

Competition Results

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Essex	Red	482	30	30	30	30	26	30	28	30	30	26	30	26	0	28	28	30
2	Norfolk	Yellow	440	22	27	28	28	22	26	30	26	28	22	28	19	0	30	30	28
3	Herts Phoenix	Black	433	24	23	24	24	28	28	26	28	26	30	23	29	0	20	26	26
4	Cambridgeshire	Sky	399	28	27	26	26	24	20	22	18	24	24	23	23	0	24	20	22
5	Herts Pegasus	Orange	397	26	20	22	20	18	24	24	24	22	28	26	23	0	26	22	24
6	Bedfordshire	White	365	18	18	18	18	30	22	20	22	20	18	20	29	0	18	24	18
7	Suffolk	Maroon	340	20	23	20	22	20	18	18	20	18	20	18	19	0	22	18	20

Team Results

Bedfordshire (white)

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Essex	Red	482	30	30	30	30	26	30	28	30	30	26	30	26	0	28	28	30
2	Norfolk	Yellow	440	22	27	28	28	22	26	30	26	28	22	28	19	0	30	30	28
3	Herts Phoenix	Black	433	24	23	24	24	28	28	26	28	26	30	23	29	0	20	26	26
4	Cambridgeshire	Sky	399	28	27	26	26	24	20	22	18	24	24	23	23	0	24	20	22
5	Herts Pegasus	Orange	397	26	20	22	20	18	24	24	24	22	28	26	23	0	26	22	24
6	Bedfordshire	White	365	18	18	18	18	30	22	20	22	20	18	20	29	0	18	24	18
7	Suffolk	Maroon	340	20	23	20	22	20	18	18	20	18	20	18	19	0	22	18	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Christopher Ward	BT	1	2	6	4	13	21
2	Samual Hudson	SB	36				36	20
2	Samual Hudson	VJ	34	32	36		36	14
3	Thomas Pountney	SLJ	1.86	2.04	2.12		2.12	3
4	Freddie Turner	CP	5.50	5.50	5.25		5.50	9=
4	Freddie Turner	VJ	42	41	39		42	9
5	Leonardo Discipoli	SLJ	1.63	1.70	1.66		1.70	17
5	Leonardo Discipoli	TT	2	4	4	0	10	5=
6	Austin Cole	TT	6	4	4	2	16	1
6	Austin Cole	VJ	33	35	35		35	17
7	Casey Tyler Wood	J	13	12	4		13	7
7	Casey Tyler Wood	STJ	4.30	0.00	4.28		4.30	19
8	Arlo Treece	BT	6	2	9	5	22	16=
9	Nathan Cant	SB	27				27	21
9	Nathan Cant	STJ	4.49	0.00	0.00		4.49	17
11	Danial Mann	SB	41				41	18
11	Danial Mann	SLJ	1.73	1.72	1.70		1.73	15
13	Toby Evans	CP	4.75	5.25	4.75		5.25	12
13	Toby Evans	STJ	4.48	4.02	4.48		4.48	18
14	Arron O'dywer	BT	12	5	8	7	32	11
14	Arron O'dywer	J	15	17	0		17	1

Team Results

Cambridgeshire (sky)

Competition:

East Regional Final Under 11 Boys

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Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Essex	Red	482	30	30	30	30	26	30	28	30	30	26	30	26	0	28	28	30
2	Norfolk	Yellow	440	22	27	28	28	22	26	30	26	28	22	28	19	0	30	30	28
3	Herts Phoenix	Black	433	24	23	24	24	28	28	26	28	26	30	23	29	0	20	26	26
4	Cambridgeshire	Sky	399	28	27	26	26	24	20	22	18	24	24	23	23	0	24	20	22
5	Herts Pegasus	Orange	397	26	20	22	20	18	24	24	24	22	28	26	23	0	26	22	24
6	Bedfordshire	White	365	18	18	18	18	30	22	20	22	20	18	20	29	0	18	24	18
7	Suffolk	Maroon	340	20	23	20	22	20	18	18	20	18	20	18	19	0	22	18	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Oliver Barden	SB	51				51	6=
1	Oliver Barden	SLJ	1.72	1.74	1.81		1.81	13
2	Sam Cole	BT	12	4	4	3	23	15
2	Sam Cole	TT	4	2	0	0	6	11
3	George Green	J	17	11	14		17	2
3	George Green	STJ	4.22	4.18	4.52		4.52	16
4	Benjie Fairclough	CP	5.50	5.75	5.50		5.75	6
4	Benjie Fairclough	VJ	35	35	35		35	15
5	Aaron Godwood	SB	50				50	9=
5	Aaron Godwood	TT	6	4	0	1	11	4
6	Lucas Levitt	STJ	3.76	4.04	0.00		4.04	21
8	THEO MACON	CP	5.50	5.50	5.25		5.50	9=
8	THEO MACON	SLJ	1.83	1.82	1.86		1.86	11
10	TOM ROBINSON	BT	3	9	15	9	36	8=
10	TOM ROBINSON	SB	45				45	16
10	TOM ROBINSON	SLJ	1.43	0.00	1.43		1.43	
11	MAX ROE	BT	9	12	4	2	27	14
11	MAX ROE	STJ	5.40	4.82	5.84		5.84	2
12	JOEL ISAAC	J	6	10	9		10	13
12	JOEL ISAAC	VJ	36	36	38		38	11
13	NIGEL COLEMAN	VJ	40	45	42		45	7

