

Over Under Race - Girls



U11



Heat	Position	No.	Name	Club / School	Time
1		52	Kara Dacosta	Basildon AC	19.0
		56	Mia Barber	Basildon AC	20.1
		42	Phoebe Maynard	Priory	22.0

2		45	Emmie Fulker	Chelmsford AC	18.7
		90	Brooke Baker	Basildon AC	18.9
		99	Elizabeth Bodal Hansen	Maldon Crt	19.2
		54	Grace Curtis	Basildon AC	22.0

3		94	Ja'shayla Cousins-Okolie	Broadford	19.7
		75	Esther Adesiyen	Basildon AC	19.8
		86	Oluwatolaase Abbas	Thurrock	20.0
		60	Lucy Chapelhow	Thurrock	20.9

4		92	Chizara Okocha	Basildon AC	18.3
		85	Chloe Linnekar	Chelmsford AC	20.9
		100	Eloise Killick	Gidea Park	22.1
		112	Victoria Olowu	East Tilbury	22.6

5					

4 Lap Race - Girls



U13



Heat	Position	No.	Name	Club / School	Time
1	1	58	Sophie Nugent	Basildon AC	50.8
	2	50	Chloe Trew	Basildon AC	51.0
	3	19	Mabel Cowley	Basildon AC	53.0
	4	48	Katie Ennis	Havering AC	58.3

2	1	57	Heidi Aylen	Havering AC	53.2
	2	77	Gabrielle purdie	Havering AC	55.1
	3	72	Lauren Holmes	Basildon AC	57.4
	4				

3	1 **	64	Ariyanna McGee	Basildon AC	49.0
	2	84	Feyi Awosika	Grays High	58.4
	3	80	Molly Brooker	Cooper Coborn	60.8
	4				

4	1	111	Katie Roberts	Colchester AC	53.9
	2	107	Rebecca Lee	Basildon AC	54.8
	3	9	Eva Stewart	Braintree	55.9
	4				
	4				

4 Lap Race - Girls

Sportshall



U15

1	1 **	64	Ariyanna McGee	Basildon AC	49.0
	2				
	3				
	4				

2	1				
	2				
	3				

1 Lap Race - Girls

Sportshall

U11 only



Heat	Position		Name	Club / School	Time
1	1	12	Gaby Bilbie	Braintree	12.7
	2	34	Millie Trotter	Benfleet	12.7
	3	86	Oluwatolaase Abbas	Thurrock	13.6
	4				

2	1	25	Olivia Dougall	Grt Dunmow	13.0
	2	13	Sophie Dunlevey	St Cedds	13.2
	3	29	Hannah Gregory	Basildon AC	13.4
	4				

3	1	99	Elizabeth Bodal Hansen	Maldon Crt	12.6
	2	35	Holly Huett	Benfleet	12.7
	3	42	Phoebe Maynard	Priory	14.0
	4				

4	1	52	Kara Dacosta	Basildon AC	12.0
	2	45	Emmie Fulker	Chelmsford AC	12.7
	3	68	Kirby Jennings	Basildon AC	12.7
	4				

5	1	106	Katie Middleton	Chelmsford AC	13.2
	2	105	Megan Hallett	Basildon AC	14.1
	3	100	Eloise Killick	Gidea Park	14.8
	4				

6	1	10	Jess Pugh	Braintree	13.0
	2	112	Victoria Olowu	East Tilbury	13.4
	3	1	Natalie Pepper	Braintree	13.5
	4	101	Emma Thrussell	Benfleet	13.6

6 Lap Race - Girls

Sportshall

u13 only



Heat	Position		Name	Club / School	Time
1	1	30	Matilda Canty	Havering AC	80.3
	2	53	Freya Long	Havering AC	84.0
	3	98	Isobelle O'Connor	Havering AC	86.0
	4	111	Katie Roberts	Colchester AC	91.7

2 Lap Race - Girls

Sportshall

U11



Heat	Position		Name	Club / School	Time
1	1	52	Kara Dacosta	Basildon AC	23.9
	2	22	Freya Coley	Chelmsford AC	24.0
	3	12	Gaby Bilbie	Braintree	24.6
	4	60	Lucy Chapelhow	Thurrock	27.5

2	1	10	Jess Pugh	Braintree	25.5
	2	25	Olivia Dougall	Grt Dunmow	26.1
	3	56	Mia Barber	Basildon AC	27.0
	4	1	Natalie Pepper	Braintree	27.1

3	1	35	Holly Huett	Benfleet	25.2
	2	90	Brooke Baker	Basildon AC	25.7
	3	101	Emma Thrussell	Benfleet	26.6
	4	94	Ja'shayla Cousins-Okolie	Broadford	27.0

4	1	28	Zoe Gregory	Basildon AC	25.3
	2	34	Millie Trotter	Benfleet	25.7
	3	112	Victoria Olowu	East Tilbury	26.8
	4	105	Megan Hallett	Basildon AC	27.7

2 Lap Race - Girls

Sportshall

U13



1	1	78	Uche Okpalauko	Havering AC	22.7
	2	15	Stephanie Okoro	Havering AC	22.9
	3	3	Maddie Booty	Thurrock	23.6
	4				

2	1	69	Elise Jennings	Basildon AC	23.8
	2	84	Feyi Awosika	Grays High	26.0
	3	80	Molly Brooker	Cooper Coborn	28.9
	4				

3	1	43	Chloe maynard	Chelmsford AC	24.8
	2	77	Gabrielle purdie	Havering AC	25.4
	3	31	Ruby Parker	Braintree	25.7
	4				

4	1	59	Zoe Whitaker	Chelmsford AC	23.4
	2	58	Sophie Nugent	Basildon AC	24.8
	3	57	Heidi Aylen	Havering AC	24.8
	4	66	Carly Watts	Basildon AC	26.8

