



Essex  
Athletics Network

# EAN - SPORTSHALL COMPETITION

## Chest Push

## Shot Putt

Sportshall

Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		<b>CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW</b>					
U11G	35	Elsie Burrell	SS Athletics	5.25	5.75	6.00	6.00
U11G	21	Laura Walecka	Colchester/Tendring Athl	4.75	5.50	5.75	5.75
U11G	11	Willow Mason	Braintree/District Athletic	4.50	5.50	4.75	5.50
U11G	16	Joni Saunders	SS Athletics	5.00	5.00	4.75	5.00
U11G	27	Ivy - Rose Hallahan	Colchester/Tendring Athl	4.75	4.50	4.75	4.75
U11G	28	Inari Rawle	None	4.00	4.00	4.00	4.00
		<b>LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW</b>					
U13G	32	Holly Bowdler	Basildon AC	7.22	6.59	6.37	7.22
U13G	34	Chelsea Clarke	Chelmsford AC	7.17	6.39	7.17	7.17
U13G	20	Lily Hartman	Basildon AC	6.42	6.73	7.10	7.10
U13G	2	Madison Poulter	Chelmsford AC	6.08	6.13	6.30	6.30
U13G	24	Frankie Hopper	Chelmsford AC	5.45	5.22	4.87	5.45
U15G	1	Matilda Hewitt	Chelmsford AC	11.15	10.91	11.73	11.73
U15G	36	Milana Thorpe	Chelmsford AC	8.11	X	8.12	8.12
U15G	33	Kate Case	Chelmsford AC	6.35	6.36	6.39	6.39



Essex  
Athletics Network

# EAN - SPORTSHALL COMPETITION

## Standing Long Jump

Sportshall

### Girls U11

No.	Name	Club/School	Trial			Best	
			1	2	3		
	12	Breanna Dosumu	None	1.99	2	2.03	2.03
U11G	15	Amalie Twydell	Braintree/District Athletic	1.68	1.77	1.69	1.77
U11G	17	Lucinda Palmer	Braintree/District Athletic	1.68	1.68	1.62	1.68
U11G	11	Willow Mason	Braintree/District Athletic	1.66	1.58	1.66	1.66
U11G	18	Poppy Bowkett	Braintree/District Athletic	1.45	1.58	1.57	1.58
U11G	21	Laura Walecka	Colchester/Tendring Athl	1.52	1.54	1.5	1.54
U11G	28	Inari Rawle	None	1.36	1.41	1.38	1.41
U11G							

## Standing Long Jump

Sportshall

### Girls U13 / U15

	Name	Club/School	Trial			Best	
			1	2	3		
	22	Elouise Thomas	Basildon AC	2.22	2.14	2.19	2.22
U13G	20	Lily Hartman	Basildon AC	2.14	2.08	2	2.14
U13G	19	Nicole Hawkins	Brentwood Beagles	2.02	1.98	2	2.02
U13G	14	Honey Peck	Brentwood Beagles	1.7	1.54	1.73	1.73
U15G	24	Frankie Hopper	Chelmsford AC	1.14	1.45	1.46	1.46
U13G	2	Madison Poulter	Chelmsford AC	1.37	1.4	1.38	1.4
U13G							
U15G	13	jessica lunt	Chelmsford AC	2.13	2.14	2.05	2.14
U15G	37	Jessica Heath	Basildon AC	2.07	2.11	2.06	2.11
U15G	1	Matilda Hewitt	Chelmsford AC	1.79	1.92	1.9	1.92
U15G							



**Essex**  
Athletics Network

# EAN - SPORTSHALL COMPETITION

## Standing Triple Jump

**Sportshall**

Girls U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	21	Laura Walecka	Colchester/Tendring Athl	4.18	4.54	4.18	4.54
	15	Amalie Twydell	Braintree/District Athletic	4.34	4.32	4.45	4.45
U13G	34	Chelsea Clarke	Chelmsford AC	6.05	6.16	6.24	6.24
U13G	22	Elouise Thomas	Basildon AC	6.06	5.97	6.06	6.06
U13G	32	Holly Bowdler	Basildon AC	5.42	5.64	5.39	5.64
U13G	30	Aliah Sandra Storari	Chelmsford AC	5.48	5.49	5.53	5.53
U13G	24	Frankie Hopper	Chelmsford AC	5.22	4.92	5.06	5.22
U13G	2	Madison Poulter	Chelmsford AC	3.84	4.26	3.56	4.26
U15G	13	jessica lunt	Chelmsford AC	6.34	6.4	6.42	6.42
U15G	37	Jessica Heath	Basildon AC	6.35	6.25	6.26	6.26
U15G	1	Matilda Hewitt	Chelmsford AC	5.2	5.23	5.2	5.23
U15G							