Team Results

Essex (red)

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Essex	Red	482	30	30	30	30	26	30	28	30	30	26	30	26	0	28	28	30
2	Norfolk	Yellow	440	22	27	28	28	22	26	30	26	28	22	28	19	0	30	30	28
3	Herts Phoenix	Black	433	24	23	24	24	28	28	26	28	26	30	23	29	0	20	26	26
4	Cambridgeshire	Sky	399	28	27	26	26	24	20	22	18	24	24	23	23	0	24	20	22
5	Herts Pegasus	Orange	397	26	20	22	20	18	24	24	24	22	28	26	23	0	26	22	24
6	Bedfordshire	White	365	18	18	18	18	30	22	20	22	20	18	20	29	0	18	24	18
7	Suffolk	Maroon	340	20	23	20	22	20	18	18	20	18	20	18	19	0	22	18	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Tobi Ekerin	BT	6	15	3	6	30	12
1	Tobi Ekerin	SLJ	1.76	1.92	0.00		1.92	9
2	Kai Whittington-Anderson	J	14	0	16		16	5
2	Kai Whittington-Anderson	STJ	6.48	6.62	6.12		6.62	1
3	Dominic Alexandru	SLJ	2.13	2.11	2.21		2.21	2
3	Dominic Alexandru	TT	4	4	4	2	14	2
4	Max Tarling	SB	48				48	12=
4	Max Tarling	VJ	50	53	43		53	1
5	Frank Lewis	STJ	5.10	4.64	4.82		5.10	9
6	Isaac Wright	STJ	4.38	5.77	5.48		5.77	3
6	Isaac Wright	TT	2	0	0	0	2	14
7	Ayomposi Odupitan	BT	10	15	6	8	39	5=
7	Ayomposi Odupitan	SLJ	1.96	2.03	1.81		2.03	4
8	Teddy Matthews	SB	54				54	3
8	Teddy Matthews	VJ	38	38	35		38	10
9	Jake Bolton	CP	4.50	5.00	4.75		5.00	13
10	Callum Basinger	J	12	0	8		12	9
11	Cooper Mills	CP	7.50	8.00	0.00		8.00	1
11	Cooper Mills	VJ	44	49	44		49	3
12	Harry Lewis	SB	50				50	9=
13	Thomas Greening	BT	15	3	15	4	37	7

Team Results

Herts Phoenix (black)

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East Regional Final Under 11 Boys

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Hertfordshire Sports Village

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12 Feb 2017

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Essex	Red	482	30	30	30	30	26	30	28	30	30	26	30	26	0	28	28	30
2	Norfolk	Yellow	440	22	27	28	28	22	26	30	26	28	22	28	19	0	30	30	28
3	Herts Phoenix	Black	433	24	23	24	24	28	28	26	28	26	30	23	29	0	20	26	26
4	Cambridgeshire	Sky	399	28	27	26	26	24	20	22	18	24	24	23	23	0	24	20	22
5	Herts Pegasus	Orange	397	26	20	22	20	18	24	24	24	22	28	26	23	0	26	22	24
6	Bedfordshire	White	365	18	18	18	18	30	22	20	22	20	18	20	29	0	18	24	18
7	Suffolk	Maroon	340	20	23	20	22	20	18	18	20	18	20	18	19	0	22	18	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Josh White	SB	49				49	11
1	Josh White	SLJ	1.80	1.90	1.87		1.90	10
2	Luke Canny	CP	5.50	6.00	5.75		6.00	4
2	Luke Canny	STJ	4.52	5.44	5.38		5.44	5
3	Casey Hawtin	SB	48				48	12=
3	Casey Hawtin	VJ	43	46	46		46	5
4	Miles Presence	BT	5	8	2	13	28	13
4	Miles Presence	CP	5.25	0.00	5.25		5.25	11
5	Charlie Ciuffa	BT	12	15	8	15	50	1=
5	Charlie Ciuffa	STJ	4.60	4.70	4.74		4.74	14
6	Ellis Turner	BT	15	15	15	5	50	1=
6	Ellis Turner	STJ	4.88	5.10	4.90		5.10	8
7	Fergus Grey	SLJ	1.88	1.90	1.94		1.94	7
8	Ollie May	J	10	13	11		13	8
8	Ollie May	VJ	48	47	49		49	2
9	Toby Cracknell	TT	0	6	0	1	7	10
10	Fola Otulana	J	7	9	17		17	3
10	Fola Otulana	VJ	47	41	48		48	4
11	George Ward	SB	40				40	19
11	George Ward	SLJ	1.75	1.74	1.72		1.75	14
12	Edward Richardson	TT	4	0	0	0	4	12=

