

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Chest Push

Shot Putt

Sportshall

Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11G	62	Florence Willett	Basildon				7.00
U11G	38	Faith Bower	Athletics Fund				6.75
U11G	43	Robyn Gabriella Whitehouse	Southend AC				6.25
U11G	29	Esther Adesiyan	Basildon				6.25
U11G	3	Jessica Lunt	Chelmsford AC				6.00
U11G	22	Freya Coley	Chelmsford AC				6.00
U11G	27	Kirby Jennings	Basildon				5.50
U11G	63	Kara Dacosta	Basildon				5.25
U11G	31	Natalie Pepper	Braintree AC				5.00
U11G	18	Mia Barber	Basildon				5.00
U11G	12	Imogen Jones	Basildon				5.00
U11G	24	Grace Curtis	Basildon				4.75
U11G	50	Katie Middleton	Chelmsford AC				4.50
U13G	9	Uche Okpalauko	Havering				7.77
U13G	32	Sophia Bridle	Harlow				7.20
U13G	23	Scarlett Saich-Peet	Basildon				6.99
U13G	42	Sophie Nugent	Basildon				6.49
U13G	13	Maisie Fulker	Chelmsford AC				6.48
U13G	19	Emily Henderson	Colchester				6.18
U13G	44	Polly Parker	Colchester				5.83
U13G	36	Feyi Awosika	Basildon				5.59
U15G	5	Hannah Bardo	Chelmsford AC				8.99
U15G	34	Olivia Mayhew	Chelmsford AC				7.65

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Standing Long Jump



Girls U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	10	Chizara Okocha	Basildon				1.86
U11G	11	Elizabeth Bodal Hansen	Maldon Crt				1.86
U11G	29	Esther Adesiyan	Basildon				1.84
U11G	22	Freya Coley	Chelmsford AC				1.82
U11G	4	Olivia Dougall	Braintree AC				1.80
U11G	18	Mia Barber	Basildon				1.80
U11G	200	Millie Trotter	Benfleet				1.80
U11G	39	Jessica Heath	Benfleet				1.74
U11G	38	Faith Bower	Athletics Fund				1.72
U11G	3	Jessica Lunt	Chelmsford AC				1.64
U11G	46	Emma Thrussell	Benfleet				1.64
U11G	50	Katie Middleton	Chelmsford AC				1.63
U11G	12	Imogen Jones	Basildon				1.60
U11G	49	Florence Robertson	Athletics Fund				1.46
U13G	42	Sophie Nugent	Basildon				

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Standing Long Jump



Girls U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13G	13	Maisie Fulker	Chelmsford AC				2.10
U13G	8	Mabel Cowley	Basildon				2.00
U13G	9	Uche Okpalauko	Havering				1.94
U13G	32	Sophia Bridle	Harlow				1.94
U13G	45	Chloe Trew	Basildon				1.90
U13G	7	Maddie Booty	Thurrock				1.86
U13G	36	Feyi Awosika	Basildon				1.62
U13G	23	Scarlett Saich-Peet	Basildon				1.60
U13G	44	Polly Parker	Colchester				1.60
U13G	47	Lauren Holmes	Basildon				1.50
U15G	21	Millie Upton	Harlow				2.26
U15G	5	Hannah Bardo	Chelmsford AC				2.20
U15G	16	Evelyn Pope	Chelmsford AC				2.04
U15G	25	Ariyanna McGee	Basildon				1.95
U15G	48	Missy Buxton	Colchester				1.74
U15G	34	Olivia Mayhew	Chelmsford AC				1.70

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Standing Triple Jump

Sportshall

Girls U11 / U13

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	29	Esther Adesiyan	Basildon				5.58
U11G	27	Kirby Jennings	Basildon				5.36
U11G	35	Zoe Gregory	Basildon				5.26
U11G	39	Jessica Heath	Benfleet				4.90
U11G	18	Mia Barber	Basildon				4.46
U11G	24	Grace Curtis	Basildon				4.40
U11G	40	Emily Bailey	Athletics Fund				4.22
U11G	49	Florence Robertson	Athletics Fund				4.10
U13G	7	Maddie Booty	Thurrock				5.90
U13G	8	Mabel Cowley	Basildon				5.80
U11G	63	Kara Dacosta	Basildon				4.80
U11G	12	Imogen Jones	Basildon				3.70
U15G	16	Evelyn Pope	Chelmsford AC				6.10
U15G	34	Olivia Mayhew	Chelmsford AC				5.40

