

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Chest Push

### Shot Putt



Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		<b>CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW</b>					
U11G	3	Alicia Fairmaner	Chelmsford	6.25	6.56	7.00	7.00
U11G	31	Sloane Nicholas	Basildon	6.50	6.25	6.00	6.50
U11G	30	Sienna Shipton	Athletics Fund	5.75	6.25	6.25	6.25
U11G	14	Isobel Pickard	Basildon	5.75	5.50	5.38	5.75
U11G	16	Jessica Heath	Benfleet	5.25	5.75	5.25	5.75
U11G	4	Amelie Taylor	Colchester Hrs	5.25	5.75	5.50	5.75
U11G	13	Imogen Pettitt	Athletics Fund	5.57	5.25		5.57
U11G	27	Olivia Good	Basildon		5.50	5.00	5.50
U11G	17	Jessica Lunt	Moulsham Jnr	4.50	5.00	5.00	5.00
		<b>LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW</b>					
U13G	40	Daniella Oladele	Thurrock	8.71	8.86	8.86	8.86
U13G	61	Ogechukwu Nekwe	Thurrock	7.71	8.20	8.43	8.43
U13G	23	Maisie Fulker	Chelmsford	6.22	6.20	7.20	7.20
U13G	32	Sophia Bridle	Harlow	7.03	6.40		7.03
U13G	18	Jodie Self	Thurrock	6.76	6.23	5.97	6.76
U13G	35	Zoe Gregory	Basildon	5.16	5.77	5.36	5.77
U13G	62	Grace Curtis	Basildon	3.70	5.34	4.84	5.34
U13G	19	Kirby Jennings	Basildon	4.85	4.70	5.32	5.32
U15G	5	Ariyanna McGee	Basildon	7.23	6.18	6.23	7.23
U15G	55	Maddie Booty	Thurrock	5.36	6.22	6.03	6.22
U15G	33	Sophie Nugent	Basildon	6.21	5.90	6.08	6.21
U15G	24	Megan Taylor	Colchester Hrs	5.34	5.32	5.44	5.44

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Standing Long Jump



#### Girls U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	16	Jessica Heath	Benfleet	1.93	1.92	2.02	2.02
U11G	4	Amelie Taylor	Colchester Hrs	1.89	2	2	2.00
U11G	2	Alice Coshell	Thurrock	1.93	1.94		1.94
U11G	26	Millie Trotter	Benfleet	1.92	1.92	1.82	1.92
U11G	14	Isobel Pickard	Basildon	1.88	1.84	1.85	1.88
U11G	31	Sloane Nicholas	Basildon	1.76	1.71	1.74	1.76
U11G	21	Layla Wing	Basildon	1.69	1.76	1.68	1.76
U11G	45	Lizzy Oliver	Chelmsford	1.62	1.58	1.72	1.72
U11G	41	Dasia Oladele	Thurrock	1.57	1.67	1.69	1.69
U11G	15	Jessica Fookes	Braintree	1.58	1.62	1.67	1.67
U11G	29	Scarlet Robinson	Basildon	1.6	1.64	1.59	1.64
U11G	25	Mia Barber	Basildon	1.58	1.61	1.58	1.61
U11G	56	Mille Preston	Basildon	1.59	1.57	1.56	1.59
U11G	22	Lucy Bulman	Moulsham Jnr	1.54	1.47	1.57	1.57
U11G	54	Kiah Lawson	Basildon	1.42	1.14	1.53	1.53
U11G	1	Abigail White	Athletics Fund	1.46	1.5	1.4	1.50

### Standing Long Jump



#### Girls U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13G	23	Maisie Fulker	Chelmsford	2.15	2.15	2.18	2.18
U13G	61	Ogechukwu Nekwe	Thurrock	2.09	2.14	2.07	2.14
U13G	32	Sophia Bridle	Harlow	2.1	2.11	2.05	2.11
U13G	36	Mabel Cowley	Basildon	1.98	2.01	2.09	2.09
U13G	28	Phoebe Allen	Basildon	1.99	1.99	2.07	2.07
U13G	18	Jodie Self	Thurrock	1.94	1.96	1.98	1.98
U13G	40	Daniella Oladele	Thurrock	1.82	1.8	1.84	1.84
U13G	20	Lauren Holmes	Basildon	1.58	1.57	1.64	1.64
U13G	12	Imogen Jones	Basildon	1.55	1.44	1.42	1.55
U15G	64	Millie Upton	Harlow	2.16	2.19	2.22	2.22
U15G	24	Megan Taylor	Colchester Hrs	1.99	1.96	1.98	1.99
U15G	9	Feyi Awosika	Basildon	1.72	1.68	1.72	1.72

