

EAN - SPORTSHALL COMPETITION

7th December 2019

Chest Push

Shot Putt

Sportshall

Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

| | No. | Name | Club/School | Trial | | | Best |
|------|-----|---|-----------------|-------|------|------|------|
| | | | | 1 | 2 | 3 | |
| | | CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW | | | | | |
| U11G | 9 | Obanubi Obasorekunmi | Thurrck Hrriers | 6.75 | 7.25 | 7.75 | 7.75 |
| U11G | 6 | Fara Aderin | Basildon AC | 5.00 | 6.25 | 5.50 | 6.25 |
| U11G | 16 | Lily Hartman | Basildon AC | 4.75 | 5.25 | 6.25 | 6.25 |
| U11G | 3 | Kesia Crees | Basildon AC | 5.25 | 5.00 | 5.25 | 5.25 |
| U11G | 8 | Kate Williamson | Athletics Fund | 3.50 | 4.00 | 3.25 | 4.00 |
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| | | LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW | | | | | |
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| U13G | 32 | Zoe Gregory | Basildon AC | 6.70 | 6.78 | 7.43 | 7.43 |
| U13G | 23 | Mia Bowring | Chelmsford AC | 3.98 | 5.77 | 5.75 | 5.77 |
| U13G | 22 | Jessica Lunt | none | 5.60 | 5.71 | 5.48 | 5.71 |
| U13G | 31 | Kara Dacosta | Basildon AC | 5.18 | 4.87 | 5.26 | 5.26 |
| U13G | 24 | Millie Trotter | Basildon AC | 4.26 | 4.72 | NT | 4.72 |
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| U15G | 37 | Joyce Nzekwe | Thurrck Hrriers | 9.63 | 8.52 | 9.46 | 9.63 |
| U15G | 35 | Maisie Fulker | Chelmsford AC | 8.75 | 7.95 | 7.75 | 8.75 |
| U15G | 38 | Sophie Nugent | Basildon AC | 6.97 | 6.90 | 6.55 | 6.97 |
| U15G | 36 | Feyi Awosika | Basildon AC | 5.61 | 6.06 | x | 6.06 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Standing Long Jump



Girls U11

| | No. | Name | Club/School | Trial | | | Best |
|------|-----|----------------------|-----------------|-------|------|------|------|
| | | | | 1 | 2 | 3 | |
| U11G | 5 | Alice Coshell | Thurrck Hrriers | 1.92 | 1.96 | 1.86 | 1.96 |
| U11G | 7 | Milana Thorpe | CSAC academy | 1.82 | 1.9 | 1.88 | 1.90 |
| U11G | 9 | Obanubi Obasorekunmi | Thurrck Hrriers | 1.64 | 1.8 | 1.86 | 1.86 |
| U11G | 10 | Dorka Bakler-Kugler | Basildon AC | 1.76 | 1.68 | 1.78 | 1.78 |
| U11G | 6 | Fara Aderin | Basildon AC | 1.5 | 1.64 | 1.7 | 1.70 |
| U11G | 4 | Angelina Olokodana | none | 1.66 | 1.62 | 1.68 | 1.68 |
| U11G | 8 | Kate Williamson | Athletics Fund | 1.52 | 1.48 | 1.46 | 1.52 |
| U11G | 12 | Ava Bailey | Athletics Fund | 1.54 | 1.46 | 1.48 | 1.48 |
| U11G | 13 | Lucy Bulman | CSAC academy | 1.4 | 1.42 | 1.4 | 1.42 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Standing Long Jump



Girls U13 / U15

| | Name | Club/School | Trial | | | Best |
|------|-------------------|------------------|-------|------|------|------|
| | | | 1 | 2 | 3 | |
| U13G | 20 Holly Huett | Basildon AC | 1.98 | 1.92 | 2.04 | 2.04 |
| U13G | 24 Millie Trotter | Basildon AC | 1.88 | 1.92 | 1.98 | 1.98 |
| U13G | 18 Jessica Heath | Basildon AC | 1.96 | 1.9 | 1.96 | 1.96 |
| U13G | 27 Isobel Pickard | Basildon AC | 1.88 | 1.9 | 1.84 | 1.90 |
| U13G | 30 Amelie Taylor | Colchstr Hrriers | 1.78 | 1.74 | 1.88 | 1.88 |
| U13G | 22 Jessica Lunt | none | 1.84 | 1.84 | 1.83 | 1.84 |
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| U15G | 35 Maisie Fulker | Chelmsford AC | 2.22 | 2.18 | 2.34 | 2.34 |
| U15G | 37 Joyce Nzekwe | Thurrck Hrriers | 2.12 | 2.22 | 2.12 | 2.22 |
| U15G | 38 Sophie Nugent | Basildon AC | 1.66 | 1.7 | 1.68 | 1.70 |
| U15G | 36 Feyi Awosika | Basildon AC | 1.66 | 1.6 | 1.54 | 1.66 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Standing Triple Jump

