

# Competition Results

**Competition:**  
East Sportshall Regional Final 2019 Under 15 Girls

**Venue:**  
UEA

**Date**  
9 Feb 2019

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	686	546	70	70
2	Essex	592	482	60	50
3	Suffolk	579	479	40	60
4	Cambridgeshire	555	465	50	40

# Athlete Results

**Competition:**  
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Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	66	Daisy Dalrymple	Norfolk	145	48			49	48	
2	57	Ariyanna McGee	Essex	139		50		42		47
3	67	Eden Harrison	Norfolk	137		48	48		41	
4	71	Mai Baidoo	Suffolk	135	50		35			50
5=	65	Ellis Stewart	Norfolk	132	46		42			44
5=	69	Sophie Rushmore	Norfolk	132		46		39		47
7=	61	Millie Upton	Essex	131	42			39	50	
7=	68	Grace Daniels	Norfolk	131		44		49	38	
9	64	Amber Scott	Norfolk	130	44		46			40
10	73	Abbi Mackenzie-Websdale	Suffolk	129	39		44		46	
11	53	Courtney Christian	Cambridgeshire	127		40	50			37
12	50	Hannah Campbell	Cambridgeshire	115		36		35	44	
13	54	Millie Unsworth	Cambridgeshire	112	36			35	41	
14=	55	Jolie Franks	Cambridgeshire	111		36	40		35	
14=	75	Kaitlin Sinden	Suffolk	111		30		46	35	
16	59	Maddie Booty	Essex	107		32	38			37
17	62	Megan Taylor	Essex	105	34			29		42
18=	58	Sophie Nugent	Essex	104		42	32		30	
18=	76	Kiera Kane	Suffolk	104		28		44	32	
20	74	Connie King	Suffolk	101		36	35			30
21	51	Ella Vaughan	Cambridgeshire	99	39			32		28
22	72	Bridget Scanlon	Suffolk	95	32			29		34
23=	52	Ceci Cafferkey	Cambridgeshire	88	28		28			32
23=	60	Feyi Awosika	Essex	88	30		30		28	
25=	56	Grace Pye	Cambridgeshire	0						
25=	70	Holly Harrison	Norfolk	0						
25=	77	Samantha Barnard	Suffolk	0						

# Team Results

# Cambridgeshire (sky)

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1	Norfolk	686	546	70	70
2	Essex	592	482	60	50
3	Suffolk	579	479	40	60
4	Cambridgeshire	555	465	50	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
50	Hannah Campbell	4LR	56.8				56.8	7=	36
50	Hannah Campbell	SB	73				73	8=	35
50	Hannah Campbell	SLJ	2.09	2.22	2.15		2.22	4	44
51	Ella Vaughan	2LR	26.2				26.2	6=	39
51	Ella Vaughan	SB	72				72	10	32
51	Ella Vaughan	VJ	34	41	32		41	12	28
52	Ceci Cafferkey	2LR	27.5				27.5	12	28
52	Ceci Cafferkey	S	5.76	5.92	5.61		5.92	12	28
52	Ceci Cafferkey	VJ	46	46	41		46	10	32
53	Courtney Christian	4LR	56.6				56.6	6	40
53	Courtney Christian	S	7.65	7.71	8.57		8.57	1	50
53	Courtney Christian	VJ	48	47	43		48	7=	37
54	Millie Unsworth	2LR	26.3				26.3	8	36
54	Millie Unsworth	SB	73				73	8=	35
54	Millie Unsworth	SLJ	2.15	2.16	2.20		2.20	5=	41
55	Jolie Franks	4LR	56.8				56.8	7=	36
55	Jolie Franks	S	6.62	6.42	6.15		6.62	6	40
55	Jolie Franks	SLJ	1.98	1.84	1.90		1.98	8=	35

# Team Results

Essex (red)

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Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	686	546	70	70
2	Essex	592	482	60	50
3	Suffolk	579	479	40	60
4	Cambridgeshire	555	465	50	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
57	Ariyanna McGee	4LR	51.5				51.5	1	50
57	Ariyanna McGee	SB	78				78	5	42
57	Ariyanna McGee	VJ	52	55	55		55	2=	47
58	Sophie Nugent	4LR	56.2				56.2	5	42
58	Sophie Nugent	S	6.00	5.43	6.27		6.27	10	32
58	Sophie Nugent	SLJ	1.78	1.82	1.84		1.84	11	30
59	Maddie Booty	4LR	57.7				57.7	10	32
59	Maddie Booty	S	6.44	6.15	6.29		6.44	7	38
59	Maddie Booty	VJ	48	48	47		48	7=	37
60	Feyi Awosika	2LR	27.0				27.0	11	30
60	Feyi Awosika	S	5.56	5.63	6.12		6.12	11	30
60	Feyi Awosika	SLJ	1.70	1.74	1.64		1.74	12	28
61	Millie Upton	2LR	26.1				26.1	5	42
61	Millie Upton	SB	77				77	6=	39
61	Millie Upton	SLJ	2.22	2.24	2.42		2.42	1	50
62	Megan Taylor	2LR	26.7				26.7	9	34
62	Megan Taylor	SB	70				70	11=	29
62	Megan Taylor	VJ	52	52	51		52	5	42