Team Results

Herts Pegasus (orange)

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Essex	Red	482	30	30	30	30	26	30	28	30	30	26	30	26	0	28	28	30
2	Norfolk	Yellow	440	22	27	28	28	22	26	30	26	28	22	28	19	0	30	30	28
3	Herts Phoenix	Black	433	24	23	24	24	28	28	26	28	26	30	23	29	0	20	26	26
4	Cambridgeshire	Sky	399	28	27	26	26	24	20	22	18	24	24	23	23	0	24	20	22
5	Herts Pegasus	Orange	397	26	20	22	20	18	24	24	24	22	28	26	23	0	26	22	24
6	Bedfordshire	White	365	18	18	18	18	30	22	20	22	20	18	20	29	0	18	24	18
7	Suffolk	Maroon	340	20	23	20	22	20	18	18	20	18	20	18	19	0	22	18	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Tom Bishop	SB	48				48	12=
1	Tom Bishop	STJ	4.92	0.00	4.84		4.92	11
2	Ben Thorburn	BT	3	10	6	15	34	10
2	Ben Thorburn	SLJ	1.62	1.67	1.66		1.67	18
3	Beeshman Ramraj	CP	5.75	5.25	5.75		5.75	5
3	Beeshman Ramraj	SLJ	1.80	1.81	1.92		1.92	8
4	Toyosi siwoku	J	15	15	16		16	4
4	Toyosi siwoku	STJ	5.10	5.08	5.06		5.10	7
5	William Middlebrook	CP	0.00	5.25	5.75		5.75	8
7	Luke Griffiths	SLJ	1.82	1.81	1.57		1.82	12
8	Callum Bray	TT	4	6	2	0	12	3
11	Reggie Hopson	J	10	11	7		11	12
11	Reggie Hopson	SB	51				51	6=
12	Bodhi Bywater	SB	52				52	4=
12	Bodhi Bywater	VJ	35	34	35		35	16
13	Isaac Woor	BT	14	10	4	15	43	4
13	Isaac Woor	VJ	32	22	31		32	18
14	Andrew Gray	STJ	4.70	4.68	4.74		4.74	13
14	Andrew Gray	TT	4	2	2	0	8	7=
15	Joseph Stewart	BT	15	11	15	5	46	3
15	Joseph Stewart	VJ	36	36	35		36	12

Team Results

Norfolk (yellow)

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Essex	Red	482	30	30	30	30	26	30	28	30	30	26	30	26	0	28	28	30
2	Norfolk	Yellow	440	22	27	28	28	22	26	30	26	28	22	28	19	0	30	30	28
3	Herts Phoenix	Black	433	24	23	24	24	28	28	26	28	26	30	23	29	0	20	26	26
4	Cambridgeshire	Sky	399	28	27	26	26	24	20	22	18	24	24	23	23	0	24	20	22
5	Herts Pegasus	Orange	397	26	20	22	20	18	24	24	24	22	28	26	23	0	26	22	24
6	Bedfordshire	White	365	18	18	18	18	30	22	20	22	20	18	20	29	0	18	24	18
7	Suffolk	Maroon	340	20	23	20	22	20	18	18	20	18	20	18	19	0	22	18	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Barney Clarke	SB	55				55	1=
1	Barney Clarke	SLJ	1.97	1.92	1.98		1.98	6
2	Benjamin Polley	CP	6.25	6.50	5.75		6.50	2
2	Benjamin Polley	STJ	5.62	5.16	5.68		5.68	4
3	Joe Machin	TT	6	0	0	2	8	7=
3	Joe Machin	VJ	34	35	36		36	13
4	Hall Morritt	J	13	15	14		15	6
4	Hall Morritt	STJ	5.00	4.68	5.12		5.12	6
5	Jadien Dean	BT	4	10	13	9	36	8=
5	Jadien Dean	SLJ	2.08	2.15	2.22		2.22	1
6	David Macqueen	VJ	45	41	46		46	6
7	Ryan Wood	SB	55				55	1=
7	Ryan Wood	VJ	36	43	39		43	8
8	Oliver Shipp	STJ	4.80	0.00	4.61		4.80	12
9	Alex Scott	SLJ	1.99	1.96	1.88		1.99	5
10	Tom Macquire	TT	2	2	0	0	4	12=
11	Charlie Tunmore	SB	51				51	6=
12	George Rivett	BT	3	9	5	5	22	16=
12	George Rivett	J	6	7	7		7	14
13	Ethan Rattenbury	BT	4	4	5	4	17	19
13	Ethan Rattenbury	CP	5.75	6.00	5.75		6.00	3

