

Over Under Race - Girls

Sportshall

U11



Heat	Position	No.	Name	Club / School	Time
1		36	Kara Dacosta	Basildon AC	17.6
		40	Emmie Fulker	Chelmsford AC	18.8
		52	Elizabeth Hansen	Maldon Ct	19.3
		31	Jessica Lunt	Chelmsford AC	20.7

2		3	Jessica Pugh	Braintree	20.2
		24	Abi Blackholly	Burnham County	20.4
		25	Isla Harris	Basildon AC	21.3
		42	Megan Hallett	Basildon AC	23.3

3		52	Elizabeth Hansen	Maldon Ct	18.8
		61	Faith Bower	Butts School	18.8
		8	Esther Adesiyen	Basildon AC	20.2

4		58	Jashayla Cousins	Broadford Sch	19.6
		4	Mia Barber	Basildon AC	20.1
		59	Sky Griffiths	Broadford Sch	27.6

5					

4 Lap Race - Girls

Sportshall

U13



Heat	Position	No.	Name	Club / School	Time
1	1	18	Sophie Nugent	Basildon AC	51.7
	2	16	Maddie Booty	Thurrock	51.8
	3	7	Mabel Cowley	Basildon AC	55.8
	4	10	Zoe Barnard	Basildon AC	58.4

2	1	53	Sophia Brindle		49.5
	2	60	Chloe Trew	Basildon AC	51.2
	3	41	Maisie Fulker	Chelmsford AC	52.7
	4	39	Holly Newman	Basildon AC	53.3

3	1				
	2				
	3				
	4				

4 Lap Race - Girls

Sportshall



U15

1	1	49	Ruby Bridger	Thurrock	49.1
	2	57	Lois Hale	Harlow	51.3
	3	37	Missy Buxton	Colchester	57
	4				

2	1	23	Ariyanna McGee	Basildon AC	48.6
	2	63	Solo Tawio	Thurrock	49.9
	3	5	Sophie Thickbroom	Basildon AC	56.5
	4				

1 Lap Race - Girls

Sportshall

U11 only



Heat	Position	No.	Name	Club / School	Time
1	1	34	Zoe Gregory	Basildon AC	12.5
	2	19	Isabella Rickett	Colchester	12.7
	3	2	Gaby Bilbie	Braintree	12.9
	4	6	Natalie Pepper	Braintree	13.5

2	1	9	Hollie Martin-Whymark	Colchester	12.6
	2	48	Olivia Dougall	Braintree	12.7
	3	12	Kirby Jennings	Basildon AC	13
	4	14	Grace Curtis	Basildon AC	13.2

3	1	36	Kara Dacosta	Basildon AC	11.9
	2	27	Holly Huett	Benfleet	12.5
	3	47	Emma Thrussell	Benfleet	13.5
	4				

4	1	52	Elizabeth Hansen	Maldon Ct	12.5
	2	44	Jessica Scotchmer	Colchester	12.6
	3	28	Millie Trotter	Benfleet	12.8
	4	20	Alice Begg	Colchester	12.9

5	1	51	Chizara Okocha	Basildon AC	12.2
	2	40	Emmie Fulker	Chelmsford AC	12.6
	3	61	Faith Bower	Butts School	12.8
	4	31	Jessica Lunt	Chelmsford AC	13.2

6	1				
	2				
	3				
	4				

6 Lap Race - Girls

Sportshall

u13 only



Heat	Position	No.	Name	Club / School	Time
1	1	1	Matilda Canty	Havering AC	81.2
	2	64	Ella Whitfield	Basildon AC	89.7
	3				
	4				

2 Lap Race - Girls



U11



Heat	Position	No.	Name	Club / School	Time
1	1	19	Isabella Rickett	Colchester	24.7
	2	27	Holly Huett	Benfleet	24.7
	3	25	Isla Harris	Basildon AC	28.2
	4				

2	1	33	Hannah Gregory	Benfleet	26.5
	2	24	Abi Blackholly	Burnham County	27.1
	3	14	Grace Curtis	Basildon AC	27.2
	4	20	Alice Begg	Colchester	27.4

3	1	9	Hollie Martin-Whymark	Colchester	24.9
	2	28	Millie Trotter	Benfleet	25.1
	3	3	Jessica Pugh	Braintree	26.1
	4	6	Natalie Pepper	Braintree	27.5

4	1	36	Kara Dacosta	Basildon AC	24.0
	2	34	Zoe Gregory	Basildon AC	25.2
	3	2	Gaby Bilbie	Braintree	25.9
	4	50	Jessica Heath	Benfleet	26.5

5	1	48	Olivia Dougall	Braintree	25.8
	2	47	Emma Thrussell	Benfleet	27.2
	3	42	Megan Hallett	Basildon AC	30.1
	4				

6	1	45	Freya Coley	Chelmsford AC	24.7
	2	52	Elizabeth Hansen	Maldon Ct	25.5
	3	44	Jessica Scotchmer	Colchester	25.9
	4				