## Vertical Jump

**Sportshall**

Girls U11/ U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	16	Joni Saunders	SS Athletics	38	33	32	38
	11	Willow Mason	Braintree/District Athletic	28	33	34	34
	98	Wren Mahy	Fundamentals	27	29	27	29
	15	Amalie Twydell	Braintree/District Athletic	26	26	26	26
U13G	34	Chelsea Clarke	Chelmsford AC	52	52	52	52
U13G	36	Milana Thorpe	Chelmsford AC	49	49	50	50
U13G	32	Holly Bowdler	Basildon AC	46	47	47	47
U13G	14	Honey Peck	Brentwood Beagles	39	40	37	40
U15G	37	Jessica Heath	Basildon AC	50	50	51	51
U15G	36	Milana Thorpe	Chelmsford AC	49	49	50	50
U15G	26	Millie Trotter	Basildon AC	49	48	43	49
U15G	33	Kate Case	Chelmsford AC	46	44	48	48
U15G	1	Matilda Hewitt	Chelmsford AC	38	40	40	40



Essex  
Athletics Network

# EAN - SPORTSHALL COMPETITION



## Hi Stepper



Girls U11

No.	Name	Club/School	Trial 1
U11G 35	Elsie Burrell	SS Athletics	14.5
U11G 12	Breanna Dosumu	None	14.8
U11G 27	Ivy - Rose Hallahan	Colchester/Tendring Athl	15.9
U11G 31	Naima Clara Storari	None	15.9
U11G			

## Target Throw

Girls U11

No.	Name	Club/School	Total Points
U11G 11	Willow Mason	Braintree/District Athletic	12
U11G 28	Inari Rawle	None	8
U11G 35	Elsie Burrell	SS Athletics	3



Essex  
Athletics Network

# EAN - SPORTSHALL COMPETITION

## Speed Bounce

Girls U11 (20 secs)

	No.	Name	Club/School	Trial
				1
	17	Lucinda Palmer	Braintree/District Athletics	46
U11G	25	Nicole Dennison	SS Athletics	45
U11G	35	Elsie Burrell	SS Athletics	45
U11G	98	Wren Mahy	Fundamentals	42
U11G	28	Inari Rawle		38
U11G	11	Willow Mason	Braintree/District Athletics	38

## Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
	19	Nicole Hawkins	Brentwood Beagles	72
U13G	14	Honey Peck	Brentwood Beagles	70
U13G	2	Madison Poulter	Chelmsford AC	64
U13G	22	Elouise Thomas	Basildon AC	61
U13G	32	Holly Bowdler	Basildon AC	54
U13G				
	37	Jessica Heath	Basildon AC	72
U15G	33	Kate Case	Chelmsford AC	70
U15G	13	jessica lunt	Chelmsford AC	68
U15G	26	Millie Trotter	Basildon AC	67



**Essex**  
Athletics Network

# EAN - SPORTSHALL COMPETITION

## JAVELIN

Girls U11

	No.	Name	Club/School	Trial	Trial	Trial	Trial
				1	2	3	4
	25	Nicole Dennison	SS Athletics	10.3	10.7	12	12
U11G	16	Joni Saunders		10.1	10	9.4	10
U11G	35	Elsie Berrell		8.80	10.3	9.3	10.3
U11G	98	Wren Mahy		9.8	9.8	8	9.8

## BALANCE BEAM

**Sportshall**

Girls U11 / U13 / U15

	No.	Name	Club/School	Trial
				1
	18	Poppy Bowkett	Braintree/District Athletic	41
U11G	28	Inari Rawle	None	26
U11G	11	Willow Mason	Braintree/District Athletic	18
U11G	27	Ivy - Rose Hallahan	Colchester/Tendring Athl	16

## OBSTACLE RACE

**Sportshall**

### U11 Only

Girls U11 / U13 / U15

	No.	Name	Club/School	Trial
				1
	12	Breanna Dosumu	None	33.3
U11G	28	Inari Rawle	None	38.3
U11G	35	Elsie Burrell	SS Athletics	32.1
U11G	11	Willow Mason		33.7
U11G	17	Lucinda Palmer		32.2
U11G	15	Amalie Twydell		33.9
U11G	28	Inari Rawle		30.2
U11B	59	Rory Symour		33.1



**Essex**  
Athletics Network

# EAN - SPORTSHALL COMPETITION

## Chest Push

## Shot Putt

## Sportshall

Boys U11 (1kg)