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Vertical Jump



Girls U11/U13/U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	38	Faith Bower	Athletics Fund				48
U11G	1	Hollie Martin-Whymark	Colchester				44
U11G	20	Holly Huett	Benfleet				43
U11G	63	Kara Dacosta	Basildon				43
U11G	14	Emmie Fulker	Chelmsford AC				43
U11G	22	Freya Coley	Chelmsford AC				42
U11G	39	Jessica Heath	Benfleet				41
U11G	24	Grace Curtis	Basildon				37
U11G	12	Imogen Jones	Basildon				33
U11G	18	Mia Barber	Basildon				32
U11G	62	Florence Willett	Basildon				31
U11G	31	Natalie Pepper	Braintree AC				28
U11G	30	Emily McGill	Colchester				27
U13G	9	Uche Okpalauko	Havering				63
U13G	13	Maisie Fulker	Chelmsford AC				54
U13G	7	Maddie Booty	Thurrock				50
U13G	42	Sophie Nugent	Basildon				49
U13G	19	Emily Henderson	Colchester				41
U13G	23	Scarlett Saich-Peet	Basildon				41
U13G	36	Feyi Awosika	Basildon				40
U13G	44	Polly Parker	Colchester				32
U15G	5	Hannah Bardo	Chelmsford AC				60
U15G	21	Millie Upton	Harlow				53
U15G	25	Ariyanna McGee	Basildon				50
U15G	16	Evelyn Pope	Chelmsford AC				49
U15G	48	Missy Buxton	Colchester				39

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Hi Stepper

Sportshall

Girls U11

	No.	Name	Club/School	Trial
				1
U11G	10	Chizara Okocha	Basildon	13.6
U11G	35	Zoe Gregory	Basildon	14.2
U11G	63	Kara Dacosta	Basildon	14.5
U11G	18	Mia Barber	Basildon	15.3
U11G	62	Florence Willett	Basildon	15.4
U11G	29	Esther Adesiyan	Basildon	16.9
U11G	12	Imogen Jones	Basildon	17.6

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Target Throw



Girls U11

	No.	Name	Club/School	Total Points
U11G	62	Florence Willett	Basildon	17
U11G	4	Olivia Dougall	Braintree AC	15
U11G	63	Kara Dacosta	Basildon	10
U11G	12	Imogen Jones	Basildon	9
U11G	18	Mia Barber	Basildon	8
U11G	24	Grace Curtis	Basildon	7

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Speed Bounce

Sportshall

Girls U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11G	27	Kirby Jennings	Basildon	54
U11G	14	Emmie Fulker	Chelmsford AC	53
U11G	20	Holly Huett	Benfleet	52
U11G	63	Kara Dacosta	Basildon	50
U11G	10	Chizara Okocha	Basildon	50
U11G	1	Hollie Martin-Whymark	Colchester	48
U11G	200	Millie Trotter	Benfleet	48
U11G	18	Mia Barber	Basildon	46
U11G	38	Faith Bower	Athletics Fund	46
U11G	11	Elizabeth Bodal Hansen	Maldon Crt	45
U11G	39	Jessica Heath	Benfleet	45
U11G	46	Emma Thrussell	Benfleet	44
U11G	3	Jessica Lunt	Chelmsford AC	43
U11G	29	Esther Adesiyan	Basildon	41
U11G	49	Florence Robertson	Athletics Fund	41
U11G	12	Imogen Jones	Basildon	40
U11G	40	Emily Bailey	Athletics Fund	38
U11G	30	Emily McGill	Colchester	31

