

Competition Results

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	704	70	70	70	70	51	56	58	56	47	56	50	50
2	Essex	Red	530	60	60	30	60	34	44	44	44	34	46	38	36
3	Hertfordshire	Black	525	50	50	60	50	56	34	30	36	45	30	48	36
4	Suffolk	Maroon	473	30	30	50	40	43	32	36	30	40	36	48	58
5	Cambridgeshire	Sky	448	40	40	40	30	26	44	42	44	44	42	26	30

Team Results

Cambridgeshire (sky)

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	704	70	70	70	70	51	56	58	56	47	56	50	50
2	Essex	Red	530	60	60	30	60	34	44	44	44	34	46	38	36
3	Hertfordshire	Black	525	50	50	60	50	56	34	30	36	45	30	48	36
4	Suffolk	Maroon	473	30	30	50	40	43	32	36	30	40	36	48	58
5	Cambridgeshire	Sky	448	40	40	40	30	26	44	42	44	44	42	26	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Ella Reed	2LR	26.6	0.0			26.6	9	14
13	Ella Reed	SLJ	2.06	2.09	2.12	2.01	2.12	5	22
14	LILLY RUTTERFORD	2LR	28.4	0.0			28.4	10	12
15	JOLIE FRANKS	4LR	58.7	57.7			57.7	4	24
15	JOLIE FRANKS	VJ	45	45	41	45	45	10	12
16	LIZZY HARRISON	4LR	57.8	58.7			58.7	6	20
16	LIZZY HARRISON	SB	69				69	9	14
17	DANA FRASER	6LR	1:33.8				1:33.8	6	20
18	HANNAH CAMPBELL	6LR	1:33.0				1:33.0	5	22
18	HANNAH CAMPBELL	SB	85				85	1	30
19	COURTNEY CHRISTIAN	VJ	50	52	51	49	52	7	18
20	LUCY ENGLAND	STJ	5.06	4.96	4.96	5.02	5.06	10	12
21	MAISIE ISAAC	STJ	5.08	5.22	5.08	4.94	5.22	9	14
22	ELLIE LINNELL	SLJ	2.05	1.99	2.06	0.00	2.06	6	20
23	ALICE LORD	S	7.34	6.45	6.03	7.37	7.37	4	24
24	EMILY HART	S	6.48	6.05	5.71	5.53	6.48	6	20

Team Results

Essex (red)

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	704	70	70	70	70	51	56	58	56	47	56	50	50
2	Essex	Red	530	60	60	30	60	34	44	44	44	34	46	38	36
3	Hertfordshire	Black	525	50	50	60	50	56	34	30	36	45	30	48	36
4	Suffolk	Maroon	473	30	30	50	40	43	32	36	30	40	36	48	58
5	Cambridgeshire	Sky	448	40	40	40	30	26	44	42	44	44	42	26	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Cassie Foreman	6LR	1:34.3				1:34.3	7	18
25	Cassie Foreman	STJ	5.28	5.17	5.24	5.26	5.28	8	16
26	Shasha Whiley	6LR	1:31.6				1:31.6	3	26
27	Evelyn Pope	VJ	54	53	51	52	54	5	22
28	Paige Stephens	4LR	59.5	0.0			59.5	8	16
28	Paige Stephens	SLJ	1.90	1.98	1.95	1.96	1.98	7	18
29	Grace Iyinbor	VJ	49	49	49	50	50	9	14
30	Kate Baldwin	2LR	26.1	0.0			26.1	8	16
30	Kate Baldwin	SB	77				77	7	18
31	Ruby Ham	S	4.94	6.29	6.12	6.24	6.29	8	16
32	Funmi Adewole	2LR	26.0	0.0			26.0	7	18
33	Ariyana McGee	4LR	54.5	56.1			56.1	2	28
33	Ariyana McGee	SB	75				75	8	16
34	Olivia Mayhew	STJ	5.65	5.42	5.52	5.62	5.65	5	22
35	Omolola Kuponiyi	S	8.95	0.00	10.34	0.00	10.34	2	28
36	Millie Upton	SLJ	2.12	2.16	2.14	2.20	2.20	2	28

Team Results

Hertfordshire (black)