# Team Results

# Norfolk (purple)

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9 Feb 2019

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	686	546	70	70
2	Essex	592	482	60	50
3	Suffolk	579	479	40	60
4	Cambridgeshire	555	465	50	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
64	Amber Scott	2LR	25.9				25.9	4	44
64	Amber Scott	S	8.21	7.60	8.15		8.21	3	46
64	Amber Scott	VJ	49	47	50		50	6	40
65	Ellis Stewart	2LR	25.5				25.5	3	46
65	Ellis Stewart	S	7.00	0.00	6.56		7.00	5	42
65	Ellis Stewart	VJ	52	53	51		53	4	44
66	Daisy Dalrymple	2LR	25.0				25.0	2	48
66	Daisy Dalrymple	SB	83				83	1=	49
66	Daisy Dalrymple	SLJ	2.34	2.39	2.40		2.40	2	48
67	Eden Harrison	4LR	52.6				52.6	2	48
67	Eden Harrison	S	7.94	8.40	8.09		8.40	2	48
67	Eden Harrison	SLJ	2.19	2.20	2.15		2.20	5=	41
68	Grace Daniels	4LR	53.9				53.9	4	44
68	Grace Daniels	SB	83				83	1=	49
68	Grace Daniels	SLJ	2.10	2.16	2.15		2.16	7	38
69	Sophie Rushmore	4LR	53.8				53.8	3	46
69	Sophie Rushmore	SB	77				77	6=	39
69	Sophie Rushmore	VJ	55	55	51		55	2=	47

# Team Results

# Suffolk (maroon)

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## Date

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Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	686	546	70	70
2	Essex	592	482	60	50
3	Suffolk	579	479	40	60
4	Cambridgeshire	555	465	50	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
71	Mai Baidoo	2LR	24.9				24.9	1	50
71	Mai Baidoo	S	5.48	6.40	6.12		6.40	8=	35
71	Mai Baidoo	VJ	56	55	54		56	1	50
72	Bridget Scanlon	2LR	26.9				26.9	10	32
72	Bridget Scanlon	SB	70				70	11=	29
72	Bridget Scanlon	VJ	47	44	44		47	9	34
73	Abbi Mackenzie-Websdale	2LR	26.2				26.2	6=	39
73	Abbi Mackenzie-Websdale	S	7.16	7.12	7.15		7.16	4	44
73	Abbi Mackenzie-Websdale	SLJ	2.28	2.05	2.15		2.28	3	46
74	Connie King	4LR	56.8				56.8	7=	36
74	Connie King	S	6.05	6.40	0.00		6.40	8=	35
74	Connie King	VJ	43	43	42		43	11	30
75	Kaitlin Sinden	4LR	59.1				59.1	11	30
75	Kaitlin Sinden	SB	80				80	3	46
75	Kaitlin Sinden	SLJ	1.92	1.93	1.98		1.98	8=	35
76	Kiera Kane	4LR	1:00.7				1:00.7	12	28
76	Kiera Kane	SB	79				79	4	44
76	Kiera Kane	SLJ	1.94	1.93	1.93		1.94	10	32
77	Samantha Barnard	S	7.14	7.33	6.92		7.33		

# Results Sheet

# 2 Lap Race

**Competition:**  
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9 Feb 2019

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Suffolk	Maroon	71	Mai Baidoo	24.9	50
2	Norfolk	Purple	66	Daisy Dalrymple	25.0	48
3	Norfolk	Purple	65	Ellis Stewart	25.5	46
4	Norfolk	Purple	64	Amber Scott	25.9	44
5	Essex	Red	61	Millie Upton	26.1	42
6=	Cambridgeshire	Sky	51	Ella Vaughan	26.2	39
6=	Suffolk	Maroon	73	Abbi Mackenzie-Websdale	26.2	39
8	Cambridgeshire	Sky	54	Millie Unsworth	26.3	36
9	Essex	Red	62	Megan Taylor	26.7	34
10	Suffolk	Maroon	72	Bridget Scanlon	26.9	32
11	Essex	Red	60	Feyi Awosika	27.0	30
12	Cambridgeshire	Sky	52	Ceci Cafferkey	27.5	28

# Results Sheet

# 4 Lap Race

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	57	Ariyanna McGee	51.5	50
2	Norfolk	Purple	67	Eden Harrison	52.6	48
3	Norfolk	Purple	69	Sophie Rushmore	53.8	46
4	Norfolk	Purple	68	Grace Daniels	53.9	44
5	Essex	Red	58	Sophie Nugent	56.2	42
6	Cambridgeshire	Sky	53	Courtney Christian	56.6	40
7=	Cambridgeshire	Sky	50	Hannah Campbell	56.8	36
7=	Cambridgeshire	Sky	55	Jolie Franks	56.8	36
7=	Suffolk	Maroon	74	Connie King	56.8	36
10	Essex	Red	59	Maddie Booty	57.7	32
11	Suffolk	Maroon	75	Kaitlin Sinden	59.1	30
12	Suffolk	Maroon	76	Kiera Kane	1:00.7	28