2 Lap Race - Girls



U13



1	1	13	Elise Jennings	Basildon AC	23.7
	2	46	Feyi Awosika	Basildon AC	24.8
	3	7	Mabel Cowley	Basildon AC	25.3
	4	43	Lauren Holmes	Basildon AC	27.4

2	1	11	Uche Okpalauko	Havering AC	23.3
	2	18	Sophie Nugent	Basildon AC	25.3
	3	17	Emily Henderson	Colchester	26.1
	4				

3	1	22	Zoe Whitaker	Chelmsford AC	23.9
	2	41	Maisie Fulker	Chelmsford AC	24.6
	3	38	Scarlett Saich-Peet	Basildon AC	25.4
	4				

4	1	60	Chloe Trew	Basildon AC	23.6
	2	64	Ella Whitfield	Basildon AC	26
	3	35	Lydia Stevenson	Basildon AC	26.8
	4				

2 Lap Race - Girls

Sportshall



U15

1	1	54	Funmi Adewole	Thurrock	23.6
	2	29	Evelyn Pope	Chelmsford AC	24
	3	32	Olivia Mayhew	Chelmsford AC	25.0
	4				
2	1	57	Lois Hale	Harlow	24.1
	2	56	Erin Anderson	Harlow	24.8
	3	55	Millie Upton	Harlow	25.1
	4				

Over Under Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	117	Ayomiposi Odupitan	Braintree	17.9
	2	120	Teddy Matthews	Havering AC	18.3
	3	128	Harry McGee	Basildon AC	18.9
	4	132	Dylan Robins	Braintree	20.5



2	1	139	James Radden	Gidea Park	18.1
	2	129	Owen Wright	Basildon AC	19.0
	3	155	Zach Granger		19.5
	4	141	Oliver Fisher	Southgreen	20.8

4 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	126	Tobi Ekerin	Basildon AC	53.1
	2	151	Noel Moore	Coopers	53.2
	3	150	Benedict Heath	Benfleet	54.9
	4				



2	1	119	Elija Munashe Browne	Havering AC	53.1
	2	145	Alex Rawle	Havering AC	57.7
	3				
	4				

U15

1	1				
	2				
	3				

1 Lap Race - Boys

U11



Heat	Position	No.	Name	Club / School	Time
1	1	117	Ayomiposi Odupitan	Braintree	12.3
	2	118	Harrison Leek	Colchester	13.1
	3	128	Harry McGee	Basildon AC	13.2
	4	121	Bhramav Rajesh	Colchester	14.1

2	1	130	Kaesi Okoro	Havering AC	12.2
	2	115	Sebastian Alexandru	Havering AC	12.3
	3	127	Jimi Braund	Gidea Park	13.3
	4				

3	1	122	Oreofeoluwa Adepegba	Thurrock	13.0
	2	133	Adam Bakler-Kugler	Basildon AC	13.1
	3	155	Zach Granger		13.1
	4				

4	1	142	Arthur Unstead	Basildon AC	12.6
	2	143	Daniel Adams	Basildon AC	12.8
	3	124	Harry Bohannon	Basildon AC	13.1

6 Lap Race - Boys

Sportshall

U13



Heat	Position	No.	Name	Club / School	Time
1	1	151	Noel Moore	Coopers	86.01
	2				
	3				
	4				

2	1				
	2				
	3				
	4				

2 Lap Race - Boys

Sportshall

U11



Heat	Position	No.	Name	Club / School	Time
1	1	120	Teddy Matthews	Havering AC	23.8
	2	130	Kaesi Okoro	Havering AC	24.6
	3	137	Oscar Shearing	Upminster Jnr	25.5
	4	127	Jimi Braund	Gidea Park	27.2

2	1	139	James Radden	Gidea Park	24.7
	2	142	Arthur Unstead	Basildon AC	25.8
	3	122	Oreofeoluwa Adepegba	Thurrock	25.9
	4	118	Harrison Leek	Colchester	26.1

3	1	115	Sebastian Alexandru	Havering AC	24.7
	2	148	Jonathan Pearson		25.3
	3				
	4				

4	1	155	Zach Granger		27.3
	2	121	Bhramav Rajesh	Colchester	28.1
	3	149	James Brinton-Quinn	Gidea Park	28.5
	4				

2 Lap Race - Boys

Sportshall

U13



Heat	Position	No.	Name	Club / School	Time
1	1	126	Tobi Ekerin	Basildon AC	24.6
	2	125	Thomas Greening	Havering AC	24.9
	3	144	Ethan Deal	Basildon AC	27.8
	4	136	Liam Keevil	Basildon AC	29.7

2	1	135	Samson Wright	Basildon AC	23.6
	2	116	Olamide Odupitan	Braintree	23.8
	3	134	Isaac Wright	Basildon AC	27.1
	4				

3	1	114	Dominic Alexandru	Havering AC	23.5
	2	119	Elija Munashe Browne	Havering AC	24.6
	3				
	4				

U15

1	1	154	Daniel Ogutuga	Thurrock	21.7
	2	131	Michael Okoro	Havering AC	22.1
	3	123	Oreofeoluwa Adepegba	Thurrock	23.4
	4				