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Standing Triple Jump



Girls U11 / U13

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	16	Jessica Heath	Benfleet	5.58	5.62	5.64	5.64
U11G	17	Jessica Lunt	Moulsham Jnr	5.3	5.5	5.4	5.50
U11G	7	Emily Bailey	Athletics Fund	5.26	5.45	5.46	5.46
U11G	10	Florence Clark	Colchester Hrs	5.08	5.24	5.38	5.38
U11G	31	Sloane Nicholas	Basildon	5.3	5.1	5	5.30
U11G	13	Imogen Pettitt	Athletics Fund	5.3	5.1	4.84	5.30
U11G	27	Olivia Good	Basildon	5.1	4.6	5.12	5.12
U11G	25	Mia Barber	Basildon	4.48	4.62	4.7	4.70
U11G	30	Sienna Shipton	Athletics Fund	4.5	4.15	4.58	4.58
U11G	54	Kiah Lawson	Basildon	4	4.15	4.29	4.29
U13G	6	Elise Jennings	Basildon	6.6	6.18	6.32	6.60
U13G	32	Sophia Bridle	Harlow	6.02	6.1	6.24	6.24
U13G	61	Ogechukwu Nekwe	Thurrock	5.6	6.1	6.15	6.15
U13G	36	Mabel Cowley	Basildon	5.65	5.76	5.88	5.88
U13G	18	Jodie Self	Thurrock	5.86	5.52	5.7	5.86
U13G	35	Zoe Gregory	Basildon	5.42	5.4	5.66	5.66
U13G	19	Kirby Jennings	Basildon	5.5	5.64	5.64	5.64
U15G	64	Millie Upton	Harlow	5.36	5.52	5.6	5.60
U13G	11	Holly Huett	Benfleet	5.44	5.16	5.4	5.44
U13G	62	Grace Curtis	Basildon	4.6	5.2		5.20
U13G	58	Brianna Ofori	Basildon	4.76			4.76

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Vertical Jump



Girls U11/U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	4	Amelie Taylor	Colchester Hrs	52	52	51	52
U11G	14	Isobel Pickard	Basildon	45	48	45	48
U11G	10	Florence Clark	Colchester Hrs	45	39	40	45
U11G	8	Emmie Fulker	Chelmsford	38	36	39	39
U11G	7	Emily Bailey	Athletics Fund	37	36	34	37
U13G	37	Grace Stokes	Basildon	35	35	37	37
U11G	41	Dasia Oladele	Thurrock	36	32	33	36
U11G	45	Lizzy Oliver	Chelmsford	34	36	32	36
U11G	21	Layla Wing	Basildon	34	35	35	35
U11G	22	Lucy Bulman	Moulsham Jnr	34	32	32	34
U13G	23	Maisie Fulker	Chelmsford	50	47	51	51
U13G	40	Daniella Oladele	Thurrock	43	44	50	50
U13G	6	Elise Jennings	Basildon	46	47	47	47
U13G	58	Brianna Ofori	Basildon	39	40	41	41
U13G	19	Kirby Jennings	Basildon	38	39	40	40
U13G	12	Imogen Jones	Basildon	26	32	30	32
U15G	64	Millie Upton	Harlow	54	53	56	56
U15G	24	Megan Taylor	Colchester Hrs	50	50	53	53
U15G	5	Ariyanna McGee	Basildon	47	52	50	52
U15G	55	Maddie Booty	Thurrock	50	47	48	50
U15G	33	Sophie Nugent	Basildon	41	42	43	43
U15G	9	Feyi Awosika	Basildon	35	32	34	35

### Hi Stepper



Girls U11

	No.	Name	Club/School	Trial
				1
U11G	8	Emmie Fulker	Chelmsford	13.7
U13G	57	Kara Dacosta	Basildon	14.2
U11G	25	Mia Barber	Basildon	15.4
U11G	7	Emily Bailey	Athletics Fund	15.8