Sportshall

Girls U11 / U13

| | No. | Name | Club/School | Trial | | | Best |
|------|-----|---------------------|------------------|-------|------|------|------|
| | | | | 1 | 2 | 3 | |
| U11G | 14 | Florence Clark | Colchstr Hriers | 5.84 | 5.95 | 5.96 | 5.96 |
| U11G | 3 | Kesia Crees | Basildon AC | 5.55 | NT | 5.72 | 5.72 |
| U11G | 7 | Milana Thorpe | CSAC academy | 5.38 | 5.6 | 5.24 | 5.60 |
| U11G | 6 | Fara Aderin | Basildon AC | 5.15 | 5.24 | 5.15 | 5.24 |
| U11G | 16 | Lily Hartman | Basildon AC | 4.88 | 4.86 | 5.18 | 5.18 |
| U11G | 10 | Dorka Bakler-Kugler | Basildon AC | 4.82 | 4.9 | 4.82 | 4.9 |
| | | | | | | | |
| | | | | | | | |
| U13G | 32 | Zoe Gregory | Basildon AC | 6.18 | 6.28 | 6.08 | 6.28 |
| U13G | 18 | Jessica Heath | Basildon AC | 6.18 | 6.2 | 6.22 | 6.22 |
| U13G | 29 | Alicia Fairmaner | Chelmsford AC NJ | | 5.85 | 5.98 | 5.98 |
| U13G | 30 | Amelie Taylor | Colchstr Hriers | 5.34 | 5.64 | 5.86 | 5.86 |
| U13G | 20 | Holly Huett | Basildon AC | 5.62 | 5.74 | 5.46 | 5.74 |
| U13G | 33 | Emily Bailey | Basildon AC | 5.54 | 5.62 | 5.68 | 5.68 |
| U13G | 40 | Eva Walker | Chelmsford AC | 4.64 | 4.54 | 4.98 | 4.98 |
| U13G | 39 | Megan Hallett | Basildon | 4.84 | NJ | NJ | 4.84 |
| U13G | 17 | Marissa Owens | Basildon AC | 4.06 | 4.02 | 3.92 | 4.06 |
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| | | | | | | | |
| U15G | 37 | Joyce Nzekwe | Thurrck Hriers | 6.36 | 6.42 | 6.45 | 6.45 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Vertical Jump

Sportshall

Girls U11/U13 / U15

| | No. | Name | Club/School | Trial | | | Best |
|------|-----|----------------------|------------------|-------|----|----|------|
| | | | | 1 | 2 | 3 | |
| U11G | 14 | Florence Clark | Colchstr Hrriers | 49 | 49 | 51 | 51 |
| U11G | 9 | Obanubi Obasorekunmi | Thurrck Hrriers | 47 | 48 | 51 | 51 |
| U11G | 2 | Nelly Collard | Athletics Fund | 42 | 44 | 44 | 44 |
| U11G | 1 | Hetty Harrison | none | 42 | 44 | 43 | 44 |
| U11G | 3 | Kesia Crees | Basildon AC | 40 | 43 | 38 | 43 |
| U11G | 13 | Lucy Bulman | CSAC academy | 38 | 34 | 36 | 38 |
| U11G | 11 | Amelie Shipton | Athletics Fund | 32 | 37 | 32 | 37 |
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| U13G | 27 | Isobel Pickard | Basildon AC | 50 | 37 | 35 | 50 |
| U13G | 28 | Scarlet Robinson | Basildon AC | 46 | 49 | 48 | 49 |
| U13G | 31 | Kara Dacosta | Basildon AC | 44 | 43 | 45 | 45 |
| U13G | 21 | Etienne King | Chelmsford AC | 37 | 41 | 41 | 41 |
| U13G | 17 | Marissa Owens | Basildon AC | 41 | 40 | 36 | 41 |
| U13G | 25 | Isabel Lambert | Colchstr/Tendrir | 32 | 33 | 40 | 40 |
| U13G | 23 | Mia Bowring | Chelmsford AC | 35 | 37 | 38 | 38 |
| U13G | 26 | Emmie Fulker | Chelmsford AC | 37 | 37 | 37 | 37 |
| U13G | 40 | Eva Walker | Chelmsford AC | 30 | 31 | 30 | 31 |
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| U15G | 35 | Maisie Fulker | Chelmsford AC | 56 | 56 | 57 | 57 |
| U15G | 38 | Sophie Nugent | Basildon AC | 50 | 50 | 48 | 50 |
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EAN - SPORTSHALL COMPETITION

