

Chest Push

Shot Putt

Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11G	23	Lacey Leaver	none	5.50	5.75	5.75	5.75
U11G	33	Sophie Lee	How2Athletics	5.50	5.50	5.50	5.50
U11G	7	Amalie Twydell	Braintree and District	5.00	5.00	5.50	5.50
U11G	22	Tia Leaver	none	4.75	4.50	5.50	5.50
U11G	30	Olivia Mullineaux	none	4.50	5.00	5.25	5.25
U11G	39	Ava Lewis	none	4.75	4.50	4.50	4.75
U11G	31	Sophia Davis	Athletics Funds	4.25	3.75	4.00	4.25
		LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW					
U13G	28	Tilly Hewitt	Chelmsford AC	7.51	7.21	7.21	7.51
U13G	26	Milana Thorpe	Chelmsford AC	7.22	7.31	7.40	7.40
U13G	40	Olive Lane	Chelmsford AC	6.51	6.67	6.80	6.80
U13G	36	OLAMIDE ELEMIDE-EMIS	Thurrock Harriers	6.39	6.79	6.01	6.79
U13G	29	Amelie Scott	Chelmsford AC	6.39	5.86	6.12	6.39
U13G	34	Chelsea Clarke	Thurrock Harriers	6.24	5.98	6.37	6.37
U13G	38	Kate Case	Chelmsford AC	5.31	5.38	5.67	5.56
U13G	35	Harriet Rush	Chelmsford AC	NT	4.31	4.79	4.79
U15G	16	Emmie Fulker	Chelmsford AC	6.86	7.55	7.67	7.67
	37	Ololade Elemide-Emis	None	7.30	6.56	NT	7.30
	6	Maisie Lee	Havering	6.67	7.27	6.84	7.27
	17	Jessica Heath	Basildon	6.16	6.64	6.91	6.91
	3	Emily Bailey	Basildon	4.69	6.28	5.81	6.28
U15G	24	Jessica Lunt	Chelmsford AC	5.97	6.01	5.91	6.01
U15G	9	Lizzie Bodal Hansen	Chelmsford AC	5.52	5.44	5.60	5.60
U15G	25	Millie Trotter	Basildon AC	5.14	4.84	NT	5.14

Standing Long Jump



Girls U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	22	Tia Leaver	none	1.80	1.68	1.66	1.80
U11G	7	Amalie Twydell	Braintree and District	1.56	1.52	1.64	1.64
U11G	39	Ava Lewis	none	1.48	1.56	1.60	1.60
U11G	30	Olivia Mullineaux	none	1.52	1.57	1.55	1.57
U11G	11	Inari Rawle	none	1.20	1.14	1.22	1.22

Standing Long Jump



Girls U13 / U15

	Name	Club/School	Trial			Best
			1	2	3	
U13G	14 Alice Coshell	Thurrock Harriers	2.22	2.24	2.16	2.24
U13G	29 Amelie Scott	Chelmsford AC	2.08	1.96	2.09	2.09
U13G	43 Isabelle Curtis-Rich	Havering AC	2.00	1.99	1.98	2.00
U13G	40 Olive Lane	Chelmsford AC	1.92	1.78	1.84	1.92
U13G	34 Chelsea Clarke	Thurrock Harriers	1.72	1.82	1.92	1.92
U13G	4 Martha May	Braintree and District	1.82	1.88	1.88	1.88
U13G	42 Hetty Harrison	Chelmsford AC	1.80	1.86	1.82	1.86
U13G	13 Poppy Horton	Basildon AC	1.85	1.78	1.84	1.85
U13G	20 Lillie Moss	Ssa athletes	1.82	1.80	1.80	1.82
U13G	35 Harriet Rush	Chelmsford AC	1.64	1.66	1.70	1.70
U13G	19 Iona McCormick	Basildon AC	1.60	1.70	1.66	1.70
U13G	36 OLAMIDE ELEMIDE-EMIS	Thurrock Harriers	1.68	1.60	1.54	1.68
U13G	18 Isla McCormick	Basildon AC	1.54	1.62	1.64	1.64
U13G	28 Tilly Hewitt	Chelmsford AC	1.64	1.56	1.58	1.64
U15G	12 Sophie Catchpole	Chelmsford AC	1.96	2.04	2.10	2.10
U15G	25 Millie Trotter	Basildon AC	1.94	2.04	1.98	2.04
U15G	24 Jessica Lunt	Chelmsford AC	1.98	2.02	1.98	2.02
U15G	16 Emmie Fulker	Chelmsford AC	1.98	1.99	1.98	1.99
U15G	3 Emily Bailey	Basildon AC	1.98	1.88	1.92	1.98
U15G	17 Jessica Heath	Basildon AC	1.92	1.92	1.94	1.94
U15G	6 Maisie Lee	Havering AC	1.72	1.76	1.79	1.79
U15G	41 Eva Walker	Chelmsford AC	1.68	1.68	1.70	1.70