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	704	70	70	70	70	51	56	58	56	47	56	50	50
2	Essex	Red	530	60	60	30	60	34	44	44	44	34	46	38	36
3	Hertfordshire	Black	525	50	50	60	50	56	34	30	36	45	30	48	36
4	Suffolk	Maroon	473	30	30	50	40	43	32	36	30	40	36	48	58
5	Cambridgeshire	Sky	448	40	40	40	30	26	44	42	44	44	42	26	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Natalia Dunbar	2LR	25.4	25.5			25.5	3	26
37	Natalia Dunbar	STJ	6.12	5.98	6.29	6.02	6.29	2	28
38	Serena Thomas	4LR	1:03.9	0.0			1:03.9	10	12
38	Serena Thomas	SB	78				78	5=	21
39	Mia Macintosh	2LR	25.3	25.1			25.1	1	30
39	Mia Macintosh	VJ	50	54	51	53	54	6	20
40	Lydia Edwards	SLJ	1.79	1.84	1.71	1.69	1.84	9	14
41	Orla Foley	6LR	1:34.7				1:34.7	8	16
42	Mei-rose Laley	STJ	4.78	5.16	5.28	5.42	5.42	6	20
43	Clare Hudson	SLJ	1.94	0.00	1.75	1.80	1.94	8	16
44	Maisie Taylor	4LR	56.9	58.2			58.2	5	22
44	Maisie Taylor	S	5.93	6.25	6.18	5.48	6.25	9	14
45	Leah Bottomley	6LR	0.0				0.0		
45	Leah Bottomley	SB	79				79	4	24
46	niamh Kelly	6LR	1:34.8				1:34.8	9	14
47	Olivia Crawley	S	6.05	6.52	6.15	5.62	6.52	5	22
48	Kevwe Efemini	VJ	46	45	51	46	51	8	16

Team Results

Norfolk (yellow)

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	704	70	70	70	70	51	56	58	56	47	56	50	50
2	Essex	Red	530	60	60	30	60	34	44	44	44	34	46	38	36
3	Hertfordshire	Black	525	50	50	60	50	56	34	30	36	45	30	48	36
4	Suffolk	Maroon	473	30	30	50	40	43	32	36	30	40	36	48	58
5	Cambridgeshire	Sky	448	40	40	40	30	26	44	42	44	44	42	26	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Holly Harrison	2LR	25.3	25.2			25.2	2	28
49	Holly Harrison	SLJ	2.16	2.21	2.09	2.19	2.21	1	30
50	Annabelle Joynson	2LR	25.7	25.6			25.6	4=	23
50	Annabelle Joynson	VJ	57	56	51	53	57	3	26
51	Eden Harrison	4LR	54.9	54.3			54.3	1	30
51	Eden Harrison	STJ	6.08	6.16	6.23	6.28	6.28	3	26
52	Louisa Johnstone	4LR	56.6	57.5			57.5	3	26
53	Isabelle Moore	6LR	1:28.8				1:28.8	1	30
53	Isabelle Moore	SLJ	2.15	2.18	2.16	2.18	2.18	3	26
54	Martha Bennet	6LR	1:30.4				1:30.4	2	28
54	Martha Bennet	S	7.55	7.46	7.42	7.66	7.66	3	26
55	Olivia Porter	VJ	55	55	55	53	55	4	24
56	Amber Scott	STJ	5.76	5.80	5.83	5.92	5.92	4	24
57	Grace Daniels	SB	78				78	5=	21
59	Zoe Powers	S	9.58	0.00	10.12	10.53	10.53	1	30
60	Ellis Steward	SB	80				80	3	26

Team Results

Suffolk (maroon)

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	704	70	70	70	70	51	56	58	56	47	56	50	50
2	Essex	Red	530	60	60	30	60	34	44	44	44	34	46	38	36
3	Hertfordshire	Black	525	50	50	60	50	56	34	30	36	45	30	48	36
4	Suffolk	Maroon	473	30	30	50	40	43	32	36	30	40	36	48	58
5	Cambridgeshire	Sky	448	40	40	40	30	26	44	42	44	44	42	26	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Mai Baboo	2LR	25.5	25.6			25.6	4=	23
61	Mai Baboo	VJ	62	62	60	61	62	1	30
62	Millie King	2LR	25.9	26.2			26.2	6	20
62	Millie King	VJ	58	57	57	57	58	2	28
63	Shamara Hammonds	4LR	59.7	0.0			59.7	9	14
63	Shamara Hammonds	SLJ	2.12	2.14	2.13	2.16	2.16	4	24
64	Connie King	4LR	58.9	0.0			58.9	7	18
64	Connie King	STJ	5.28	5.36	5.22	5.10	5.36	7	18
65	Abeni Beckham	6LR	1:32.5				1:32.5	4	24
65	Abeni Beckham	STJ	6.68	6.84	6.82	6.96	6.96	1	30
66	Oakley Amould	6LR	1:42.6				1:42.6	10	12
66	Oakley Amould	SB	58				58	10	12
67	Amber English	S	4.49	4.78	5.22	5.17	5.22	10	12
68	Kiera Kane	SB	81				81	2	28
69	Emily Bell	SLJ	1.64	1.65	1.54	1.54	1.65	10	12
70	Samantha Barnard	S	6.25	6.38	6.26	6.20	6.38	7	18

