cowley	Basildon AC	76
U13G	108	Daisy Donoghue	Basildon AC	76
U13G	30	Matilda Canty	Havering AC	72
U13G	72	Lauren Holmes	Basildon AC	72
U13G	53	Freya Long	Havering AC	70
U13G	48	Katie Ennis	Havering AC	69
U13G	50	Chloe Trew	Basildon AC	66
U13G	3	Maddie Booty	Thurrock	65
U13G	66	Carly Watts	Basildon AC	64
U13G	77	Gabrielle purdie	Havering AC	64
U13G	111	Katie Roberts	Colchester AC	63
U13G	31	Ruby Parker	Braintree	61
U13G	57	Heidi Aylen	Havering AC	61
U13G	43	Chloe maynard	Chelmsford AC	60
U13G	59	Zoe Whitaker	Chelmsford AC	56
U13G	9	Eva Stewart	Braintree	54
U13G	70	Megan Cook	Havering AC	53
U13G	80	Molly Brooker	Cooper Coborn	52
U15G	64	Ariyanna McGee	Basildon AC	85
U15G	95	Charlie Friend	Chelmsford AC	59
U15G	71	Evelyn Pope	Chelmsford AC	52



# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Chest Push

### Shot Putt

### Sportshall

Boys U11 (1kg)

Boys U13- 3.25kg / U15 - 4kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
<b>CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW</b>							
U11B	36	Oscar Shearing	Upminster Jnr				6.50
U11B	62	Arthur Unstead	Basildon AC				5.75
U11B	67	Owen Wright	Basildon AC				5.25
U11B	83	James Brinton-Quinn	Gidea Park				4.75
U11B	63	Harry McGee	Basildon AC				4.75
U11B	26	Jack Dougall	Grt Dunmow				4.50
U11B	109	Ibrahim Sheikh	Gidea Park				4.25
<b>LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW</b>							
U13B	11	Tommy Bullard	Basildon AC				8.50
U13B	82	Samson Wright	Basildon AC				7.50
U13B	18	Dominic Alexandru	Havering AC				5.50
U13B	44	Liam Keevil	Basildon AC				5.25
U13B	88	Noel Moore	Cooper Coborn				4.75
U13B	93	Ethan Deal	Basildon AC				4.50
U15B	61	Jakub Kowalski	Thurrock				8.50
U15B	24	Gbenga Adewole	Thurrock				6.75
U15B	14	Michael Okoro	Havering AC				6.50

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Standing Long Jump

**Sportshall**

Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	39	Ayomiposi Odupitan	Braintree				2.06
U11B	62	Arthur Unstead	Basildon AC				1.94
U11B	49	Teddy Matthews	Gidea Park				1.84
U11B	102	Adam Bakler-Kugler	Basildon AC				1.82
U11B	16	Kaesi Okoro	Havering AC				1.80
U11B	97	James Radden	Gidea Park				1.80
U11B	17	Sebastian Alexandru	Havering AC				1.76
U11B	5	Jack Rayner	Braintree				1.70
U11B	63	Harry McGee	Basildon AC				1.66
U11B	40	Oscar Hastings	Braintree				1.64
U11B	73	Jimi Braund	Gidea Park				1.64
U11B	67	Owen Wright	Basildon AC				1.62
U11B	32	Dylan Robins	Elm Green Prep				1.60
U11B	8	Jonathan Pearson	Upminster Jnr				1.60
U11B	37	Zac Ziepe	Grt Dunmow				1.56
U11B	83	James Brinton-Quinn	Gidea Park				1.50
U11B	113	Vincent James	St Josephs				1.50
U11B	103	Josh Morphew	Mountnessing				1.34
U11B	109	Ibrahim Sheikh	Gidea Park				1.18
U11B	104	Joe Morphew	Mountnessing				1.17

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Standing Long Jump

**Sportshall**

Boys U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13B	38	Olamide Odupitan	Braintree				2.22
U13B	18	Dominic Alexandru	Havering AC				2.20
U13B	27	Tobi Ekerin	Basildon AC				1.94
U13B	96	Alex Santos	Basildon AC				1.93
U13B	91	Reece Malcolm	Havering AC				1.90
U13B	74	Alastair Moscuza	Braintree				1.76
U13B	93	Ethan Deal	Basildon AC				1.75
U13B	65	Ben Miles	Havering AC				1.60
U13B	44	Liam Keevil	Basildon AC				1.50
U15B	79	Somto Okpalauko	Havering AC				2.44
U15B	61	Jakub Kowalski	Thurrock				2.40
U15B	14	Michael Okoro	Havering AC				2.30
U15B	24	Gbenga Adewole	Thurrock				1.85