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13G	8	Mabel Cowley	Basildon	79
U13G	47	Lauren Holmes	Basildon	76
U13G	45	Chloe Trew	Basildon	70
U13G	26	Ella Whitfield	Basildon	66
U15G	25	Ariyanna McGee	Basildon	79
U15G	21	Millie Upton	Harlow	75
U15G	5	Hannah Bardo	Chelmsford AC	71
U15G	60	Evelin Pope	Chelmsford AC	66
U15G	48	Missy Buxton	Colchester	63
U15G	34	Olivia Mayhew	Chelmsford AC	50

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Soft Javelin

Sportshall

Girls U11

	No.	Name	Club/School	Trial	Trial	Trial
				1	2	3
U11G	38	Faith Bower	Athletics Fund			13
U11G	27	Kirby Jennings	Basildon			13
U11G	29	Esther Adesiyar	Basildon			12
U11G	63	Kara Dacosta	Basildon			11
U11G	18	Mia Barber	Basildon			10
U11G	39	Jessica Heath	Benfleet			9
U11G	12	Imogen Jones	Basildon			9
U11G	24	Grace Curtis	Basildon			9

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Chest Push

Shot Putt


Boys U11 (1kg)
Boys U13- 3.25kg / U15 - 4kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW							
U11B	123	Oreanoluwa Adepegba	0				7.75
U11B	137	Oliver Fisher	Basildon				7.00
U11B	120	Arthur Unstead	Basildon				6.25
U11B	110	Harry Bohannan	Basildon				6.00
U11B	126	Harry McGee	Basildon				5.75
U13B	101	Thomas Bullard	Basildon				9.75
U13B	114	Samson Wright	Basildon				6.80
U13B	131	Liam Keevil	Basildon				5.50
U13B	107	Dominic Alexandru	Havering				5.25
U15B	124	Oreofeoluwa Adepegba	0				10.20
U15B	132	Jakub Kowalski	Thurrock				7.20

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Standing Long Jump



Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	136	Adam Bakler-Kugler	Basildon				2.00
U11B	117	Daniel Headley	Athletics Fund				2.00
U11B	113	Ayomiposi Odupitan	Braintree AC				1.92
U11B	138	Samuel Bernard	Thurrock				1.90
U11B	108	Sebastian Alexandru	Campion Sch				1.82
U11B	110	Harry Bohannan	Basildon				1.82
U11B	120	Arthur Unstead	Basildon				1.82
U11B	133	Harrison Leek	Colchester				1.70
U11B	129	Jimi Braund	Gidea Park				1.62
U11B	118	Bobby Williams	Basildon				1.60
U11B	135	Kyle Denton	Southend AC				1.60
U11B	125	Owen Wright	Basildon				1.54

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Standing Long Jump

Sportshall

Boys U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13B	107	Dominic Alexandru	Havering				2.20
U13B	112	Olamide Odupitan	Braintree AC				2.16
U13B	115	Isaac Wright	Basildon				1.98
U13B	121	Alex Rawle	Havering				1.76
U13B	102	Alastair Moscuza	Braintree AC				1.70
U13B	131	Liam Keevil	Basildon				1.44
U15B	132	Jakub Kowalski	Thurrock				2.40
U15B	116	Somto Okpalauko	Havering				2.36
U15B	124	Oreofeoluwa Adepegba	0				2.26

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Standing Triple Jump

Sportshall

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	104	Teddy Matthews	Havering				5.60
U11B	111	James Radden	Gidea Park				5.50
U11B	105	Zach Grainger	Heathcote Sch				5.46
U11B	110	Harry Bohannan	Basildon				5.40
U11B	109	Dylan Robins	Braintree AC				5.24
U11B	120	Arthur Unstead	Basildon				4.94
U11B	130	James Brinton-Quinn	Gidea Park				4.30
U13B	106	Kai Anderson-Whittington	Southend AC				7.10
U13B	114	Samson Wright	Basildon				6.80
U13B	121	Alex Rawle	Havering				5.80
U13B	101	Thomas Bullard	Basildon				5.30
U13B	131	Liam Keevil	Basildon				5.00
U13B	119	Elijah Munashe Browne	Havering				4.76
U15B	132	Jakub Kowalski	Thurrock				7.10