Team Results

Suffolk (maroon)

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East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Essex	Red	482	30	30	30	30	26	30	28	30	30	26	30	26	0	28	28	30
2	Norfolk	Yellow	440	22	27	28	28	22	26	30	26	28	22	28	19	0	30	30	28
3	Herts Phoenix	Black	433	24	23	24	24	28	28	26	28	26	30	23	29	0	20	26	26
4	Cambridgeshire	Sky	399	28	27	26	26	24	20	22	18	24	24	23	23	0	24	20	22
5	Herts Pegasus	Orange	397	26	20	22	20	18	24	24	24	22	28	26	23	0	26	22	24
6	Bedfordshire	White	365	18	18	18	18	30	22	20	22	20	18	20	29	0	18	24	18
7	Suffolk	Maroon	340	20	23	20	22	20	18	18	20	18	20	18	19	0	22	18	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	William Butcher	VJ	28	29	27		29	20
2	Liam Bridges	SB	46				46	15
2	Liam Bridges	SLJ	1.53	1.54	1.52		1.54	20
3	Thomas Supple	BT	2	2	4	10	18	18
3	Thomas Supple	TT	0	4	4	2	10	5=
4	Seth Frankland	SB	52				52	4=
4	Seth Frankland	SLJ	1.63	1.52	1.50		1.63	19
5	Jude Benson-Smith	J	11	0	11		11	11
5	Jude Benson-Smith	SLJ	1.68	1.64	1.70		1.70	16
6	Ben Diaby	STJ	4.42	4.60	4.43		4.60	15
7	Jack Lugo	J	9	11	11		11	10
8	Ethan Houghton	SB	43				43	17
8	Ethan Houghton	STJ	4.16	4.10	4.20		4.20	20
9	Brandon Ling	BT	3	4	4	5	16	20
9	Brandon Ling	TT	6	0	0	2	8	7=
11	Luke Baker	CP	5.75	4.75	5.50		5.75	7
11	Luke Baker	STJ	4.80	5.00	5.00		5.00	10
12	Sam Newbould	BT	10	5	15	9	39	5=
12	Sam Newbould	VJ	27	31	29		31	19

Results Sheet

Obstacle Relay

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Essex	Red	0.0	1:21.1	1:21.1	30.0
2	02	Cambridgeshire	Sky	0.0	1:22.0	1:22.0	28.0
3	05	Herts Pegasus	Orange	0.0	1:24.3	1:24.3	26.0
4	04	Herts Phoenix	Black	0.0	1:25.4	1:25.4	24.0
5	06	Norfolk	Yellow	0.0	1:25.6	1:25.6	22.0
6	07	Suffolk	Maroon	0.0	1:29.1	1:29.1	20.0
7	01	Bedfordshire	White	0.0	1:29.6	1:29.6	18.0

Results Sheet

1 + 1 Lap Relay

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East Regional Final Under 11 Boys

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Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Essex	Red	0.0	25.3	25.3	30.0
2=	02	Cambridgeshire	Sky	0.0	26.0	26.0	27.0
2=	06	Norfolk	Yellow	0.0	26.0	26.0	27.0
4=	04	Herts Phoenix	Black	0.0	26.1	26.1	23.0
4=	07	Suffolk	Maroon	0.0	26.1	26.1	23.0
6	05	Herts Pegasus	Orange	0.0	26.8	26.8	20.0
7	01	Bedfordshire	White	0.0	27.1	27.1	18.0

Results Sheet

2 + 2 Lap Relay

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Essex	Red	0.0	52.1	52.1	30.0
2	06	Norfolk	Yellow	0.0	53.1	53.1	28.0
3	02	Cambridgeshire	Sky	0.0	53.7	53.7	26.0
4	04	Herts Phoenix	Black	0.0	54.0	54.0	24.0
5	05	Herts Pegasus	Orange	0.0	55.7	55.7	22.0
6	07	Suffolk	Maroon	0.0	55.9	55.9	20.0
7	01	Bedfordshire	White	0.0	56.2	56.2	18.0