Results Sheet

Obstacle Relay

Competition:

East Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Yellow	0.0	1:16.0	1:16.0	70.0
2	03	Hertfordshire	Black	0.0	1:16.5	1:16.5	60.0
3	02	Essex	Red	0.0	1:20.3	1:20.3	50.0
4	05	Suffolk	Maroon	0.0	1:21.4	1:21.4	40.0
5	01	Cambridgeshire	Sky	0.0	1:22.3	1:22.3	30.0

Results Sheet

4 x 1 Lap Relay

Competition:

East Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	Black	0.0	49.5	49.5	70.0
2	04	Norfolk	Yellow	0.0	49.6	49.6	60.0
3	05	Suffolk	Maroon	0.0	51.1	51.1	50.0
4	02	Essex	Red	0.0	52.2	52.2	40.0
5	01	Cambridgeshire	Sky	0.0	54.4	54.4	30.0

Results Sheet

2 Lap Race

Competition:

East Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Norfolk	Yellow	52
2	Suffolk	Maroon	44
3	Cambridgeshire	Sky	42
4=	Essex	Red	36
4=	Hertfordshire	Black	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	Sky	13	William Kong	24.0	30
2	Norfolk	Yellow	56	Luke Spencer	24.6	28
3	Suffolk	Maroon	61	Joel Burgess	24.9	26
4	Norfolk	Yellow	50	Daniel Williams	25.0	24
5	Essex	Red	25	Jakub Kowalski	26.0	22
6	Hertfordshire	Black	37	Liam Humphreys	25.4	20
7	Suffolk	Maroon	62	Finn Howes	25.7	18
8	Hertfordshire	Black	47	Callum Stern	26.8	16
9	Essex	Red	29	Tosin Olajide	27.1	14
10	Cambridgeshire	Sky	14	Joshua Tabakov	1:23.7	12

Results Sheet

4 Lap Race

Competition:

East Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Cambridgeshire	Sky	58
2=	Hertfordshire	Black	42
2=	Suffolk	Maroon	42
4	Norfolk	Yellow	36
5	Essex	Red	32

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	Sky	16	Timothy Foord	51.6	30
2	Cambridgeshire	Sky	15	Alfie Kovacs	53.0	28
3	Suffolk	Maroon	63	Sheen Jayaweera	53.1	26
4	Hertfordshire	Black	39	Louis Visick	53.4	24
5	Norfolk	Yellow	55	Joe Williams	53.6	22
6	Essex	Red	26	Michael Okoro	54.7	20
7	Hertfordshire	Black	40	Tami Awe	55.2	18
8	Suffolk	Maroon	64	Ben Cone	55.6	16
9	Norfolk	Yellow	51	Henry Whall	55.7	14
10	Essex	Red	28	Alex Critchell	55.9	12

Results Sheet

6 Lap Time Trial

Competition:

East Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Hertfordshire	Black	56
2	Norfolk	Yellow	52
3=	Essex	Red	38
3=	Suffolk	Maroon	38
5	Cambridgeshire	Sky	14

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	41	Sam Scott	1:24.3	30
2	Norfolk	Yellow	60	Zak Collins-Iddi	1:24.5	28
3	Hertfordshire	Black	38	William Hughes	1:27.8	26
4	Norfolk	Yellow	54	Jake Hart	1:30.8	24
5	Suffolk	Maroon	70	Oliver Hitchcock	1:30.9	22
6	Essex	Red	27	Orhan Corek	1:31.0	20
7	Essex	Red	33	Patrick Mclean-Tattan	1:33.3	18
8	Suffolk	Maroon	69	Archie Reynolds	1:34.6	16
9	Cambridgeshire	Sky	17	Jason Hart	1:35.4	14
	Cambridgeshire	Sky	18	Joseph Wheeler	0.0	0

Results Sheet

8 Lap Paarlauf

Competition:

East Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Yellow	0.0	1:45.5	1:45.5	70.0
2	05	Suffolk	Maroon	0.0	1:47.8	1:47.8	60.0
3	03	Hertfordshire	Black	0.0	1:51.6	1:51.6	50.0
4	02	Essex	Red	0.0	1:55.7	1:55.7	40.0
5	01	Cambridgeshire	Sky	0.0	1:58.3	1:58.3	30.0

Results Sheet

4 x 2 Lap Relay

Competition:

East Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Cambridgeshire	Sky	0.0	1:39.4	1:39.4	70.0
2	04	Norfolk	Yellow	0.0	1:39.9	1:39.9	60.0
3	03	Hertfordshire	Black	0.0	1:40.6	1:40.6	50.0
4	02	Essex	Red	0.0	1:41.8	1:41.8	40.0
5	05	Suffolk	Maroon	0.0	1:44.3	1:44.3	30.0