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Standing Triple Jump

Boys U11 / U13 / U15



	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	62	Arthur Unstead	Basildon AC				4.86
U13B	82	Samson Wright	Basildon AC				6.90
U13B	11	Tommy Bullard	Basildon AC				5.06
U13B	20	Elija Munashe Browne	Havering AC				4.50
U13B	96	Alex Santos	Basildon AC				4.22
U15B	61	Jakub Kowalski	Thurrock				7.14

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Vertical Jump

**Sportshall**

**Boys U11 / U13 / U15**

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	62	Arthur Unstead	Basildon AC				44
U11B	39	Ayomiposi Odupitan	Braintree				37
U11B	26	Jack Dougall	Grt Dunmow				37
U11B	36	Oscar Shearing	Upminster Jnr				35
U13B	82	Samson Wright	Basildon AC				54
U13B	74	Alastair Moscuza	Braintree				44
U13B	81	Isaac Wright	Basildon AC				44
U13B	11	Tommy Bullard	Basildon AC				42
U13B	88	Noel Moore	Cooper Coborn				42
U13B	38	Olamide Odupitan	Braintree				41
U13B	33	Joshua Lee-Prime	Havering AC				33
U13B	65	Ben Miles	Havering AC				33
U13B	44	Liam Keevil	Basildon AC				30
U15B	79	Somto Okpalauko	Havering AC				64
U15B	14	Michael Okoro	Havering AC				51
U15B	4	Samuel Toomey	Chelmsford AC				51
U15B	21	Thomas Coley	Chelmsford AC				41

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Hi Stepper



**Boys U11**

No.	Name	Club/School	Trial 1	
U11B	5	Jack Rayner	Braintree	14.9
U11B	67	Owen Wright	Basildon AC	15.0
U11B	83	James Brinton-Quinn	Gidea Park	15.0
U11B	73	Jimi Braund	Gidea Park	15.3
U11B	32	Dylan Robins	Elm Green Prep	15.7
U11B	62	Arthur Unstead	Basildon AC	15.8
U11B	63	Harry McGee	Basildon AC	16.5
U13B	20	Elija Munashe Browne	Havering AC	16.7

### Target Throw



**Boys U11**

No.	Name	Club/School	Total Points	
U11B	113	Vincent James	St Josephs	12
U11B	39	Ayomiposi Odupitan	Braintree	11
U11B	109	Ibrahim Sheikh	Gidea Park	11
U11B	40	Oscar Hastings	Braintree	10
U11B	8	Jonathan Pearson	Upminster Jnr	8
U11B	103	Josh Morphew	Mountnessing	5
U11B	62	Arthur Unstead	Basildon AC	5
U11B	104	Joe Morphew	Mountnessing	4
U13B	20	Elija Munashe Browne	Havering AC	13

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Speed Bounce

Boys U11 (20 secs)

### Sportshall

	No.	Name	Club/School	Trial
				1
U11B	97	James Radden	Gidea Park	53
U11B	49	Teddy Matthews	Gidea Park	53
U11B	16	Kaesi Okoro	Havering AC	49
U11B	32	Dylan Robins	Elm Green Prep	48
U11B	67	Owen Wright	Basildon AC	46
U11B	17	Sebastian Alexandru	Havering AC	45
U11B	36	Oscar Shearing	Upminster Jnr	44
U11B	110	Zane Frost	Mountnessing	42
U11B	37	Zac Ziepe	Grt Dunmow	41
U11B	103	Josh Morphew	Mountnessing	30
U11B	104	Joe Morphew	Mountnessing	18



# EAN - SPORTSHALL COMPETITION

## Chelmsford, Sunday 15th October 2017

### Speed Bounce



Boys U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13B	91	Reece Malcolm	Havering AC	65
U13B	74	Alastair Moscuzza	Braintree	64
U13B	38	Olamide Odupitan	Braintree	62
U13B	20	Elija Munashe Browne	Havering AC	58
U13B	65	Ben Miles	Havering AC	58
U13B	93	Ethan Deal	Basildon AC	58
U13B	33	Joshua Lee-Prime	Havering AC	57
U13B	27	Tobi Ekerin	Basildon AC	57
U13B	81	Isaac Wright	Basildon AC	50
U13B	96	Alex Santos	Basildon AC	50