Results Sheet

4 x 1 Lap Relay

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Essex	Red	0.0	50.3	50.3	30.0
2	06	Norfolk	Yellow	0.0	51.4	51.4	28.0
3	02	Cambridgeshire	Sky	0.0	52.4	52.4	26.0
4	04	Herts Phoenix	Black	0.0	52.7	52.7	24.0
5	07	Suffolk	Maroon	0.0	53.5	53.5	22.0
6	05	Herts Pegasus	Orange	0.0	56.4	56.4	20.0
7	01	Bedfordshire	White	0.0	57.7	57.7	18.0

Results Sheet

6 Lap Paarlauf

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Bedfordshire	White	0.0	1:22.4	1:22.4	30.0
2	04	Herts Phoenix	Black	0.0	1:22.5	1:22.5	28.0
3	03	Essex	Red	0.0	1:23.3	1:23.3	26.0
4	02	Cambridgeshire	Sky	0.0	1:26.3	1:26.3	24.0
5	06	Norfolk	Yellow	0.0	1:27.9	1:27.9	22.0
6	07	Suffolk	Maroon	0.0	1:29.5	1:29.5	20.0
7	05	Herts Pegasus	Orange	0.0	1:31.0	1:31.0	18.0

Results Sheet

Over and Under Relay

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Essex	Red	0.0	1:08.7	1:08.7	30.0
2	04	Herts Phoenix	Black	0.0	1:09.2	1:09.2	28.0
3	06	Norfolk	Yellow	0.0	1:15.0	1:15.0	26.0
4	05	Herts Pegasus	Orange	0.0	1:16.4	1:16.4	24.0
5	01	Bedfordshire	White	0.0	1:16.9	1:16.9	22.0
6	02	Cambridgeshire	Sky	0.0	1:19.6	1:19.6	20.0
7	07	Suffolk	Maroon	0.0	1:22.1	1:22.1	18.0

Results Sheet

Hurdles Relay

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Yellow	0.0	58.7	58.7	30.0
2	03	Essex	Red	0.0	59.4	59.4	28.0
3	04	Herts Phoenix	Black	0.0	1:03.1	1:03.1	26.0
4	05	Herts Pegasus	Orange	0.0	1:03.3	1:03.3	24.0
5	02	Cambridgeshire	Sky	0.0	1:04.7	1:04.7	22.0
6	01	Bedfordshire	White	0.0	1:05.9	1:05.9	20.0
7	07	Suffolk	Maroon	0.0	1:06.3	1:06.3	18.0

Results Sheet

Grand Prix

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Essex	Red	0.0	52.5	52.5	30.0
2	04	Herts Phoenix	Black	0.0	53.3	53.3	28.0
3	06	Norfolk	Yellow	0.0	54.4	54.4	26.0
4	05	Herts Pegasus	Orange	0.0	54.7	54.7	24.0
5	01	Bedfordshire	White	0.0	58.9	58.9	22.0
6	07	Suffolk	Maroon	0.0	1:00.0	1:00.0	20.0
7	02	Cambridgeshire	Sky	0.0	1:00.9	1:00.9	18.0

Results Sheet

Balance Test

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	Black	128	30
2	Herts Pegasus	Orange	123	28
3	Essex	Red	106	26
4	Cambridgeshire	Sky	86	24
5	Norfolk	Yellow	75	22
6	Suffolk	Maroon	73	20
7	Bedfordshire	White	67	18

Ranking	Team	Colour	BibNo	Name	Total
1=	Herts Phoenix	Black	5	Charlie Ciuffa	50
1=	Herts Phoenix	Black	6	Ellis Turner	50
3	Herts Pegasus	Orange	15	Joseph Stewart	46
4	Herts Pegasus	Orange	13	Isaac Woor	43
5=	Essex	Red	7	Ayomposi Odupitan	39
5=	Suffolk	Maroon	12	Sam Newbould	39
7	Essex	Red	13	Thomas Greening	37
8=	Cambridgeshire	Sky	10	TOM ROBINSON	36
8=	Norfolk	Yellow	5	Jadien Dean	36
10	Herts Pegasus	Orange	2	Ben Thorburn	34
11	Bedfordshire	White	14	Arron O'dywer	32
12	Essex	Red	1	Tobi Ekerin	30
13	Herts Phoenix	Black	4	Miles Presence	28
14	Cambridgeshire	Sky	11	MAX ROE	27
15	Cambridgeshire	Sky	2	Sam Cole	23
16=	Bedfordshire	White	8	Arlo Treece	22
16=	Norfolk	Yellow	12	George Rivett	22
18	Suffolk	Maroon	3	Thomas Supple	18
19	Norfolk	Yellow	13	Ethan Rattenbury	17
20	Suffolk	Maroon	9	Brandon Ling	16
21	Bedfordshire	White	1	Christopher Ward	13

