

# Competition Results

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	639	70	60	70	60	52	36	52	40	53	54	48	44
2	Hertfordshire	Black	569	60	70	50	50	36	42	56	30	35	46	48	46
3	Suffolk	Maroon	520	40	50	60	30	44	42	38	52	54	32	44	34
4	Essex	Red	484	50	40	40	40	36	32	38	46	34	40	42	46
5	Cambridgeshire	Sky	444	30	30	30	70	42	58	14	30	34	38	28	40

# Team Results

# Cambridgeshire (sky)

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	639	70	60	70	60	52	36	52	40	53	54	48	44
2	Hertfordshire	Black	569	60	70	50	50	36	42	56	30	35	46	48	46
3	Suffolk	Maroon	520	40	50	60	30	44	42	38	52	54	32	44	34
4	Essex	Red	484	50	40	40	40	36	32	38	46	34	40	42	46
5	Cambridgeshire	Sky	444	30	30	30	70	42	58	14	30	34	38	28	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	William Kong	2LR	23.9	24.0			24.0	1	30
13	William Kong	S	0.00	0.00	10.24	10.62	10.62	1	30
14	Joshua Tabakov	2LR	1:23.7	0.0			1:23.7	10	12
14	Joshua Tabakov	VJ	54	56	53	55	56	2	28
15	Alfie Kovacs	4LR	52.8	53.0			53.0	2	28
15	Alfie Kovacs	SB	75				75	6	20
16	Timothy Foord	4LR	52.6	51.6			51.6	1	30
16	Timothy Foord	SLJ	2.02	2.08	0.00	1.92	2.08	5	22
17	Jason Hart	6LR	1:35.4				1:35.4	9	14
17	Jason Hart	SB	72				72	9	14
18	Joseph Wheeler	6LR	0.0				0.0		
18	Joseph Wheeler	S	0.00	0.00	0.00	0.00	0.00		
19	Josh Nazombie	SLJ	1.98	1.98	1.94	1.92	1.98	8	16
20	Terry Hacker	STJ	5.97	5.84	5.76	5.82	5.97	8	16
21	Alp bridges	STJ	0.00	0.00	5.14	5.12	5.14	10	12
22	Jamie Waite	VJ	27	30	31	32	32	10	12

# Team Results

# Essex (red)

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	639	70	60	70	60	52	36	52	40	53	54	48	44
2	Hertfordshire	Black	569	60	70	50	50	36	42	56	30	35	46	48	46
3	Suffolk	Maroon	520	40	50	60	30	44	42	38	52	54	32	44	34
4	Essex	Red	484	50	40	40	40	36	32	38	46	34	40	42	46
5	Cambridgeshire	Sky	444	30	30	30	70	42	58	14	30	34	38	28	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Jakub Kowalski	2LR	25.5	26.0			26.0	5	22
25	Jakub Kowalski	S	7.07	7.20	8.02	7.80	8.02	3	26
26	Michael Okoro	4LR	53.9	54.7			54.7	6	20
26	Michael Okoro	SLJ	2.02	2.13	2.04	2.12	2.13	3	26
27	Orhan Corek	6LR	1:31.0				1:31.0	6	20
27	Orhan Corek	SB	73				73	7=	17
28	Alex Critchell	4LR	55.9	0.0			55.9	10	12
28	Alex Critchell	SLJ	0.00	1.94	0.00	1.97	1.97	9	14
29	Tosin Olajide	2LR	27.1	0.0			27.1	9	14
29	Tosin Olajide	VJ	55	54	54	54	55	4	24
30	Arthur Day	STJ	0.00	5.86	5.90	6.16	6.16	7	18
31	Jay Harris	STJ	0.00	6.06	6.28	5.96	6.28	4	24
32	Olamide Odupitan	VJ	54	51	54	53	54	5	22
33	Patrick Mclean-Tattan	6LR	1:33.3				1:33.3	7	18
33	Patrick Mclean-Tattan	SB	73				73	7=	17
35	Dylan Nastri	S	7.28	6.92	7.23	0.00	7.28	6	20