### Target Throw



Girls U11

	No.	Name	Club/School	Total
				Points
U11G	25	Mia Barber	Basildon	16
U11G	31	Sloane Nicholas	Basildon	15
U11G	22	Lucy Bulman	Moulsham Jnr	14
U11G	10	Florence Clark	Colchester Hrs	13

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Speed Bounce



Girls U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11G	8	Emmie Fulker	Chelmsford	54
U11G	3	Alicia Fairmaner	Chelmsford	51
U11G	2	Alice Coshell	Thurrock	51
U11G	17	Jessica Lunt	Moulsham Jnr	50
U11G	25	Mia Barber	Basildon	46
U11G	1	Abigail White	Athletics Fund	45
U11G	29	Scarlet Robinson	Basildon	45
U11G	27	Olivia Good	Basildon	44
U11G	21	Layla Wing	Basildon	44
U11G	26	Millie Trotter	Benfleet	43
U11G	13	Imogen Pettitt	Athletics Fund	43
U11G	56	Mille Preston	Basildon	42
U13G	37	Grace Stokes	Basildon	39

### Speed Bounce



Girls U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13G	36	Mabel Cowley	Basildon	78
U13G	57	Kara Dacosta	Basildon	77
U13G	28	Phoebe Allen	Basildon	76
U13G	6	Elise Jennings	Basildon	75
U13G	20	Lauren Holmes	Basildon	72
U13G	11	Holly Huett	Benfleet	70
U13G	58	Brianna Ofori	Basildon	68
U13G	12	Imogen Jones	Basildon	60
U13G	34	Tearna-Leigh Shirley-Caroo	Basildon	
U15G	5	Ariyanna McGee	Basildon	80
U15G	64	Millie Upton	Harlow	73



# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Soft Javelin

### Sportshall

Girls U11

	No.	Name	Club/School	Trial 1
U11G	30	Sienna Shipton	Athletics Fund	15.00
U11G	14	Isobel Pickard	Basildon	11.70
U11G	31	Sloane Nicholas	Basildon	10.50
U11G	7	Emily Bailey	Athletics Fund	9.70
U11G	17	Jessica Lunt	Moulsham Jnr	9.50
U11G	56	Mille Preston	Basildon	9.35
U11G	10	Florence Clark	Colchester Hrs	9.20
U11G	13	Imogen Pettitt	Athletics Fund	9.00
U11G	27	Olivia Good	Basildon	8.90
U11G	4	Amelie Taylor	Colchester Hrs	8.90
U11G	16	Jessica Heath	Benfleet	8.80



Essex  
Athletics Network

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Chest Push

### Shot Putt

### Sportshall

Boys U11 (1kg)

Boys U13- 3.25kg / U15 - 4kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		<b>CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW</b>					
U11B	125	Oliver Fisher	Basildon	7.25	7.75	7.50	7.75
U11B	101	Aiden Coleman	Benfleet	7.00	7.75	7.00	7.75
U11B	113	Harry McGee	Basildon	5.75	5.50	6.00	6.00
U11B	136	Oluw.. Olaniyan (Fola)	Dilkes		5.50		5.50
U11B	117	James Brinton-Quinn	Havering	4.75	5.50	4.50	5.50
U11B	138	Ameer Akande	Thurrock	4.25	4.75	5.5	5.50
U11B	120	Kieran Bragg	Athletics Fund	5.00	5.00		5.00
U11B	133	Taylor Dixon	Benhurst	4.75	4.75	4.75	4.75
		<b>LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW</b>					
U13B	144	Abdulrahman Akande	Thurrock	9.53		9.81	9.81
U13B	122	Liam Keevil	Basildon	7.24	7.88	6.90	7.88
U13B	126	Oreanuoluwa Adepegba	Thurrock	7.01	7.02	7.23	7.23
U13B	123	Maison Carpenter-Prout	Thurrock	6.99	6.63	7.22	7.22
U13B	129	Samson Onilogbo	Basildon	6.24	6.25	6.78	6.78
U13B	106	Benedict Heath	Benfleet	6.31	6.51	6.62	6.62
U13B	142	Lewis Dixon	Havering	6.14			6.14
U13B	130	Samuel Bernard	Thurrock	5.08	5.52	4.98	5.52
U15B	127	Oreofeoluwa Adepegba	Thurrock	11.18	10.51	10.24	11.18
U15B	143	Hassan Akande	Thurrock	10.23	10.11	9.96	10.23
U15B	107	Bryan Bernard	Thurrock	9.48	9.34	9.78	9.78
U15B	137	Jakub Kowalski	Thurrock	8.38	8.66	8.87	8.87