Results Sheet

Chest Push

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Total	Points
1	Essex	Red	13.00	30
2	Norfolk	Yellow	12.50	28
3	Herts Pegasus	Orange	11.50	26
4=	Cambridgeshire	Sky	11.25	23
4=	Herts Phoenix	Black	11.25	23
6	Bedfordshire	White	10.75	20
7	Suffolk	Maroon	5.75	18

Ranking	Team	Colour	BibNo	Name	Best
1	Essex	Red	11	Cooper Mills	8.00
2	Norfolk	Yellow	2	Benjamin Polley	6.50
3	Norfolk	Yellow	13	Ethan Rattenbury	6.00
4	Herts Phoenix	Black	2	Luke Canny	6.00
5	Herts Pegasus	Orange	3	Beeshman Ramraj	5.75
6	Cambridgeshire	Sky	4	Benjie Fairclough	5.75
7	Suffolk	Maroon	11	Luke Baker	5.75
8	Herts Pegasus	Orange	5	William Middlebrook	5.75
9=	Bedfordshire	White	4	Freddie Turner	5.50
9=	Cambridgeshire	Sky	8	THEO MACON	5.50
11	Herts Phoenix	Black	4	Miles Presence	5.25
12	Bedfordshire	White	13	Toby Evans	5.25
13	Essex	Red	9	Jake Bolton	5.00

Results Sheet

Javelin

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Total	Points
1=	Bedfordshire	White	30	29
1=	Herts Phoenix	Black	30	29
3	Essex	Red	28	26
4=	Cambridgeshire	Sky	27	23
4=	Herts Pegasus	Orange	27	23
6=	Norfolk	Yellow	22	19
6=	Suffolk	Maroon	22	19

Ranking	Team	Colour	BibNo	Name	Best
1	Bedfordshire	White	14	Arron O'dywer	17
2	Cambridgeshire	Sky	3	George Green	17
3	Herts Phoenix	Black	10	Fola Otulana	17
4	Herts Pegasus	Orange	4	Toyosi siwoku	16
5	Essex	Red	2	Kai Whittington-Anderson	16
6	Norfolk	Yellow	4	Hall Morritt	15
7	Bedfordshire	White	7	Casey Tyler Wood	13
8	Herts Phoenix	Black	8	Ollie May	13
9	Essex	Red	10	Callum Basinger	12
10	Suffolk	Maroon	7	Jack Lugo	11
11	Suffolk	Maroon	5	Jude Benson-Smith	11
12	Herts Pegasus	Orange	11	Reggie Hopson	11
13	Cambridgeshire	Sky	12	JOEL ISAAC	10
14	Norfolk	Yellow	12	George Rivett	7

Results Sheet

Speed Bounce

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Total	Points
1	Norfolk	Yellow	161	30
2	Essex	Red	152	28
3	Herts Pegasus	Orange	151	26
4	Cambridgeshire	Sky	146	24
5	Suffolk	Maroon	141	22
6	Herts Phoenix	Black	137	20
7	Bedfordshire	White	104	18

Ranking	Team	Colour	BibNo	Name	Total
1=	Norfolk	Yellow	1	Barney Clarke	55
1=	Norfolk	Yellow	7	Ryan Wood	55
3	Essex	Red	8	Teddy Matthews	54
4=	Herts Pegasus	Orange	12	Bodhi Bywater	52
4=	Suffolk	Maroon	4	Seth Frankland	52
6=	Cambridgeshire	Sky	1	Oliver Barden	51
6=	Herts Pegasus	Orange	11	Reggie Hopson	51
6=	Norfolk	Yellow	11	Charlie Tunmore	51
9=	Cambridgeshire	Sky	5	Aaron Godwood	50
9=	Essex	Red	12	Harry Lewis	50
11	Herts Phoenix	Black	1	Josh White	49
12=	Essex	Red	4	Max Tarling	48
12=	Herts Phoenix	Black	3	Casey Hawtin	48
12=	Herts Pegasus	Orange	1	Tom Bishop	48
15	Suffolk	Maroon	2	Liam Bridges	46
16	Cambridgeshire	Sky	10	TOM ROBINSON	45
17	Suffolk	Maroon	8	Ethan Houghton	43
18	Bedfordshire	White	11	Danial Mann	41
19	Herts Phoenix	Black	11	George Ward	40
20	Bedfordshire	White	2	Samual Hudson	36
21	Bedfordshire	White	9	Nathan Cant	27

Results Sheet

Standing Long Jump

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Total	Points
1	Norfolk	Yellow	6.19	30
2	Essex	Red	6.16	28
3	Herts Phoenix	Black	5.59	26
4	Bedfordshire	White	5.55	24
5	Herts Pegasus	Orange	5.41	22
6	Cambridgeshire	Sky	5.10	20
7	Suffolk	Maroon	4.87	18