# Team Results

# Hertfordshire (black)

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	639	70	60	70	60	52	36	52	40	53	54	48	44
2	Hertfordshire	Black	569	60	70	50	50	36	42	56	30	35	46	48	46
3	Suffolk	Maroon	520	40	50	60	30	44	42	38	52	54	32	44	34
4	Essex	Red	484	50	40	40	40	36	32	38	46	34	40	42	46
5	Cambridgeshire	Sky	444	30	30	30	70	42	58	14	30	34	38	28	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Liam Humphreys	2LR	25.4	0.0			25.4	6	20
37	Liam Humphreys	SB	76				76	4=	23
38	William Hughes	6LR	1:27.8				1:27.8	3	26
38	William Hughes	S	5.23	5.64	5.82	5.31	5.82	9	14
39	Louis Visick	4LR	53.4	53.4			53.4	4	24
39	Louis Visick	STJ	6.22	6.03	5.97	6.24	6.24	6	20
40	Tami Awe	4LR	55.2	0.0			55.2	7	18
40	Tami Awe	VJ	60	59	58	59	60	1	30
41	Sam Scott	6LR	1:24.3				1:24.3	1	30
41	Sam Scott	SLJ	2.16	2.15	2.15	2.20	2.20	2	28
43	Eriike Siwoku	S	0.00	6.50	6.34	5.52	6.50	8	16
44	Tyler Vys	STJ	6.38	6.34	6.34	6.44	6.44	2	28
45	Flynn Presence	VJ	39	42	42	44	44	8	16
46	Joe Robinson	SLJ	1.98	2.03	1.95	2.00	2.03	7	18
47	Callum Stern	2LR	26.8	0.0			26.8	8	16
47	Callum Stern	SB	64				64	10	12

# Team Results

# Norfolk (yellow)

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East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	639	70	60	70	60	52	36	52	40	53	54	48	44
2	Hertfordshire	Black	569	60	70	50	50	36	42	56	30	35	46	48	46
3	Suffolk	Maroon	520	40	50	60	30	44	42	38	52	54	32	44	34
4	Essex	Red	484	50	40	40	40	36	32	38	46	34	40	42	46
5	Cambridgeshire	Sky	444	30	30	30	70	42	58	14	30	34	38	28	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Conrad Winter	SLJ	2.11	0.00	2.01	2.06	2.11	4	24
50	Daniel Williams	2LR	24.5	25.0			25.0	4	24
50	Daniel Williams	VJ	42	43	46	45	46	7	18
51	Henry Whall	4LR	55.7	0.0			55.7	9	14
51	Henry Whall	SB	76				76	4=	23
53	Jacob Brown	VJ	54	55	53	55	55	3	26
54	Jake Hart	6LR	1:30.8				1:30.8	4	24
54	Jake Hart	SB	89				89	1	30
55	Joe Williams	4LR	51.7	53.6			53.6	5	22
55	Joe Williams	SLJ	2.30	2.23	2.24	2.37	2.37	1	30
56	Luke Spencer	2LR	24.6	24.6			24.6	2	28
56	Luke Spencer	STJ	0.00	6.05	6.26	6.04	6.26	5	22
57	Luke Watker	S	7.21	6.71	7.03	7.14	7.21	7	18
58	Michael Langley	S	7.84	7.32	7.48	7.84	7.84	5	22
60	Zak Collins-Iddi	6LR	1:24.5				1:24.5	2	28
60	Zak Collins-Iddi	STJ	5.86	0.00	6.28	6.34	6.34	3	26

# Team Results

# Suffolk (maroon)

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	639	70	60	70	60	52	36	52	40	53	54	48	44
2	Hertfordshire	Black	569	60	70	50	50	36	42	56	30	35	46	48	46
3	Suffolk	Maroon	520	40	50	60	30	44	42	38	52	54	32	44	34
4	Essex	Red	484	50	40	40	40	36	32	38	46	34	40	42	46
5	Cambridgeshire	Sky	444	30	30	30	70	42	58	14	30	34	38	28	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Joel Burgess	2LR	24.7	24.9			24.9	3	26
61	Joel Burgess	STJ	5.94	6.20	6.48	6.27	6.48	1	30
62	Finn Howes	2LR	25.7	0.0			25.7	7	18
62	Finn Howes	STJ	5.55	5.46	5.32	5.28	5.55	9	14
63	Sheen Jayaweera	4LR	54.9	53.1			53.1	3	26
63	Sheen Jayaweera	SLJ	2.02	2.03	2.04	2.04	2.04	6	20
64	Ben Cone	4LR	55.6	0.0			55.6	8	16
64	Ben Cone	SB	77				77	3	26
66	Michael Van Haren	S	10.42	10.17	10.12	0.00	10.42	2	28
67	Andrew Roberts	VJ	36	39	40	41	41	9	14
68	Jay Collett	S	0.00	7.28	7.93	6.25	7.93	4	24
69	Archie Reynolds	6LR	1:34.6				1:34.6	8	16
69	Archie Reynolds	VJ	45	47	41	43	47	6	20
70	Oliver Hitchcock	6LR	1:30.9				1:30.9	5	22
70	Oliver Hitchcock	SLJ	1.76	1.84	1.82	1.77	1.84	10	12
71	Vaughan Beckham	SB	82				82	2	28