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Standing Long Jump



#### Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	118	Jimi Aderin	Basildon	1.83	2	1.94	2.00
U11B	121	Lee Boka	Basildon	1.77	1.74	1.79	1.79
U11B	132	Samuel Keen	Basildon	1.74	1.77	1.74	1.77
U11B	111	Findlay McLaren	Scott Primary	1.76	1.66	1.43	1.76
U11B	110	Ellis Cross	Basildon	1.73	1.72	1.66	1.73
U11B	112	Freddie Rowe	Engayne	1.72	1.68	1.7	1.72
U11B	101	Aiden Coleman	Benfleet	1.6	1.6	1.69	1.69
U11B	120	Kieran Bragg	Athletics Fund	1.6	1.57	1.51	1.60
U11B	136	Oluw.. Olaniyan (Fola)	Dilkes	1.55	1.58	1.48	1.58
U11B	138	Ameer Akande	Thurrock	1.56	1.57	1.49	1.57

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Standing Long Jump



#### Boys U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13B	104	Ayomiposi Odupitan	Braintree	2.02	2.15	2.22	2.22
U13B	144	Abdulrahman Akande	Thurrock	2.08	2.15	2.14	2.15
U13B	114	Harvey Pettitt	Athletics Fund	2.07	2.14	2.08	2.14
U13B	134	Tobi Ekerin	Basildon	2.03	2.09	2.04	2.09
U13B	146	Reece Malcom	Havering	2.08	2		2.08
U13B	115	Jack Warren	Thurrock	2.03	1.74	1.9	2.03
U13B	129	Samson Onilogbo	Basildon	2	1.98	1.93	2.00
U13B	119	Joshua Clarke	Basildon	1.93	1.96	1.97	1.97
U13B	106	Benedict Heath	Benfleet	1.79	1.94		1.94
U13B	103	Arthur Unstead	Basildon	1.82	1.79	1.78	1.82
U13B	130	Samuel Bernard	Thurrock	1.82	1.64	1.82	1.82
U13B	126	Oreanuoluwa Adepegba	Thurrock	1.73	1.68	1.77	1.77
U13B	105	Ben Eden	Sweyne Park	1.54	1.44	1.58	1.58
U15B	107	Bryan Bernard	Thurrock	2.56	2.4	2.38	2.56
U15B	137	Jakub Kowalski	Thurrock	2.42	2.18	2.45	2.45
U15B	127	Oreofeoluwa Adepegba	Thurrock	2.38	2.42	2.36	2.42
U15B	143	Hassan Akande	Thurrock	2.23	2.35	2.37	2.37
U15B	124	Olamide Odupitan	Braintree	2.25	2.3	2.36	2.36
U15B	116	Jake Hume	Basildon	1.96	1.96	1.99	1.99

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Standing Triple Jump

**Sportshall**

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	108	Daniel Headley	Athletics Fund	5.88	6	5.93	6.00
U11B	118	Jimi Aderin	Basildon	4.86	5.42	5.62	5.62
U11B	131	Samuel Burdett	Whybridge Jnr	5.26	4.81	5.26	5.26
U11B	109	Dylan Robins	Chelmsford	5.08	5.18	5.12	5.18
U11B	140	Jimi Braund	Gidea Park	5.02	4.98	4.99	5.02
U11B	112	Freddie Rowe	Engayne	4.82	4.78	4.8	4.82
U11B	117	James Brinton-Quinn	Havering	4.41	4.51	4.61	4.61
U15B	127	Oreofeoluwa Adepegba	Thurrock	7.46	7.96	7.8	7.96
U13B	146	Reece Malcom	Havering	5.9	6.01	6.11	6.11
U13B	103	Arthur Unstead	Basildon	5.49	5.9	5.36	5.90
U13B	123	Maison Carpenter-Prout	Thurrock	5.56	5.79	5.88	5.88
U13B	126	Oreanuoluwa Adepegba	Thurrock	5.86	5.61	5.82	5.86
U13B	130	Samuel Bernard	Thurrock	5.5	5.47	5.86	5.86
U13B	115	Jack Warren	Thurrock	5.31	5.43	5.25	5.43
U13B	142	Lewis Dixon	Havering		5.42	5.12	5.42
U13B	122	Liam Keevil	Basildon	4.58	4.5	4.65	4.65
U15B	107	Bryan Bernard	Thurrock	7.28	7.82	7.55	7.82
U15B	137	Jakub Kowalski	Thurrock	7.6	7.59		7.60
U15B	143	Hassan Akande	Thurrock	6.81	7.2	7.3	7.30
U15B	116	Jake Hume	Basildon	6.39	6.32	6.3	6.39

