

Competition Results

Competition:
East Regional Final 2019 Under 15 Boys

Venue:
Sportspark, UEA, Norwich

Date
9 Feb 2019

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	682	542	70	70
2	Essex	630	520	50	60
3	Suffolk	595	485	60	50
4	Cambridgeshire	491	411	40	40

Athlete Results

Competition:

East Regional Final 2019 Under 15 Boys

Venue:

Sportspark, UEA, Norwich

Date

9 Feb 2019

Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	STJ	VJ
1	60	Oreo Adepegba	Essex	150	50		50			50	
2	67	Conrad Winter	Norfolk	140		48	44			48	
3	64	Michael Langley	Norfolk	137	43			46	48		
4	66	Liam Clare	Norfolk	134	47			41	46		
5	63	Hassan Akande	Essex	132		40	46				46
6	69	Jake Hart	Norfolk	131		46		49			36
7	52	Caleb Des-Ruisseux	Cambridgeshire	128		50	38				40
8	76	Peter Lowther	Suffolk	125		43		44			38
9=	71	Sheen Jayaweera	Suffolk	123	47		32		44		
9=	74	Vaughan Beckham	Suffolk	123		30		49			44
11=	61	Btyan Bernard	Essex	120	36		42				42
11=	65	Jack Hamment	Norfolk	120	40		40		40		
13	59	Orhan Corek	Essex	118		38		38	42		
14	57	Jakub Kowalski	Essex	115		35		30	50		
15	72	Zayvion Rankin	Suffolk	114	43		34		37		
16	68	Luke Watker	Norfolk	113		43	36				34
17	75	Tom Sprugen	Suffolk	105		32		41			32
18	62	Olamide Odupitan	Essex	103	34			32	37		
19	73	Jay Collett	Suffolk	102	38		30		34		
20	53	Thomas Ward	Cambridgeshire	101		35		36			30
21	55	Gethin Rogers	Cambridgeshire	92	32			28	32		
22	54	Alex Sanchez-Comino	Cambridgeshire	90		28		34			28
23	50	Ethan Nottle	Cambridgeshire	88	30		28		30		
24	51	Billy White	Cambridgeshire	48			48				
25	56	Harry Clarke	Cambridgeshire	28					28		
26=	70	Kieran Bell	Norfolk	0							
26=	77	Nathan Littlejohns	Suffolk	0							

Team Results

Suffolk (maroon)

Competition:

East Regional Final 2019 Under 15 Boys

Venue:

Sportspark, UEA, Norwich

Date

9 Feb 2019

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	682	542	70	70
2	Essex	630	520	50	60
3	Suffolk	595	485	60	50
4	Cambridgeshire	491	411	40	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
71	Sheen Jayaweera	2LR	23.7				23.7	2=	47
71	Sheen Jayaweera	S	0.00	8.37	7.70		8.37	10	32
71	Sheen Jayaweera	SLJ	2.30	2.37	2.31		2.37	4	44
72	Zayvion Rankin	2LR	23.8				23.8	4=	43
72	Zayvion Rankin	S	8.92	8.25	8.74		8.92	9	34
72	Zayvion Rankin	SLJ	2.13	2.23	2.25		2.25	7=	37
73	Jay Collett	2LR	24.5				24.5	7	38
73	Jay Collett	S	7.20	7.79	7.08		7.79	11	30
73	Jay Collett	SLJ	2.11	2.15	2.18		2.18	9	34
74	Vaughan Beckham	4LR	54.5				54.5	11	30
74	Vaughan Beckham	SB	87				87	1=	49
74	Vaughan Beckham	STJ	7.03	6.97	7.20		7.20	4	44
75	Tom Sprugen	4LR	53.5				53.5	10	32
75	Tom Sprugen	SB	79				79	5=	41
75	Tom Sprugen	STJ	0.00	0.00	6.28		6.28	10	32
76	Peter Lowther	4LR	51.3				51.3	4=	43
76	Peter Lowther	SB	81				81	4	44
76	Peter Lowther	STJ	6.64	6.67	6.86		6.86	7	38
77	Nathan Littlejohns	SB	80				80		

Team Results

Norfolk (purple)

Competition:

East Regional Final 2019 Under 15 Boys

Venue:

Sportspark, UEA, Norwich

Date

9 Feb 2019

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	682	542	70	70
2	Essex	630	520	50	60
3	Suffolk	595	485	60	50
4	Cambridgeshire	491	411	40	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
64	Michael Langley	2LR	23.8				23.8	4=	43
64	Michael Langley	SB	83				83	3	46
64	Michael Langley	SLJ	2.31	2.32	2.43		2.43	2	48
65	Jack Hamment	2LR	23.9				23.9	6	40
65	Jack Hamment	S	8.93	9.15	8.89		9.15	6	40
65	Jack Hamment	SLJ	2.12	1.93	2.31		2.31	6	40
66	Liam Clare	2LR	23.7				23.7	2=	47
66	Liam Clare	SB	79				79	5=	41
66	Liam Clare	SLJ	2.20	2.26	2.39		2.39	3	46
67	Conrad Winter	4LR	50.8				50.8	2	48
67	Conrad Winter	S	9.94	9.79	0.00		9.94	4	44
67	Conrad Winter	STJ	7.55	7.55	0.00		7.55	2	48
68	Luke Watker	4LR	51.3				51.3	4=	43
68	Luke Watker	S	8.98	8.65	8.77		8.98	8	36
68	Luke Watker	STJ	6.33	6.39	6.20		6.39	9	34
69	Jake Hart	4LR	50.9				50.9	3	46
69	Jake Hart	SB	87				87	1=	49
69	Jake Hart	STJ	6.48	6.71	6.63		6.71	8	36

Team Results

Essex (red)

Competition:

East Regional Final 2019 Under 15 Boys

Venue:

Sportspark, UEA, Norwich

Date

9 Feb 2019

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	682	542	70	70
2	Essex	630	520	50	60
3	Suffolk	595	485	60	50
4	Cambridgeshire	491	411	40	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
57	Jakub Kowalski	4LR	51.8				51.8	8=	35
57	Jakub Kowalski	SB	59				59	11	30
57	Jakub Kowalski	SLJ	2.42	2.39	2.45		2.45	1	50
59	Orhan Corek	4LR	51.7				51.7	7	38
59	Orhan Corek	SB	73				73	7	38
59	Orhan Corek	SLJ	2.25	2.31	2.33		2.33	5	42
60	Oreo Adepegba	2LR	22.7				22.7	1	50
60	Oreo Adepegba	S	12.35	11.45	11.68		12.35	1	50
60	Oreo Adepegba	STJ	8.07	7.95	7.85		8.07	1	50
61	Btyan Bernard	2LR	24.6				24.6	8	36
61	Btyan Bernard	S	8.51	9.87	8.27		9.87	5	42
61	Btyan Bernard	STJ	7.10	0.00	7.19		7.19	5	42
62	Olamide Odupitan	2LR	25.1				25.1	9	34
62	Olamide Odupitan	SB	65				65	10	32
62	Olamide Odupitan	SLJ	2.12	2.25	2.23		2.25	7=	37
63	Hassan Akande	4LR	51.5				51.5	6	40
63	Hassan Akande	S	10.20	11.04	10.33		11.04	3	46
63	Hassan Akande	STJ	0.00	7.33	7.34		7.34	3	46

Team Results

Cambridgeshire (sky)

Competition:

East Regional Final 2019 Under 15 Boys

Venue:

Sportspark, UEA, Norwich

Date

9 Feb 2019

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	682	542	70	70
2	Essex	630	520	50	60
3	Suffolk	595	485	60	50
4	Cambridgeshire	491	411	40	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
50	Ethan Nottle	2LR	26.9				26.9	11	30
50	Ethan Nottle	S	0.00	6.63	4.72		6.63	12	28
50	Ethan Nottle	SLJ	1.92	1.89	2.07		2.07	11	30
51	Billy White	2LR	0.0				0.0		
51	Billy White	S	11.97	12.20	12.14		12.20	2	48
51	Billy White	SLJ	0.00	0.00	0.00		0.00		
52	Caleb Des-Ruisseux	4LR	50.5				50.5	1	50
52	Caleb Des-Ruisseux	S	8.49	8.81	9.09		9.09	7	38
52	Caleb Des-Ruisseux	STJ	0.00	6.63	7.15		7.15	6	40
53	Thomas Ward	4LR	51.8				51.8	8=	35
53	Thomas Ward	SB	72				72	8	36
53	Thomas Ward	STJ	6.22	0.00	5.73		6.22	11	30
54	Alex Sanchez-Comino	4LR	1:00.4				1:00.4	12	28
54	Alex Sanchez-Comino	SB	67				67	9	34
54	Alex Sanchez-Comino	STJ	0.00	5.70	5.50		5.70	12	28
55	Gethin Rogers	2LR	25.2				25.2	10	32
55	Gethin Rogers	SB	55				55	12	28
55	Gethin Rogers	SLJ	2.07	2.17	2.01		2.17	10	32
56	Harry Clarke	SLJ	1.76	1.88	1.84		1.88	12	28

Results Sheet

2 Lap Race

Competition:
East Regional Final 2019 Under 15 Boys

Venue:
Sportspark, UEA, Norwich

Date
9 Feb 2019

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	60	Oreo Adepegba	22.7	50
2=	Suffolk	Maroon	71	Sheen Jayaweera	23.7	47
2=	Norfolk	Purple	66	Liam Clare	23.7	47
4=	Suffolk	Maroon	72	Zayvion Rankin	23.8	43
4=	Norfolk	Purple	64	Michael Langley	23.8	43
6	Norfolk	Purple	65	Jack Hamment	23.9	40
7	Suffolk	Maroon	73	Jay Collett	24.5	38
8	Essex	Red	61	Btyan Bernard	24.6	36
9	Essex	Red	62	Olamide Odupitan	25.1	34
10	Cambridgeshire	Sky	55	Gethin Rogers	25.2	32
11	Cambridgeshire	Sky	50	Ethan Nottle	26.9	30
	Cambridgeshire	Sky	51	Billy White	0.0	0

Results Sheet

4 Lap Race

Competition:
East Regional Final 2019 Under 15 Boys

Venue:
Sportspark, UEA, Norwich

Date
9 Feb 2019

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	Sky	52	Caleb Des-Ruisseux	50.5	50
2	Norfolk	Purple	67	Conrad Winter	50.8	48
3	Norfolk	Purple	69	Jake Hart	50.9	46
4=	Suffolk	Maroon	76	Peter Lowther	51.3	43
4=	Norfolk	Purple	68	Luke Watker	51.3	43
6	Essex	Red	63	Hassan Akande	51.5	40
7	Essex	Red	59	Orhan Corek	51.7	38
8=	Essex	Red	57	Jakub Kowalski	51.8	35
8=	Cambridgeshire	Sky	53	Thomas Ward	51.8	35
10	Suffolk	Maroon	75	Tom Sprugen	53.5	32
11	Suffolk	Maroon	74	Vaughan Beckham	54.5	30
12	Cambridgeshire	Sky	54	Alex Sanchez-Comino	1:00.4	28

Results Sheet

8 Lap Paarlauf

Competition:

East Regional Final 2019 Under 15 Boys

Venue:

Sportspark, UEA, Norwich

Date

9 Feb 2019

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Norfolk	Purple	1:41.0	0.0	1:41.0	70.0
2	01	Suffolk	Maroon	1:45.4	0.0	1:45.4	60.0
3	03	Essex	Red	1:45.5	0.0	1:45.5	50.0
4	04	Cambridgeshire	Sky	1:46.9	0.0	1:46.9	40.0

Results Sheet

4 x 2 Lap Relay

Competition:

East Regional Final 2019 Under 15 Boys

Venue:

Sportspark, UEA, Norwich

Date

9 Feb 2019

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Norfolk	Purple	1:33.2	0.0	1:33.2	70.0
2	03	Essex	Red	1:33.9	0.0	1:33.9	60.0
3	01	Suffolk	Maroon	1:36.3	0.0	1:36.3	50.0
4	04	Cambridgeshire	Sky	1:41.3	0.0	1:41.3	40.0