# Results Sheet

# Obstacle Relay

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Yellow	0.0	1:16.0	1:16.0	70.0
2	03	Hertfordshire	Black	0.0	1:16.5	1:16.5	60.0
3	02	Essex	Red	0.0	1:20.3	1:20.3	50.0
4	05	Suffolk	Maroon	0.0	1:21.4	1:21.4	40.0
5	01	Cambridgeshire	Sky	0.0	1:22.3	1:22.3	30.0

# Results Sheet

# 4 x 1 Lap Relay

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	Black	0.0	49.5	49.5	70.0
2	04	Norfolk	Yellow	0.0	49.6	49.6	60.0
3	05	Suffolk	Maroon	0.0	51.1	51.1	50.0
4	02	Essex	Red	0.0	52.2	52.2	40.0
5	01	Cambridgeshire	Sky	0.0	54.4	54.4	30.0



# Results Sheet

# 2 Lap Race

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Norfolk	Yellow	52
2	Suffolk	Maroon	44
3	Cambridgeshire	Sky	42
4=	Essex	Red	36
4=	Hertfordshire	Black	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	Sky	13	William Kong	24.0	30
2	Norfolk	Yellow	56	Luke Spencer	24.6	28
3	Suffolk	Maroon	61	Joel Burgess	24.9	26
4	Norfolk	Yellow	50	Daniel Williams	25.0	24
5	Essex	Red	25	Jakub Kowalski	26.0	22
6	Hertfordshire	Black	37	Liam Humphreys	25.4	20
7	Suffolk	Maroon	62	Finn Howes	25.7	18
8	Hertfordshire	Black	47	Callum Stern	26.8	16
9	Essex	Red	29	Tosin Olajide	27.1	14
10	Cambridgeshire	Sky	14	Joshua Tabakov	1:23.7	12

# Results Sheet

# 4 Lap Race

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Cambridgeshire	Sky	58
2=	Hertfordshire	Black	42
2=	Suffolk	Maroon	42
4	Norfolk	Yellow	36
5	Essex	Red	32

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	Sky	16	Timothy Foord	51.6	30
2	Cambridgeshire	Sky	15	Alfie Kovacs	53.0	28
3	Suffolk	Maroon	63	Sheen Jayaweera	53.1	26
4	Hertfordshire	Black	39	Louis Visick	53.4	24
5	Norfolk	Yellow	55	Joe Williams	53.6	22
6	Essex	Red	26	Michael Okoro	54.7	20
7	Hertfordshire	Black	40	Tami Awe	55.2	18
8	Suffolk	Maroon	64	Ben Cone	55.6	16
9	Norfolk	Yellow	51	Henry Whall	55.7	14
10	Essex	Red	28	Alex Critchell	55.9	12

# Results Sheet

# 6 Lap Time Trial

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
Hertfordshire Sports Village

**Date**  
12 Feb 2017

Ranking	Team	Colour	Points
1	Hertfordshire	Black	56
2	Norfolk	Yellow	52
3=	Essex	Red	38
3=	Suffolk	Maroon	38
5	Cambridgeshire	Sky	14

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	41	Sam Scott	1:24.3	30
2	Norfolk	Yellow	60	Zak Collins-Iddi	1:24.5	28
3	Hertfordshire	Black	38	William Hughes	1:27.8	26
4	Norfolk	Yellow	54	Jake Hart	1:30.8	24
5	Suffolk	Maroon	70	Oliver Hitchcock	1:30.9	22
6	Essex	Red	27	Orhan Corek	1:31.0	20
7	Essex	Red	33	Patrick Mclean-Tattan	1:33.3	18
8	Suffolk	Maroon	69	Archie Reynolds	1:34.6	16
9	Cambridgeshire	Sky	17	Jason Hart	1:35.4	14
	Cambridgeshire	Sky	18	Joseph Wheeler	0.0	0

# Results Sheet

# 8 Lap Paarlauf

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Yellow	0.0	1:45.5	1:45.5	70.0
2	05	Suffolk	Maroon	0.0	1:47.8	1:47.8	60.0
3	03	Hertfordshire	Black	0.0	1:51.6	1:51.6	50.0
4	02	Essex	Red	0.0	1:55.7	1:55.7	40.0
5	01	Cambridgeshire	Sky	0.0	1:58.3	1:58.3	30.0

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Cambridgeshire	Sky	0.0	1:39.4	1:39.4	70.0
2	04	Norfolk	Yellow	0.0	1:39.9	1:39.9	60.0
3	03	Hertfordshire	Black	0.0	1:40.6	1:40.6	50.0
4	02	Essex	Red	0.0	1:41.8	1:41.8	40.0
5	05	Suffolk	Maroon	0.0	1:44.3	1:44.3	30.0