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Vertical Jump

Sportshall

**Boys U11 / U13 / U15**

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	125	Oliver Fisher	Basildon	41	41	36	41
U11B	113	Harry McGee	Basildon	34	37	33	37
U11B	120	Kieran Bragg	Athletics Fund	36	34	32	36
U11B	138	Ameer Akande	Thurrock	34	34	33	34
U11B	133	Taylor Dixon	Benhurst	26	28	27	28
U15B	127	Oreofeoluwa Adepegba	Thurrock	59	60	62	62
U13B	144	Abdulrahman Akande	Thurrock	50	50	52	52
U13B	102	Alastair Moscuza	Braintree	46	47	49	49
U13B	130	Samuel Bernard	Thurrock	46	47	49	49
U13B	103	Arthur Unstead	Basildon	43	44	46	46
U13B	114	Harvey Pettitt	Athletics Fund	42	43	43	43
U13B	119	Joshua Clarke	Basildon	38	39	43	43
U13B	142	Lewis Dixon	Havering	43	42	42	43
U13B	126	Oreanuoluwa Adepegba	Thurrock	42	39	38	42
U13B	104	Ayomiposi Odupitan	Braintree	38	41	42	42
U13B	123	Maison Carpenter-Prout	Thurrock	37	37	35	37
U13B	122	Liam Keevil	Basildon	33	33	32	33
U15B	143	Hassan Akande	Thurrock	63	61	64	64
U15B	107	Bryan Bernard	Thurrock	62	59	61	62
U15B	124	Olamide Odupitan	Braintree	50	47	51	51

### Hi Stepper



Boys U11

	No.	Name	Club/School	Trial
				1
U11B	108	Daniel Headley	Athletics Fund	12.1
U11B	112	Freddie Rowe	Engayne	12.9
U11B	117	James Brinton-Quinn	Havering	13.3

### Target Throw



Boys U11

	No.	Name	Club/School	Total
				Points
U11B	125	Oliver Fisher	Basildon	18
U11B	111	Findlay McLaren	Scott Primary	13
U11B	109	Dylan Robins	Chelmsford	13
U11B	110	Ellis Cross	Basildon	10

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Speed Bounce

### Sportshall

Boys U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11B	109	Dylan Robins	Chelmsford	52
U11B	111	Findlay McLaren	Scott Primary	50
U11B	110	Ellis Cross	Basildon	50
U11B	125	Oliver Fisher	Basildon	50
U11B	140	Jimi Braund	Gidea Park	49
U11B	132	Samuel Keen	Basildon	48
U11B	121	Lee Boka	Basildon	43



# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Speed Bounce



**Boys U13 / U15 (30 secs)**

	No.	Name	Club/School	Trial
				1
U13B	146	Reece Malcom	Havering	80
U13B	106	Benedict Heath	Benfleet	72
U13B	102	Alastair Moscuza	Braintree	71
U13B	115	Jack Warren	Thurrock	68
U13B	119	Joshua Clarke	Basildon	67
U13B	114	Harvey Pettitt	Athletics Fund	66
U13B	105	Ben Eden	Sweyne Park	59
U15B	124	Olamide Odupitan	Braintree	72

# EAN - SPORTSHALL COMPETITION

## Chelmsford, Saturday 1st December 2018

v.2

### Soft Javelin

### Sportshall

Boys U11

	No.	Name	Club/School	Trial
				1
U11B	131	Samuel Burdett	Whybridge Jnr	19.00
U11B	108	Daniel Headley	Athletics Fund	15.90
U11B	109	Dylan Robins	Chelmsford	11.30
U11B	111	Findlay McLaren	Scott Primary	10.90