EAN - SPORTSHALL COMPETITION

Round 2 - November 2021

v.2

Standing Triple Jump



Girls U11 / U13

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	22	Tia Leaver	none	5.38	5.26	5.26	5.38
U13G	29	Amelie Scott	Chelmsford AC	6.02	6.24	6.18	6.24
U13G	44	Wonuola Olokodana	none	6.16	5.94	6.16	6.16
U13G	26	Milana Thorpe	Chelmsford AC	5.94	5.96	6.08	6.08
U13G	43	Isabelle Curtis-Rich	Havering AC	5. 50	5.44	5.82	5.82
U13G	38	Kate Case	Chelmsford AC	5.42	5.52	5.76	5.76
U13G	42	Hetty Harrison	Chelmsford AC	5.54	5.38	5.46	5.54
U13G	40	Olive Lane	Chelmsford AC	5.36	5.46	5.54	5.54
U15G	3	Emily Bailey	Basildon AC	6.56	6. 50	6.38	6.56
U15G	17	Jessica Heath	Basildon AC	6. 00	6.06	5.96	6.06
U15G	9	Lizzie Bodal Hansen	Chelmsford AC	5.98	5.74	5. 80	5.98
U15G	24	Jessica Lunt	Chelmsford AC	5. 60	5. 70	5.76	5.76
	25	Millie Trotter	Basildon AC	5.26	5.42	5.52	5.52
	37	Ololade Elemide-Emis	Thurrock	4.76	4.96	4.92	4.92

Vertical Jump



Girls U11/ U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	10	Honor Oteng	SSA Athletics	33	44	44	44
U11G	15	Sadie Owen	SSAthletics	38	38	37	38
U11G	8	Kezia Wright	none	36	34	34	36
U11G	11	Inari Rawle	none	23	24	27	27
U11G	31	Sophia Davis	Athletics Funds	26	24	25	26
U13G	14	Alice Coshell	Thurrock Harriers	52	50	55	55
U13G	34	Chelsea Clarke	Thurrock Harriers	46	50	50	50
U13G	42	Hetty Harrison	Chelmsford AC	50	48	48	50
U13G	26	Milana Thorpe	Chelmsford AC	48	46	46	48
U13G	44	Wonuola Olokodana	none	46	47	45	47
U13G	18	Isla McCormick	Basildon AC	45	44	46	46
U13G	19	Iona McCormick	Basildon AC	45	44	44	45
U13G	28	Tilly Hewitt	Chelmsford AC	37	41	40	41
U13G	35	Harriet Rush	Chelmsford AC	39	37	39	39
U13G	36	OLAMIDE ELEMIDE-EMIS	Thurrock Harriers	33	34	35	35
U13G							
U15G	16	Emmie Fulker	Chelmsford AC	52	50	49	52
U15G	9	Lizzie Bodal Hansen	Chelmsford AC	48	50	49	50
U15G	25	Millie Trotter	Basildon AC	44	42	45	45
U15G	37	OLOLADE ELEMIDE-EMIS	none	41	39	38	41

Hi Stepper



Girls U11

	No.	Name	Club/School	Trial
				1
U11G	31	Sophia Davis	Athletics Funds	15.2
U11G	15	Sadie Owen	SSAthletics	16.4
U11G	10	Honor Oteng	SSA Athletics	17.5
U11G	30	Olivia Mullineaux	none	17.1
U11G	22	Tia Leaver	none	17.1
U11G	39	Ava Lewis	none	18.4
U11G	23	Lacey Leaver	none	19.2
U11G	11	Inari Rawle	none	23.4

Target Throw



Girls U11

	No.	Name	Club/School	Total
				Point
U11G	23	Lacey Leaver	none	13
U11G	30	Olivia Mullineaux	none	11
U11G	39	Ava Lewis	none	9
U11G	31	Sophia Davis	Athletics Funds	7
U11G	8	Kezia Wright	none	5
	15	Sadie Owen	SSA	4
	11	Inari Rawle	none	3

Speed Bounce



Girls U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U13G	15	Sadie Owen	SSAthletics	48
U13G	33	Sophie Lee	How2Athletics	46
U11G	10	Honor Oteng	SSA Athletics	45
U11G	30	Olivia Mullineaux	none	44
U11G	31	Sophia Davis	Athletics Funds	40
U11G	11	Inari Rawle	none	27
U11G	8	Kezia Wright	none	25

Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

No.	Name	Club/School	Trial 1
U13G 14	Alice Coshell	Thurrock Harriers	75
U13G 42	Hetty Harrison	Chelmsford AC	74
U13G 13	Poppy Horton	Basildon AC	69
U13G 20	Lillie Moss	Ssa athletes	62
U13G 43	Isabelle Curtis-Rich	Havering AC	60
U13G 44	Wonuola Olokodana	none	60
U13G 36	OLAMIDE ELEMIDE-EMIS	Thurrock Harriers	39
U15G 6	Maisie Lee	Havering AC	74
U15G 41	Eva Walker	Chelmsford AC	70
U15G 25	Millie Trotter	Basildon AC	67
U15G 12	Sophie Catchpole	Chelmsford AC	67
U15G 37	OLOLADE ELEMIDE-EMIS	none	67



Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

Round 2 - November 2021

v.2

Chest Push

Shot Putt

Sportshall

Boys U11 (1kg)

Boys U13- 3.25kg / U15 - 4kg

No.	Name	Club/School	Trial			Best	
			1	2	3		
CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW							
U11B	56	Archie Wallace	none	4.50	6.50	7.00	7.00
U11B	77	Harry Daley	Basildon AC	6.75	6.00	6.50	6.75
U11B	66	Stanislaw Sokolowski	SSAthletics Southend	6.50	5.53	6.75	6.75
U11B	55	Fred Wallace	Basildon AC	5.75	6.25	6.25	6.25
U11B	65	Malachi Wright	none	5.75	6.25	6.00	6.25
U11B	59	Freddie Parsons	none	4.50	5.50	6.25	6.25
U11B	82	Connor McGurk	Basildon AC	4.75	4.75	5.00	5.00
LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW							
U13B	62	Melchisedec Berkoh-Gya	Basildon AC	8.64	NT	X	8.64
U13B	83	kai debenham	Basildon AC	4.87	5.78	5.02	5.78
U13B	87	Jacob Parrott	Chelmsford AC	4.97	4.88	4.70	4.97
U15B	53	Oreanuoluwa Adepegba	thurrock	12.19	11.68	X	12.19
U15B	75	Samuel Bernard	Thurrock Harriers	9.29	9.61	9.17	9.61
U15B	52	Stephen Adesina	Thurrock Harriers	8.40	8.97	8.81	8.97
	54	Cameron Wood	Chelmsford AC	8.90	X	8.67	8.90
	51	Chukwuemeka Nzekwe	Thurrock	7.93	7.94	8.32	8.32
	72	Edward Hughes	Chelmsford AC	6.39	7.39	7.31	7.39



Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

Round 2 - November 2021

v.2

Standing Long Jump

Sportshall

Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	73	Eddie Weston	SSAthletics	1.96	1.93	1.96	1.96
U11B	61	prince Idowu	Harlow Athletics	1.88	1.86	1.95	1.95
U11B	65	Malachi Wright	none	1.80	1.82	1.85	1.85
U11B	66	Stanislaw Sokolowski	SSAthletics Southend	1.64	1.68	1.84	1.84
U11B	67	John Coshell	Thurrock Harriers	1.82	1.74	1.72	1.82
U11B	77	Harry Daley	Basildon AC	1.80	1.62	1.68	1.80
U11B	56	Archie Wallace	none	1.70	1.78	1.72	1.78
U11B	86	Max Parrott	none	1.74	1.68	1.68	1.74
U11B	59	Freddie Parsons	none	1.62	1.64	1.64	1.64
U11B	79	Theo Copsey	S S Athletics Southend	1.60	1.62	1.60	1.62
U11B	55	Fred Wallace	Basildon AC	1.52	1.50	1.50	1.52
U11B	82	Connor McGurk	Basildon AC	1.22	1.36	1.26	1.36



EAN - SPORTSHALL COMPETITION

Round 2 - November 2021

v.2

Standing Long Jump



Boys U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13B	71	Kelyan Ble	Harlow Athletics	2.12	2. 20	2.22	2.22
U13B	62	Melchisedec Berkoh-Gya	Basildon AC	2. 00	2.12	2.14	2.14
U13B	68	Ben Smith	Chelmsford AC	2.08	2.04	2.04	2.08
U13B	60	Ethan Brien	Chelmsford AC	2.02	1.96	1.97	2.02
U13B	87	Jacob Parrott	Chelmsford AC	1.94	1.92	1. 90	1.94
U13B	83	kai debenham	Basildon AC	1.86	1. 90	1. 90	1.90
U13B	63	Kieran Bragg	Basildon AC	1.68	1.76	1.64	1.76
U15B	54	Cameron Wood	Chelmsford AC	2.72	2.72	2.82	2.82
U15B	75	Samuel Bernard	Thurrock Harriers	2.36	2.46	2.32	2.46
U15B	58	Daniel Headley	Basildon AC	2.36	2.46	2. 30	2.46
U15B	53	Oreanuoluwa Adepegba	thurrock	2.32	2. 20	2.38	2.38
U15B	52	Stephen Adesina	Thurrock Harriers	2.24	2. 30	2.22	2.30
U15B	51	Chukwuemeka Nzekwe	Thurrock Harriers	2.18	2.22	2.28	2.28