5	1	46	Maisie Fulker	Chelmsford AC	25.0
	2	55	Scarlett Saich-Peet	Basildon AC	26.0
	3	70	Megan Cook	Havering AC	26.8
	4				

6	1	30	Matilda Canty	Havering AC	23.9
	2	108	Daisy Donoghue	Basildon AC	24.3
	3	107	Rebecca Lee	Basildon AC	25.0
	4				

2 Lap Race - Girls

U15



1	1	87	Oluloyaunmise Abbas	Thurrock	22.7
	2	23	Funmi Adewole	Thurrock	23.3
	3	71	Evelyn Pope	Chelmsford AC	23.6
	4				
2	1	2	Hannah Bardo	Chelmsford AC	23.7
	2	95	Charlie Friend	Chelmsford AC	24.6
	3				
	4				

Over Under Race - Boys

Sportshall

U11



Heat	Position		Name	Club / School	Time
1	1	16	Kaesi Okoro	Havering AC	17.8
	2	97	James Radden	Gidea Park	18.6
	3	39	Ayomiposi Odupitan	Braintree	19.9
	4				

2	1	113	Vincent James	St Josephs	19.6
	2	63	Harry McGee	Basildon AC	20.1
	3	32	Dylan Robins	Elm Green Prep	20.9
	4	40	Oscar Hastings	Braintree	21.3

4 Lap Race - Boys

Sportshall

U13



Heat	Position		Name	Club / School	Time
1	1	27	Tobi Ekerin	Basildon AC	54.3
	2	88	Noel Moore	Cooper Coborn	54.6
	3	33	Joshua Lee-Prime	Havering AC	55.3
	4		<i>athletes stopped a lap early due to a misunderstanding and restarted last lap</i>		

2	1	91	Reece Malcolm	Havering AC	52.8
	2	18	Dominic Alexandru	Havering AC	55.3
	3				
	4				

U15

1	1	79	Somto Okpalauko	Havering AC	47.0
	2	76	Daniel Houchell	Basildon AC	49.9
	3	24	Gbenga Adewole	Thurrock	54.0

1 Lap Race - Boys

Sportshall

U11



Heat	Position		Name	Club / School	Time
1	1	16	Kaesi Okoro	Havering AC	11.9
	2	17	Sebastian Alexandru	Havering AC	12.2
	3	39	Ayomiposi Odupitan	Braintree	12.8
	4	40	Oscar Hastings	Braintree	13.3

2	1	37	Zac Ziepe	Grt Dunmow	12.2
	2	49	Teddy Matthews	Gidea Park	12.7
	3	5	Jack Rayner	Braintree	13.6
	4				

3	1	62	Arthur Unstead	Basildon AC	12.8
	2	63	Harry McGee	Basildon AC	13.7
	3	83	James Brinton-Quinn	Gidea Park	14.2
	4				

4	1	102	Adam Bakler-Kugler	Basildon AC	13.0
	2	73	Jimi Braund	Gidea Park	13.8
	3	109	Ibrahim Sheikh	Gidea Park	15.8

5	1	26	Jack Dougall	Grt Dunmow	12.6
	2	110	Zane Frost	Mountnessing	13.6
	3	103	Josh Morphew	Mountnessing	14.8
	4	104	Joe Morphew	Mountnessing	15.1

6 Lap Race - Boys

U13



Heat	Position		Name	Club / School	Time
1	1	88	Noel Moore	Cooper Coborn	1.26.5
	2	20	Elija Munashe Browne	Havering AC	1.26.5
	3	74	Alastair Moscuzza	Braintree	1.27.0
	4				

2	1				
	2				
	3				
	4				

3	1				
	2				
	3				
	4				

2 Lap Race - Boys

Sportshall

U11



Heat	Position		Name	Club / School	Time
1	1	26	Jack Dougall	Grt Dunmow	24.7
	2	97	James Radden	Gidea Park	25.0
	3	36	Oscar Shearing	Upminster Jnr	26.3
	4	32	Dylan Robins	Elm Green Prep	27.3

2	1	49	Teddy Matthews	Gidea Park	24.1
	2	8	Jonathan Pearson	Upminster Jnr	25.1
	3	17	Sebastian Alexandru	Havering AC	25.2
	4	102	Adam Bakler-Kugler	Basildon AC	26.8

3	1	37	Zac Ziepe	Grt Dunmow	25.2
	2	67	Owen Wright	Basildon AC	26.4
	3	73	Jimi Braund	Gidea Park	28.6
	4				

2 Lap Race - Boys

Sportshall

U13



Heat	Position		Name	Club / School	Time
1	1	38	Olamide Odupitan	Braintree	23.3
	2	27	Tobi Ekerin	Basildon AC	24.7
	3	33	Joshua Lee-Prime	Havering AC	25.1
	4	20	Elija Munashe Browne	Havering AC	25.5

2	1	18	Dominic Alexandru	Havering AC	23.7
	2	81	Isaac Wright	Basildon AC	25.0
	3	96	Alex Santos	Basildon AC	25.6
	4	44	Liam Keevil	Basildon AC	27.3

3	1	82	Samson Wright	Basildon AC	24.9
	2	91	Reece Malcolm	Havering AC	24.9
	3	93	Ethan Deal	Basildon AC	26.7
	4	65	Ben Miles	Havering AC	28.2

4	1				
	2				
	3				
	4				

U15

1	1	14	Michael Okoro	Havering AC	22.1
	2	4	Samuel Toomey	Chelmsford AC	22.5
	3	61	Jakub Kowalski	Thurrock	22.7
	4	21	Thomas Coley	Chelmsford AC	23.0