7th December 2019

Hi Stepper

Sportshall

Girls U11

| | No. | Name | Club/School | Trial |
|------|-----|---------------------|------------------|-------|
| | | | | 1 |
| U11G | 16 | Lily Hartman | Basildon AC | 14.3 |
| U11G | 14 | Florence Clark | Colchstr Hrriers | 15.7 |
| U11G | 10 | Dorka Bakler-Kugler | Basildon AC | 16.3 |
| U11G | 12 | Ava Bailey | Athletics Fund | 16.7 |
| U11G | 8 | Kate Williamson | Athletics Fund | 18.5 |
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Target Throw

Sportshall

Girls U11

| | No. | Name | Club/School | Total |
|------|-----|--------------------|----------------|--------|
| | | | | Points |
| U11G | 12 | Ava Bailey | Athletics Fund | 15 |
| U11G | 13 | Lucy Bulman | CSAC academy | 14 |
| U11G | 7 | Milana Thorpe | CSAC academy | 13 |
| U11G | 4 | Angelina Olokodana | none | 8 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Speed Bounce



Girls U11 (20 secs)

| | No. | Name | Club/School | Trial |
|------|-----|---------------------|-----------------|-------|
| | | | | 1 |
| U11G | 1 | Hetty Harrison | none | 56 |
| U11G | 2 | Nelly Collard | Athletics Fund | 53 |
| U11G | 5 | Alice Coshell | Thurrck Hrriers | 54 |
| U11G | 10 | Dorka Bakler-Kugler | Basildon AC | 43 |
| U11G | 11 | Amelie Shipton | Athletics Fund | 52 |
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Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

| | No. | Name | Club/School | Trial |
|------|-----|------------------|-----------------|-------|
| | | | | 1 |
| U13G | 31 | Kara Dacosta | Basildon AC | 80 |
| U13G | 27 | Isobel Pickard | Basildon AC | 77 |
| U13G | 26 | Emmie Fulker | Chelmsford AC | 76 |
| U13G | 28 | Scarlet Robinson | Basildon AC | 76 |
| U13G | 40 | Eva Walker | Chelmsford AC | 73 |
| U13G | 25 | Isabel Lambert | Colchstr/Tendr | 71 |
| U13G | 18 | Jessica Heath | Basildon AC | 70 |
| U13G | 20 | Holly Huett | Basildon AC | 70 |
| U13G | 30 | Amelie Taylor | Colchstr Hriers | 69 |
| U13G | 21 | Etienne King | Chelmsford AC | 67 |
| U13G | 22 | Jessica Lunt | none | 67 |
| U13G | 33 | Emily Bailey | Basildon AC | 65 |
| U13G | 39 | Megan Hallett | Basildon | 60 |
| U13G | 17 | Marissa Owens | Basildon AC | 57 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Chest Push

Shot Putt

Sportshall

Boys U11 (1kg)

Boys U13- 3.25kg / U15 - 4kg

| | No. | Name | Club/School | Trial | | | Best |
|------|-----|---|-----------------|-------|-------|-------|-------|
| | | | | 1 | 2 | 3 | |
| | | CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW | | | | | |
| U11B | 54 | Jack Warren-Gunn | Basildon AC | 4.25 | 5.25 | 5.25 | 5.25 |
| U11B | 52 | Freddie Rowe | none | 4.50 | 5.00 | 4.75 | 5.00 |
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| | | LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW | | | | | |
| U13B | 59 | Samson Onilogbo | Basildon AC | 9.60 | 9.20 | 9.44 | 9.60 |
| U13B | 63 | Oreanuoluwa Adepegba | Thurrck Hrriers | 8.28 | 8.31 | 8.52 | 8.52 |
| U13B | 61 | Oliver Smith | Basildon AC | 7.18 | 7.80 | 7.92 | 7.92 |
| U13B | 69 | Stephen Adesina | Thurrck Hrriers | 5.81 | 7.65 | 7.40 | 7.65 |
| U13B | 70 | John-Paul Nzekwe | Thurrck Hrriers | 5.86 | 6.93 | 5.25 | 6.93 |
| U13B | 67 | Adam Bakler-Kugler | Basildon AC | 5.71 | NT | NT | 5.71 |
| U13B | 64 | Jimi Aderin | Basildon AC | 4.71 | 4.90 | 4.96 | 4.96 |
| U13B | 58 | Ayomiposi Odupitan | Basildon AC | 4.80 | x | 3.90 | 4.80 |
| U13B | 60 | Jamie Hallums | Basildon AC | 3.58 | 4.41 | 4.77 | 4.77 |
| U13B | 77 | Harry McGee | Basildon | 4.11 | 4.60 | 4.15 | 4.60 |
| U13B | 62 | Dylan Robins | Chelmsford AC | 4.15 | 3.93 | 4.14 | 4.15 |
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| U15B | 74 | Kosi Okonyia | Thurrck Hrriers | 9.06 | 10.38 | 10.24 | 10.38 |
| U15B | 76 | Samson Wright | Basildon | 8.23 | 8.46 | 8.69 | 8.69 |
| U15B | 75 | Isaac Wright | Basildon | 8.05 | 8.12 | 7.07 | 8.12 |
| U15B | 71 | Bayley Hartman | Basildon AC | 6.35 | 6.11 | 5.35 | 6.35 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Standing Long Jump