# Results Sheet

# Shot

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Suffolk	Maroon	52
2	Essex	Red	46
3	Norfolk	Yellow	40
4=	Cambridgeshire	Sky	30
4=	Hertfordshire	Black	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	Sky	13	William Kong	10.62	30
2	Suffolk	Maroon	66	Michael Van Haren	10.42	28
3	Essex	Red	25	Jakub Kowalski	8.02	26
4	Suffolk	Maroon	68	Jay Collett	7.93	24
5	Norfolk	Yellow	58	Michael Langley	7.84	22
6	Essex	Red	35	Dylan Nastri	7.28	20
7	Norfolk	Yellow	57	Luke Watker	7.21	18
8	Hertfordshire	Black	43	Eriike Siwoku	6.50	16
9	Hertfordshire	Black	38	William Hughes	5.82	14
	Cambridgeshire	Sky	18	Joseph Wheeler	0.00	0

# Results Sheet

# Speed Bounce

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Suffolk	Maroon	54
2	Norfolk	Yellow	53
3	Hertfordshire	Black	35
4=	Cambridgeshire	Sky	34
4=	Essex	Red	34

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Norfolk	Yellow	54	Jake Hart	89	30
2	Suffolk	Maroon	71	Vaughan Beckham	82	28
3	Suffolk	Maroon	64	Ben Cone	77	26
4=	Hertfordshire	Black	37	Liam Humphreys	76	23
4=	Norfolk	Yellow	51	Henry Whall	76	23
6	Cambridgeshire	Sky	15	Alfie Kovacs	75	20
7=	Essex	Red	27	Orhan Corek	73	17
7=	Essex	Red	33	Patrick Mclean-Tattan	73	17
9	Cambridgeshire	Sky	17	Jason Hart	72	14
10	Hertfordshire	Black	47	Callum Stern	64	12

# Results Sheet

# Standing Long Jump

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Norfolk	Yellow	54
2	Hertfordshire	Black	46
3	Essex	Red	40
4	Cambridgeshire	Sky	38
5	Suffolk	Maroon	32

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Yellow	55	Joe Williams	2.37	30
2	Hertfordshire	Black	41	Sam Scott	2.20	28
3	Essex	Red	26	Michael Okoro	2.13	26
4	Norfolk	Yellow	49	Conrad Winter	2.11	24
5	Cambridgeshire	Sky	16	Timothy Foord	2.08	22
6	Suffolk	Maroon	63	Sheen Jayaweera	2.04	20
7	Hertfordshire	Black	46	Joe Robinson	2.03	18
8	Cambridgeshire	Sky	19	Josh Nazombie	1.98	16
9	Essex	Red	28	Alex Critchell	1.97	14
10	Suffolk	Maroon	70	Oliver Hitchcock	1.84	12



# Results Sheet

# Standing Triple Jump

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Points
1=	Hertfordshire	Black	48
1=	Norfolk	Yellow	48
3	Suffolk	Maroon	44
4	Essex	Red	42
5	Cambridgeshire	Sky	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Suffolk	Maroon	61	Joel Burgess	6.48	30
2	Hertfordshire	Black	44	Tyler Vys	6.44	28
3	Norfolk	Yellow	60	Zak Collins-Iddi	6.34	26
4	Essex	Red	31	Jay Harris	6.28	24
5	Norfolk	Yellow	56	Luke Spencer	6.26	22
6	Hertfordshire	Black	39	Louis Visick	6.24	20
7	Essex	Red	30	Arthur Day	6.16	18
8	Cambridgeshire	Sky	20	Terry Hacker	5.97	16
9	Suffolk	Maroon	62	Finn Howes	5.55	14
10	Cambridgeshire	Sky	21	Alp bridges	5.14	12

# Results Sheet

# Vertical Jump

## Competition:

East Regional Final Under 13 Boys

## Venue:

Hertfordshire Sports Village

## Date

12 Feb 2017

Ranking	Team	Colour	Points
1=	Essex	Red	46
1=	Hertfordshire	Black	46
3	Norfolk	Yellow	44
4	Cambridgeshire	Sky	40
5	Suffolk	Maroon	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	40	Tami Awe	60	30
2	Cambridgeshire	Sky	14	Joshua Tabakov	56	28
3	Norfolk	Yellow	53	Jacob Brown	55	26
4	Essex	Red	29	Tosin Olajide	55	24
5	Essex	Red	32	Olamide Odupitan	54	22
6	Suffolk	Maroon	69	Archie Reynolds	47	20
7	Norfolk	Yellow	50	Daniel Williams	46	18
8	Hertfordshire	Black	45	Flynn Presence	44	16
9	Suffolk	Maroon	67	Andrew Roberts	41	14
10	Cambridgeshire	Sky	22	Jamie Waite	32	12