Ranking	Team	Colour	BibNo	Name	Best
1	Norfolk	Yellow	5	Jadien Dean	2.22
2	Essex	Red	3	Dominic Alexandru	2.21
3	Bedfordshire	White	3	Thomas Pountney	2.12
4	Essex	Red	7	Ayomposi Odupitan	2.03
5	Norfolk	Yellow	9	Alex Scott	1.99
6	Norfolk	Yellow	1	Barney Clarke	1.98
7	Herts Phoenix	Black	7	Fergus Grey	1.94
8	Herts Pegasus	Orange	3	Beeshman Ramraj	1.92
9	Essex	Red	1	Tobi Ekerin	1.92
10	Herts Phoenix	Black	1	Josh White	1.90
11	Cambridgeshire	Sky	8	THEO MACON	1.86
12	Herts Pegasus	Orange	7	Luke Griffiths	1.82
13	Cambridgeshire	Sky	1	Oliver Barden	1.81
14	Herts Phoenix	Black	11	George Ward	1.75
15	Bedfordshire	White	11	Danial Mann	1.73
16	Suffolk	Maroon	5	Jude Benson-Smith	1.70
17	Bedfordshire	White	5	Leonardo Discipoli	1.70
18	Herts Pegasus	Orange	2	Ben Thorburn	1.67
19	Suffolk	Maroon	4	Seth Frankland	1.63
20	Suffolk	Maroon	2	Liam Bridges	1.54
	Cambridgeshire	Sky	10	TOM ROBINSON	1.43

Results Sheet

Standing Triple Jump

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Total	Points
1	Essex	Red	17.49	30
2	Norfolk	Yellow	15.60	28
3	Herts Phoenix	Black	15.28	26
4	Herts Pegasus	Orange	14.76	24
5	Cambridgeshire	Sky	14.40	22
6	Suffolk	Maroon	13.80	20
7	Bedfordshire	White	13.27	18

Ranking	Team	Colour	BibNo	Name	Best
1	Essex	Red	2	Kai Whittington-Anderson	6.62
2	Cambridgeshire	Sky	11	MAX ROE	5.84
3	Essex	Red	6	Isaac Wright	5.77
4	Norfolk	Yellow	2	Benjamin Polley	5.68
5	Herts Phoenix	Black	2	Luke Canny	5.44
6	Norfolk	Yellow	4	Hall Morritt	5.12
7	Herts Pegasus	Orange	4	Toyosi siwoku	5.10
8	Herts Phoenix	Black	6	Ellis Turner	5.10
9	Essex	Red	5	Frank Lewis	5.10
10	Suffolk	Maroon	11	Luke Baker	5.00
11	Herts Pegasus	Orange	1	Tom Bishop	4.92
12	Norfolk	Yellow	8	Oliver Shipp	4.80
13	Herts Pegasus	Orange	14	Andrew Gray	4.74
14	Herts Phoenix	Black	5	Charlie Ciuffa	4.74
15	Suffolk	Maroon	6	Ben Diaby	4.60
16	Cambridgeshire	Sky	3	George Green	4.52
17	Bedfordshire	White	9	Nathan Cant	4.49
18	Bedfordshire	White	13	Toby Evans	4.48
19	Bedfordshire	White	7	Casey Tyler Wood	4.30
20	Suffolk	Maroon	8	Ethan Houghton	4.20
21	Cambridgeshire	Sky	6	Lucas Levitt	4.04

Results Sheet

Target Throw

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Total	Points
1	Bedfordshire	White	26	30
2	Herts Pegasus	Orange	20	28
3	Suffolk	Maroon	18	26
4	Cambridgeshire	Sky	17	24
5	Essex	Red	16	22
6	Norfolk	Yellow	12	20
7	Herts Phoenix	Black	11	18

Ranking	Team	Colour	BibNo	Name	Total
1	Bedfordshire	White	6	Austin Cole	16
2	Essex	Red	3	Dominic Alexandru	14
3	Herts Pegasus	Orange	8	Callum Bray	12
4	Cambridgeshire	Sky	5	Aaron Godwood	11
5=	Bedfordshire	White	5	Leonardo Discipoli	10
5=	Suffolk	Maroon	3	Thomas Supple	10
7=	Herts Pegasus	Orange	14	Andrew Gray	8
7=	Norfolk	Yellow	3	Joe Machin	8
7=	Suffolk	Maroon	9	Brandon Ling	8
10	Herts Phoenix	Black	9	Toby Cracknell	7
11	Cambridgeshire	Sky	2	Sam Cole	6
12=	Herts Phoenix	Black	12	Edward Richardson	4
12=	Norfolk	Yellow	10	Tom Macquire	4
14	Essex	Red	6	Isaac Wright	2

