



Nearly 100 young athletes competed at the first round of the Essex Athletics Networks Sportshall competition, held at Chelmsford Sport & Athletics Centre, on Sunday 15th October 2017, with 25 volunteers helping make the event such a success. This is round 1 of 3, being organised by the Network this season.

The event, which is ideal winter indoor training for young athletes, saw representatives from Essex clubs and schools compete in track sprint events, as well as jumps and throws.

Sportshall Athletics is an indoor form of track and field for children between the ages of 4 and 16. It was created by George Bunner MBE to provide a safe and warm environment for young athletes to train during the cold and dark winter months.

Last Season Essex teams produced superb results at the East Region Sportshall Final topped by team victories for both Under 11 teams and individual Under15 All Rounder titles for Theo Adesina and Mia Chantree. Our Under 15 Girls Sportshall team were invited to compete in the National Final in Manchester, where they finished an impressive fifth, with Mia Chantree winning individual all-rounder bronze.



The Network hopes to build on this success, by selecting athletes from each of the 3 rounds of Sportshall competitions in October, November, and December to represent Essex at the East Combined Regional Final, at UEA, Norwich in March 2018

More details on the next round can be found at www.essexathleticsnetwork.org