Sportshall

Boys U11

| | No. | Name | Club/School | Trial | | | Best |
|------|-----|----------------------------|-----------------|-------|------|------|------|
| | | | | 1 | 2 | 3 | |
| U11B | 54 | Jack Warren-Gunn | Basildon AC | 1.95 | 1.98 | 2 | 2.00 |
| U11B | 56 | Oluwafimisokan Sanya-isijo | none | 1.92 | 1.84 | 1.96 | 1.96 |
| U11B | 51 | Lee Boka | Basildon AC | 1.92 | 1.88 | 1.94 | 1.94 |
| U13B | 63 | Oreanuoluwa Adepegba | Thurrck Hrriers | 1.92 | 1.76 | 1.78 | 1.92 |
| U11B | 50 | Samuel Burdett | none | 1.88 | 1.88 | 1.88 | 1.88 |
| U11B | 55 | Jake Haworth | Basildon AC | 1.88 | 1.88 | 1.8 | 1.88 |
| U11B | 52 | Freddie Rowe | none | 1.8 | 1.76 | 1.78 | 1.80 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Standing Long Jump

Sportshall

Boys U13 / U15

| | No. | Name | Club/School | Trial | | | Best |
|------|-----|--------------------|-----------------|-------|------|------|------|
| | | | | 1 | 2 | 3 | |
| U13B | 59 | Samson Onilogbo | Basildon AC | 2 | 2 | 2.15 | 2.15 |
| U13B | 61 | Oliver Smith | Basildon AC | 2.1 | 2.14 | 2.14 | 2.14 |
| U13B | 67 | Adam Bakler-Kugler | Basildon AC | 2.04 | 1.98 | 2.12 | 2.12 |
| U13B | 58 | Ayomiposi Odupitan | Basildon AC | 1.62 | 2.04 | 2.1 | 2.1 |
| U13B | 69 | Stephen Adesina | Thurrck Hrriers | 1.96 | 2.07 | 2.06 | 2.07 |
| U13B | 64 | Jimi Aderin | Basildon AC | 2.05 | 1.9 | 1.88 | 2.05 |
| U13B | 60 | Jamie Hallums | Basildon AC | 2.02 | 1.9 | 1.98 | 2.02 |
| U13B | 70 | John-Paul Nzekwe | Thurrck Hrriers | 1.98 | 1.98 | 1.96 | 1.98 |
| U13B | 65 | Max Goodey | Basildon AC | 1.74 | 1.7 | 1.76 | 1.76 |
| U13B | 77 | Harry McGee | Basildon | 1.68 | 1.62 | 1.68 | 1.68 |
| U13B | 62 | Dylan Robins | Chelmsford AC | 1.64 | 1.68 | 1.66 | 1.68 |
| | | | | 1.64 | 1.68 | 1.66 | 1.68 |
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| U15B | 76 | Samson Wright | Basildon | 2.59 | 2.62 | 2.56 | 2.62 |
| U15B | 75 | Isaac Wright | Basildon | 2.22 | 2.14 | 2.24 | 2.24 |
| U15B | 71 | Bayley Hartman | Basildon AC | 2.02 | 2 | 2.12 | 2.12 |
| U15B | 72 | Benedict Heath | Basildon AC | 1.98 | 1.99 | 2.04 | 2.04 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Standing Triple Jump