# Results Sheet

# 8 Lap Paarlauf

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Norfolk	Purple	0.0	1:44.3	1:44.3	70.0
2	02	Essex	Red	0.0	1:46.2	1:46.2	60.0
3	01	Cambridgeshire	Sky	0.0	1:54.5	1:54.5	50.0
4	04	Suffolk	Maroon	0.0	1:54.6	1:54.6	40.0

# Results Sheet

# 4 x 2 Lap Relay

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Norfolk	Purple	0.0	1:40.2	1:40.2	70.0
2	04	Suffolk	Maroon	0.0	1:43.4	1:43.4	60.0
3	02	Essex	Red	0.0	1:44.1	1:44.1	50.0
4	01	Cambridgeshire	Sky	0.0	1:44.6	1:44.6	40.0

# Results Sheet

# Shot

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	Sky	53	Courtney Christian	8.57	50
2	Norfolk	Purple	67	Eden Harrison	8.40	48
3	Norfolk	Purple	64	Amber Scott	8.21	46
4	Suffolk	Maroon	73	Abbi Mackenzie-Websdale	7.16	44
5	Norfolk	Purple	65	Ellis Stewart	7.00	42
6	Cambridgeshire	Sky	55	Jolie Franks	6.62	40
7	Essex	Red	59	Maddie Booty	6.44	38
8=	Suffolk	Maroon	71	Mai Baidoo	6.40	35
8=	Suffolk	Maroon	74	Connie King	6.40	35
10	Essex	Red	58	Sophie Nugent	6.27	32
11	Essex	Red	60	Feyi Awosika	6.12	30
12	Cambridgeshire	Sky	52	Ceci Cafferkey	5.92	28
	Suffolk	Maroon	77	Samantha Barnard	7.33	0

# Results Sheet

# Speed Bounce

**Competition:**  
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Ranking	Team	Colour	BibNo	Name	Total	Points
1=	Norfolk	Purple	66	Daisy Dalrymple	83	49
1=	Norfolk	Purple	68	Grace Daniels	83	49
3	Suffolk	Maroon	75	Kaitlin Sinden	80	46
4	Suffolk	Maroon	76	Kiera Kane	79	44
5	Essex	Red	57	Ariyanna McGee	78	42
6=	Essex	Red	61	Millie Upton	77	39
6=	Norfolk	Purple	69	Sophie Rushmore	77	39
8=	Cambridgeshire	Sky	50	Hannah Campbell	73	35
8=	Cambridgeshire	Sky	54	Millie Unsworth	73	35
10	Cambridgeshire	Sky	51	Ella Vaughan	72	32
11=	Essex	Red	62	Megan Taylor	70	29
11=	Suffolk	Maroon	72	Bridget Scanlon	70	29

# Results Sheet

# Standing Long Jump

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	61	Millie Upton	2.42	50
2	Norfolk	Purple	66	Daisy Dalrymple	2.40	48
3	Suffolk	Maroon	73	Abbi Mackenzie-Websdale	2.28	46
4	Cambridgeshire	Sky	50	Hannah Campbell	2.22	44
5=	Cambridgeshire	Sky	54	Millie Unsworth	2.20	41
5=	Norfolk	Purple	67	Eden Harrison	2.20	41
7	Norfolk	Purple	68	Grace Daniels	2.16	38
8=	Cambridgeshire	Sky	55	Jolie Franks	1.98	35
8=	Suffolk	Maroon	75	Kaitlin Sinden	1.98	35
10	Suffolk	Maroon	76	Kiera Kane	1.94	32
11	Essex	Red	58	Sophie Nugent	1.84	30
12	Essex	Red	60	Feyi Awosika	1.74	28

# Results Sheet

# Vertical Jump

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Suffolk	Maroon	71	Mai Baidoo	56	50
2=	Essex	Red	57	Ariyanna McGee	55	47
2=	Norfolk	Purple	69	Sophie Rushmore	55	47
4	Norfolk	Purple	65	Ellis Stewart	53	44
5	Essex	Red	62	Megan Taylor	52	42
6	Norfolk	Purple	64	Amber Scott	50	40
7=	Cambridgeshire	Sky	53	Courtney Christian	48	37
7=	Essex	Red	59	Maddie Booty	48	37
9	Suffolk	Maroon	72	Bridget Scanlon	47	34
10	Cambridgeshire	Sky	52	Ceci Cafferkey	46	32
11	Suffolk	Maroon	74	Connie King	43	30
12	Cambridgeshire	Sky	51	Ella Vaughan	41	28