Results Sheet

Vertical Jump

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	Black	143	30
2	Essex	Red	140	28
3	Norfolk	Yellow	125	26
4	Cambridgeshire	Sky	118	24
5	Bedfordshire	White	113	22
6	Herts Pegasus	Orange	103	20
7	Suffolk	Maroon	60	18

Ranking	Team	Colour	BibNo	Name	Best
1	Essex	Red	4	Max Tarling	53
2	Herts Phoenix	Black	8	Ollie May	49
3	Essex	Red	11	Cooper Mills	49
4	Herts Phoenix	Black	10	Fola Otulana	48
5	Herts Phoenix	Black	3	Casey Hawtin	46
6	Norfolk	Yellow	6	David Macqueen	46
7	Cambridgeshire	Sky	13	NIGEL COLEMAN	45
8	Norfolk	Yellow	7	Ryan Wood	43
9	Bedfordshire	White	4	Freddie Turner	42
10	Essex	Red	8	Teddy Matthews	38
11	Cambridgeshire	Sky	12	JOEL ISAAC	38
12	Herts Pegasus	Orange	15	Joseph Stewart	36
13	Norfolk	Yellow	3	Joe Machin	36
14	Bedfordshire	White	2	Samual Hudson	36
15	Cambridgeshire	Sky	4	Benjie Fairclough	35
16	Herts Pegasus	Orange	12	Bodhi Bywater	35
17	Bedfordshire	White	6	Austin Cole	35
18	Herts Pegasus	Orange	13	Isaac Woor	32
19	Suffolk	Maroon	12	Sam Newbould	31
20	Suffolk	Maroon	1	William Butcher	29

Results Sheet

Medley Relay

Competition:

East Regional Final Under 11 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Essex	Red	0.0	40.2	40.2	30.0
2	06	Norfolk	Yellow	0.0	42.4	42.4	28.0
3	04	Herts Phoenix	Black	0.0	42.5	42.5	26.0
4	02	Cambridgeshire	Sky	0.0	42.6	42.6	24.0
5	05	Herts Pegasus	Orange	0.0	43.2	43.2	22.0
6	01	Bedfordshire	White	0.0	47.3	47.3	20.0
7	07	Suffolk	Maroon	0.0	47.5	47.5	18.0

Hi - Stepper - Girls

Team Colour	Name	Trial		Adjusted Time	Team Total	Position	Points
		Time Taken	Faults				
Bedfordshire	Charlotte	18.1		18.1	51.1	6	20
	Sophie	18.0		18.0			
	Holly	15.0		15.0			
Cambs	Tamsin	16.4		16.4	51.5	7	18
	Amelie	14.7		14.7			
	Erin	20.4		20.4			
Essex	Grace	15.3		15.3	45.6	4	24
	Maisie	15.1		15.1			
	Sophie	15.2		15.2			
Herts Phoenix	Amy	15.4		15.4	44.3	2	28
	Danielle	15.5		15.5			
	Trinity	13.4		13.4			
Herts Pegasus	Daisy	16.6		16.6	46.0	5	22
	Evie	15.4		15.4			
	Izzy	14.0		14.0			
Norfolk	Erica	14.4		14.4	42.6	1	30
	Lauren	13.8		13.8			
	Rose	14.4		14.4			
Suffolk	Lana	15.6		15.6	45.4	3	26
	Layo	15.7		15.7			
	Charlotte	14.1		14.1			

Hi - Stepper - Boys

Team Colour	Name	Trial		Adjusted Time	Team Total	Position	Points
		Time Taken	Faults				
Bedfordshire	Ash	17.2		17.2	47.3	6	20
	Thomas	13.9		13.9			
	Sid	16.2		16.2			
Cambs	Benjie	13.7		13.7	42.6	4	24
	Nigal	13.7		13.7			
	Lucas	15.2		15.2			
Essex	Callum	13.1		13.1	40.2	1	30
	Jake	13.0		13.0			
	Frank	14.1		14.1			
Herts Phoenix	Toby	13.1		13.1	42.5	3	26
	Edward	15.2		15.2			
	Fergus	14.2		14.2			
Herts Pegasus	Luke	17.1		17.1	43.2	5	22
	Dylan	13.7		13.7			
	Elis	12.4		12.4			
Norfolk	Alex	13.7		13.7	42.4	2	28
	Oliver	14.0		14.0			
	David	14.7		14.7			
Suffolk	William	16.2		16.2	47.5	7	18
	Jack	16.2		16.2			
	Ben	15.1		15.1			