Sportshall

Boys U11 / U13 / U15

| | No. | Name | Club/School | Trial | | | Best |
|------|-----|----------------------|-----------------|-------|------|------|------|
| | | | | 1 | 2 | 3 | |
| U11B | 53 | Kieran Bragg | Basildon AC | 5.3 | 5.36 | 5.52 | 5.52 |
| U11B | 50 | Samuel Burdett | none | 5.2 | 5.3 | 5.4 | 5.40 |
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| U13B | 63 | Oreanuoluwa Adepegba | Thurrck Hrriers | 6.25 | 6.28 | 6.58 | 6.58 |
| U13B | 67 | Adam Bakler-Kugler | Basildon AC | 5.98 | 6.15 | 5.9 | 6.15 |
| U13B | 68 | Arthur Unstead | Basildon AC | 5.5 | 5.48 | 5.9 | 5.90 |
| U13B | 70 | John-Paul Nzekwe | Thurrck Hrriers | 5.84 | 5.82 | 6.32 | 6.32 |
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| | | | | | | | |
| | | | | | | | |
| U15B | 76 | Samson Wright | Basildon | 8.02 | 7.84 | 8.16 | 8.16 |
| U15B | 74 | Kosi Okonyia | Thurrck Hrriers | 6.4 | 6.32 | 6.5 | 6.50 |
| U15B | 72 | Benedict Heath | Basildon AC | 6.05 | 6.2 | 6.15 | 6.20 |
| U15B | 71 | Bayley Hartman | Basildon AC | 5.7 | 5.92 | 6.2 | 6.20 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Vertical Jump

Sportshall

Boys U11 / U13 / U15

| | No. | Name | Club/School | Trial | | | Best |
|------|-----|----------------------|-----------------|-------|----|----|------|
| | | | | 1 | 2 | 3 | |
| U11B | 55 | Jake Haworth | Basildon AC | 41 | 37 | 41 | 41 |
| U11B | 57 | George Hull | none | 33 | 35 | 33 | 35 |
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| U13B | 64 | Jimi Aderin | Basildon AC | 36 | 50 | 53 | 53 |
| U13B | 68 | Arthur Unstead | Basildon AC | 47 | 50 | 49 | 50 |
| U13B | 61 | Oliver Smith | Basildon AC | 49 | 48 | 48 | 49 |
| U13B | 63 | Oreanuoluwa Adepegba | Thurrck Hrriers | 43 | 48 | 47 | 48 |
| U13B | 58 | Ayomiposi Odupitan | Basildon AC | 46 | 45 | 48 | 48 |
| U13B | 70 | John-Paul Nzekwe | Thurrck Hrriers | 46 | 47 | 44 | 47 |
| U13B | 77 | Harry McGee | Basildon | 40 | 39 | 36 | 40 |
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| | | | | | | | |
| U15B | 74 | Kosi Okonyia | Thurrck Hrriers | 56 | 59 | 59 | 59 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Hi Stepper

Sportshall

Boys U11

| | No. | Name | Club/School | Trial |
|------|-----|----------------------------|-------------|-------|
| | | | | 1 |
| U11B | 52 | Freddie Rowe | none | 12.1 |
| U11B | 56 | Oluwafimisokan Sanya-isijo | none | 16.9 |
| | | | | |
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| | | | | |

Target Throw

Sportshall

Boys U11

| | No. | Name | Club/School | Total |
|------|-----|----------------------------|-------------|--------|
| | | | | Points |
| U11B | 51 | Lee Boka | Basildon AC | 14 |
| U11B | 52 | Freddie Rowe | none | 14 |
| U11B | 54 | Jack Warren-Gunn | Basildon AC | 13 |
| U11B | 57 | George Hull | none | 12 |
| U11B | 50 | Samuel Burdett | none | 11 |
| U11B | 56 | Oluwafimisokan Sanya-isijo | none | 10 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Speed Bounce

Boys U11 (**20 secs**)



| | No. | Name | Club/School | Trial |
|------|-----|--------------|-------------|-------|
| | | | | 1 |
| U11B | 51 | Lee Boka | Basildon AC | 50 |
| U11B | 53 | Kieran Bragg | Basildon AC | 48 |
| U11B | 55 | Jake Haworth | Basildon AC | 40 |
| U11B | 57 | George Hull | none | 38 |
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Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

7th December 2019

Speed Bounce



Boys U13 / U15 (30 secs)

| | No. | Name | Club/School | Trial |
|------|-----|--------------------|---------------|-------|
| | | | | 1 |
| U13B | 62 | Dylan Robins | Chelmsford AC | 79 |
| U13B | 67 | Adam Bakler-Kugler | Basildon AC | 70 |
| U13B | 65 | Max Goodey | Basildon AC | 69 |
| U13B | 68 | Arthur Unstead | Basildon AC | 69 |
| U13B | 60 | Jamie Hallums | Basildon AC | 66 |
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| U15B | 72 | Benedict Heath | Basildon AC | 74 |
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