Results Sheet

Shot

Competition:

East Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Suffolk	Maroon	52
2	Essex	Red	46
3	Norfolk	Yellow	40
4=	Cambridgeshire	Sky	30
4=	Hertfordshire	Black	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	Sky	13	William Kong	10.62	30
2	Suffolk	Maroon	66	Michael Van Haren	10.42	28
3	Essex	Red	25	Jakub Kowalski	8.02	26
4	Suffolk	Maroon	68	Jay Collett	7.93	24
5	Norfolk	Yellow	58	Michael Langley	7.84	22
6	Essex	Red	35	Dylan Nastri	7.28	20
7	Norfolk	Yellow	57	Luke Watker	7.21	18
8	Hertfordshire	Black	43	Eriike Siwoku	6.50	16
9	Hertfordshire	Black	38	William Hughes	5.82	14
	Cambridgeshire	Sky	18	Joseph Wheeler	0.00	0

Results Sheet

Speed Bounce

Competition:

East Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Suffolk	Maroon	54
2	Norfolk	Yellow	53
3	Hertfordshire	Black	35
4=	Cambridgeshire	Sky	34
4=	Essex	Red	34

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Norfolk	Yellow	54	Jake Hart	89	30
2	Suffolk	Maroon	71	Vaughan Beckham	82	28
3	Suffolk	Maroon	64	Ben Cone	77	26
4=	Hertfordshire	Black	37	Liam Humphreys	76	23
4=	Norfolk	Yellow	51	Henry Whall	76	23
6	Cambridgeshire	Sky	15	Alfie Kovacs	75	20
7=	Essex	Red	27	Orhan Corek	73	17
7=	Essex	Red	33	Patrick Mclean-Tattan	73	17
9	Cambridgeshire	Sky	17	Jason Hart	72	14
10	Hertfordshire	Black	47	Callum Stern	64	12

Results Sheet

Standing Long Jump

Competition:

East Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Norfolk	Yellow	54
2	Hertfordshire	Black	46
3	Essex	Red	40
4	Cambridgeshire	Sky	38
5	Suffolk	Maroon	32

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Yellow	55	Joe Williams	2.37	30
2	Hertfordshire	Black	41	Sam Scott	2.20	28
3	Essex	Red	26	Michael Okoro	2.13	26
4	Norfolk	Yellow	49	Conrad Winter	2.11	24
5	Cambridgeshire	Sky	16	Timothy Foord	2.08	22
6	Suffolk	Maroon	63	Sheen Jayaweera	2.04	20
7	Hertfordshire	Black	46	Joe Robinson	2.03	18
8	Cambridgeshire	Sky	19	Josh Nazombie	1.98	16
9	Essex	Red	28	Alex Critchell	1.97	14
10	Suffolk	Maroon	70	Oliver Hitchcock	1.84	12

Results Sheet

Standing Triple Jump

Competition:

East Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1=	Hertfordshire	Black	48
1=	Norfolk	Yellow	48
3	Suffolk	Maroon	44
4	Essex	Red	42
5	Cambridgeshire	Sky	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Suffolk	Maroon	61	Joel Burgess	6.48	30
2	Hertfordshire	Black	44	Tyler Vys	6.44	28
3	Norfolk	Yellow	60	Zak Collins-Iddi	6.34	26
4	Essex	Red	31	Jay Harris	6.28	24
5	Norfolk	Yellow	56	Luke Spencer	6.26	22
6	Hertfordshire	Black	39	Louis Visick	6.24	20
7	Essex	Red	30	Arthur Day	6.16	18
8	Cambridgeshire	Sky	20	Terry Hacker	5.97	16
9	Suffolk	Maroon	62	Finn Howes	5.55	14
10	Cambridgeshire	Sky	21	Alp bridges	5.14	12

Results Sheet

Vertical Jump

Competition:

East Regional Final Under 13 Boys

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1=	Essex	Red	46
1=	Hertfordshire	Black	46
3	Norfolk	Yellow	44
4	Cambridgeshire	Sky	40
5	Suffolk	Maroon	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	40	Tami Awe	60	30
2	Cambridgeshire	Sky	14	Joshua Tabakov	56	28
3	Norfolk	Yellow	53	Jacob Brown	55	26
4	Essex	Red	29	Tosin Olajide	55	24
5	Essex	Red	32	Olamide Odupitan	54	22
6	Suffolk	Maroon	69	Archie Reynolds	47	20
7	Norfolk	Yellow	50	Daniel Williams	46	18
8	Hertfordshire	Black	45	Flynn Presence	44	16
9	Suffolk	Maroon	67	Andrew Roberts	41	14
10	Cambridgeshire	Sky	22	Jamie Waite	32	12