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Vertical Jump

Sportshall

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	138	Samuel Bernard	Thurrock				49
U11B	120	Arthur Unstead	Basildon				43
U11B	113	Ayomiposi Odupitan	Braintree AC				42
U11B	125	Owen Wright	Basildon				42
U11B	137	Oliver Fisher	Basildon				39
U11B	136	Adam Bakler-Kugler	Basildon				39
U11B	104	Teddy Matthews	Havering				38
U11B	126	Harry McGee	Basildon				36
U11B	123	Oreanoluwa Adepegba	0				36
U11B	111	James Radden	Gidea Park				36
U11B	130	James Brinton-Quinn	Gidea Park				26
U13B	102	Alastair Moscuzza	Braintree AC				59
U13B	114	Samson Wright	Basildon				55
U13B	112	Olamide Odupitan	Braintree AC				52
U13B	107	Dominic Alexandru	Havering				49
U13B	115	Isaac Wright	Basildon				47
U13B	134	Noel Moore	Cooper Cob				45
U13B	101	Thomas Bullard	Basildon				45
U13B	121	Alex Rawle	Havering				42
U15B	116	Somto Okpalauko	Havering				67

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Hi Stepper

Sportshall

Boys U11

	No.	Name	Club/School	Trial
				1
U11B	111	James Radden	Gidea Park	13.1
U11B	125	Owen Wright	Basildon	13.7
U11B	136	Adam Bakler-Kugler	Basildon	14.0
U11B	120	Arthur Unstead	Basildon	14.4
U11B	130	James Brinton-Quinn	Gidea Park	14.8
U11B	129	Jimi Braund	Gidea Park	14.8



EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Target Throw



Boys U11

	No.	Name	Club/School	Total Points
U11B	125	Owen Wright	Basildon	13
U11B	109	Dylan Robins	Braintree AC	13
U11B	118	Bobby Williams	Basildon	9
U11B	117	Daniel Headley	Athletics Fund	6



EAN - SPORTSHALL COMPETITION
Chelmsford, Saturday 2nd December 2017

Speed Bounce



Boys U11 (20 secs)

		No.	Name	Club/School	Trial
					1
U11B		104	Teddy Matthews	Havering	61
U11B		111	James Radden	Gidea Park	54
U11B		125	Owen Wright	Basildon	53
U11B		133	Harrison Leek	Colchester	47

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Speed Bounce

Sportshall

Boys U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13B	106	Kai Anderson-Whittington	Southend AC	74
U13B	134	Noel Moore	Cooper Cob	68
U13B	119	Elijah Munashe Browne	Havering	66
U13B	102	Alastair Moscuza	Braintree AC	66
U13B	115	Isaac Wright	Basildon	65
U13B	112	Olamide Odupitan	Braintree AC	64
U13B	121	Alex Rawle	Havering	63
U15B	116	Somto Okpalauko	Havering	73
U15B	132	Jakub Kowalski	Thurrock	70
U15B	124	Oreofeoluwa Adepegba	0	61

EAN - SPORTSHALL COMPETITION

Chelmsford, Saturday 2nd December 2017

Soft Javelin

Sportshall

Boys U11

	No.	Name	Club/School	Trial	Trial	Trial
				1	2	3
U11B	138	Samuel Bernard	Thurrock			17
U11B	104	Teddy Matthews	Havering			17
U11B	118	Bobby Williams	Basildon			16
U11B	137	Oliver Fisher	Basildon			16
U11B	109	Dylan Robins	Braintree AC			16
U11B	135	Kyle Denton	Southend AC			15
U11B	125	Owen Wright	Basildon			15
U11B	108	Sebastian Alexandru	Campion Sch			14
U11B	126	Harry McGee	Basildon			14
U11B	133	Harrison Leek	Colchester			13
U11B	120	Arthur Unstead	Basildon			13
U11B	123	Oreanoluwa Adepegba	0			13
U11B	105	Zach Grainger	Heathcote Sch			10