Results Sheet

Shot

Competition:
East Regional Final 2019 Under 15 Boys

Venue:
Sportspark, UEA, Norwich

Date
9 Feb 2019

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	60	Oreo Adepegba	12.35	50
2	Cambridgeshire	Sky	51	Billy White	12.20	48
3	Essex	Red	63	Hassan Akande	11.04	46
4	Norfolk	Purple	67	Conrad Winter	9.94	44
5	Essex	Red	61	Btyan Bernard	9.87	42
6	Norfolk	Purple	65	Jack Hamment	9.15	40
7	Cambridgeshire	Sky	52	Caleb Des-Ruisseux	9.09	38
8	Norfolk	Purple	68	Luke Watker	8.98	36
9	Suffolk	Maroon	72	Zayvion Rankin	8.92	34
10	Suffolk	Maroon	71	Sheen Jayaweera	8.37	32
11	Suffolk	Maroon	73	Jay Collett	7.79	30
12	Cambridgeshire	Sky	50	Ethan Nottle	6.63	28

Results Sheet

Speed Bounce

Competition:
East Regional Final 2019 Under 15 Boys

Venue:
Sportspark, UEA, Norwich

Date
9 Feb 2019

Ranking	Team	Colour	BibNo	Name	Total	Points
1=	Suffolk	Maroon	74	Vaughan Beckham	87	49
1=	Norfolk	Purple	69	Jake Hart	87	49
3	Norfolk	Purple	64	Michael Langley	83	46
4	Suffolk	Maroon	76	Peter Lowther	81	44
5=	Suffolk	Maroon	75	Tom Sprugen	79	41
5=	Norfolk	Purple	66	Liam Clare	79	41
7	Essex	Red	59	Orhan Corek	73	38
8	Cambridgeshire	Sky	53	Thomas Ward	72	36
9	Cambridgeshire	Sky	54	Alex Sanchez-Comino	67	34
10	Essex	Red	62	Olamide Odupitan	65	32
11	Essex	Red	57	Jakub Kowalski	59	30
12	Cambridgeshire	Sky	55	Gethin Rogers	55	28
	Suffolk	Maroon	77	Nathan Littlejohns	80	0

Results Sheet

Standing Long Jump

Competition:

East Regional Final 2019 Under 15 Boys

Venue:

Sportspark, UEA, Norwich

Date

9 Feb 2019

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	57	Jakub Kowalski	2.45	50
2	Norfolk	Purple	64	Michael Langley	2.43	48
3	Norfolk	Purple	66	Liam Clare	2.39	46
4	Suffolk	Maroon	71	Sheen Jayaweera	2.37	44
5	Essex	Red	59	Orhan Corek	2.33	42
6	Norfolk	Purple	65	Jack Hamment	2.31	40
7=	Suffolk	Maroon	72	Zayvion Rankin	2.25	37
7=	Essex	Red	62	Olamide Odupitan	2.25	37
9	Suffolk	Maroon	73	Jay Collett	2.18	34
10	Cambridgeshire	Sky	55	Gethin Rogers	2.17	32
11	Cambridgeshire	Sky	50	Ethan Nottle	2.07	30
12	Cambridgeshire	Sky	56	Harry Clarke	1.88	28
	Cambridgeshire	Sky	51	Billy White	0.00	0

Results Sheet

Standing Triple Jump

Competition:

East Regional Final 2019 Under 15 Boys

Venue:

Sportspark, UEA, Norwich

Date

9 Feb 2019

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	60	Oreo Adepegba	8.07	50
2	Norfolk	Purple	67	Conrad Winter	7.55	48
3	Essex	Red	63	Hassan Akande	7.34	46
4	Suffolk	Maroon	74	Vaughan Beckham	7.20	44
5	Essex	Red	61	Btyan Bernard	7.19	42
6	Cambridgeshire	Sky	52	Caleb Des-Ruisseux	7.15	40
7	Suffolk	Maroon	76	Peter Lowther	6.86	38
8	Norfolk	Purple	69	Jake Hart	6.71	36
9	Norfolk	Purple	68	Luke Watker	6.39	34
10	Suffolk	Maroon	75	Tom Sprugen	6.28	32
11	Cambridgeshire	Sky	53	Thomas Ward	6.22	30
12	Cambridgeshire	Sky	54	Alex Sanchez-Comino	5.70	28