EAN - SPORTSHALL COMPETITION

Round 2 - November 2021

v.2

Standing Triple Jump

Sportshall

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	73	Eddie Weston	SSAthletics	5.36	5.54	5.70	5.70
U11B	85	Reggie Wood	Basildon AC	5.22	5.42	5.50	5.50
U11B	61	prince Idowu	Harlow Athletics	5.30	5.40	5.18	5.40
U11B	65	Malachi Wright	none	4.94	5.26	5.06	5.26
U11B	86	Max Parrott	none	5.08	5.10	5.00	5.10
U11B	79	Theo Copsey	S S Athletics Southend	4.92	4.84	4.96	4.96
U13B	62	Melchisedec Gyamfi	Basildon AC	6.60	6.62	6.82	6.82
U13B	60	Ethan Brien	Chelmsford AC	6.12	6.02	5.94	6.12
U13B	71	Kelyan Ble	Harlow Athletics	5.84	5.98	5.98	5.98
U13B	87	Jacob Parrott	Chelmsford AC	5.76	5.52	5.54	5.76
U13B	68	Ben Smith	Chelmsford AC	5.46	5.54	5.60	5.60
U13B	63	Kieran Bragg	Basildon AC	4.90	5.06	4.98	5.06
U15B	54	Cameron Wood	Chelmsford AC	7.24	7.84	7.94	7.94
U15B	53	Oreanuoluwa Adepegba	thurrock	7.46	7.50	7.48	7.50
U15B	58	Daniel Headley	Basildon AC	7.16	7.20	7.46	7.46
U15B	51	Chukwuemeka Nzekwe	Thurrock Harriers	7.04	7.06	7.42	7.42
U15B	52	Stephen Adesina	Thurrock Harriers	6.92	7.26	7.18	7.26
	75	Samuel Bernard	Thurrock Harriers	7.06	X	X	7.06



EAN - SPORTSHALL COMPETITION

Round 2 - November 2021

v.2

Vertical Jump



Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	78	Jonathan Neife	SSAthletics Southend	50	50	49	50
U11B	65	Malachi Wright	none	50	49	48	50
U11B	86	Max Parrott	none	46	46	45	46
U11B	61	prince Idowu	Harlow Athletics	43	42	44	44
U13B	62	Melchisedec Berkoh-Gya	Basildon AC	53	53	56	56
U13B	71	Kelyan Ble	Harlow Athletics	48	51	47	51
U13B	83	kai debenham	Basildon AC	40	45	45	45
U15B	54	Cameron Wood	Chelmsford AC	74	76	76	76
U11B	73	Eddie Weston	SSAthletics	64	65	62	65
U15B	53	Oreanuoluwa Adepegba	thurrock	60	65	63	65
U15B	58	Daniel Headley	Basildon AC	60	62	65	65
U15B	51	Chukwuemeka Nzekwe	Thurrock Harriers	57	63	64	64
U15B	72	Edward Hughes	Chelmsford AC	57	57	57	57
U15B							

Hi Stepper



Boys U11

	No.	Name	Club/School	Trial
				1
U11B	78	Jonathan Neife	SSAthletics Southend	14.5
U11B	67	John Coshell	Thurrock Harriers	16.0
U11B	86	Max Parrott	none	16.3
U11B	65	Malachi Wright	none	17.0
U11B	82	Connor McGurk	Basildon AC	17.5
U11B	61	prince Idowu	Harlow Athletics	17.6

Target Throw



Boys U11

	No.	Name	Club/School	Total
				Point
U11B	77	Harry Daley	Basildon AC	17
U11B	86	Max Parrott	none	16
U11B	82	Connor McGurk	Basildon AC	15
U11B	59	Freddie Parsons	none	13
U11B	67	John Coshell	Thurrock Harriers	13
U11B	79	Theo Copsey	S S Athletics Southend	13
U11B	56	Archie Wallace	none	12
U11B	64	Samuel Lowry	SSA Athletics	10
U11B	55	Fred Wallace	Basildon AC	9



Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

Round 2 - November 2021

v.2

Speed Bounce



Boys U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11B	61	prince Idowu	Harlow Athletics	50
U11B	85	Reggie Wood	Basildon AC	50
U11B	86	Max Parrott	none	48
U11B	67	John Coshell	Thurrock Harriers	41
U11B	64	Samuel Lowry	SSA Athletics	40