Boys U13- 3.25kg / U15 - 4kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		<b>CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW</b>					
U11B	50	Jude Lipscombe	SS Athletics	6.25	6.00	5.25	6.25
U11B	56	Sky Reeve	None	5.75	6.00	6.25	6.25
U11B	58	Freddie Seymour	Braintree/District Athletic	6.00	4.50	5.50	6.00
U11B	59	Rory Seymour	Braintree/District Athletic	4.75	4.75	5.00	5.00
U11B	66	Lucas Vowles	Brentwood Beagles	4.50	4.25	4.50	4.50
U11B	67	Zac Vowles	Brentwood Beagles	4.25	4.00	4.00	4.25
		<b>LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW</b>					
U13B	53	George Dixon	Chelmsford AC	7.38	6.68	7.17	7.38
U13B	68	Freddie Parsons	None	5.23	5.47	5.74	5.74



**Essex**  
Athletics Network

# EAN - SPORTSHALL COMPETITION

## Standing Long Jump

**Sportshall**

### Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	61	Sebastian Simpson	Basildon AC	1.8	1.89	1.78	1.89
U11B	57	Toby Stothard	None	1.87	1.85	1.77	1.87
U11B	58	Freddie Seymour	Braintree/District Athletic	1.78	1.77	1.86	1.86
U11B	59	Rory Seymour	Braintree/District Athletic	1.53	1.56	1.41	1.56
U11B	52	Dylan Yaxley	None	1.42	1.49	1.4	1.49
U11B	67	Zac Vowles	Brentwood Beagles	1.3	1.35	1.29	1.35
U11B	66	Lucas Vowles	Brentwood Beagles	1.16	1.14	1.2	1.20

## Standing Long Jump

**Sportshall**

### Boys U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13B	53	George Dixon	Chelmsford AC	2.05	1.98	1.99	2.05
U13B	60	Kayden Nott	SS Athletics	1.86	1.84	1.96	1.96
U13B	68	Freddie Parsons	None	1.83	1.74	1.87	1.87





**Essex**  
Athletics Network

# EAN - SPORTSHALL COMPETITION

## Standing Triple Jump

**Sportshall**

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	57	Toby Stothard	None	5.3	5.13	5.44	5.44
U11B	58	Freddie Seymour	Braintree/District Athletic	5.41	5.08	4.94	5.41
U11B	61	Sebastian Simpson	Basildon AC	5.04	5.21	5.31	5.31
U11B	59	Rory Seymour	Braintree/District Athletic	4.74	4.83	4.7	4.83
U11B	52	Dylan Yaxley	None	3.74	4.12	4	4.12
U11B	67	Zac Vowles	Brentwood Beagles	3.7	3.13	4.04	4.04
U11B	66	Lucas Vowles	Brentwood Beagles	2.86	3.39	2.93	3.39
U13B	53	George Dixon	Chelmsford AC	5.54	5.86	5.78	5.86
U15B	63	Daniel Headley	Basildon AC	8.48	8.58	X	8.58

## Vertical Jump

**Sportshall**

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	99	Robin Mahy	Fundamentals	32	33	34	34
U13B	53	George Dixon	Chelmsford AC	45	46	49	49
U13B	60	Kayden Nott	SS Athletics	43	44	44	44
U13B	68	Freddie Parsons	None	41	44	44	44
U15B	63	Daniel Headley	Basildon AC	65	67	65	67



Essex  
Athletics Network

# EAN - SPORTSHALL COMPETITION

## Hi Stepper

## Sportshall

Boys U11

No.	Name	Club/School	Trial 1
U11B 57	Toby Stothard	None	14.9
U11B 52	Dylan Yaxley	None	15.2
U11B 56	Sky Reeve	None	16.2

## Target Throw

Boys U11

No.	Name	Club/School	Total Points
U11B 64	Max Good	Chelmsford AC	15
U11B 57	Toby Stothard	None	10
U11B 58	Freddie Seymour	Braintree/District Athletic	9
U11B 59	Rory Seymor		7
U13B 52	Dylan Yaxley		6
U13B 67	Zac Vowels		4
U13B 66	Lucas Vowles		2





**Essex**  
Athletics Network

# EAN - SPORTSHALL COMPETITION

## JAVELIN

Boys U11

No.	Name	Club/School	Trial	Trial	Trial	Trial
			1	2	3	4
U11B 99	Robin Mahy	Fundamentals	12.3	13.6	14.2	14.2

## BALANCE BEAM

Boys U11 / U13 / U15

No.	Name	Club/School	Trial
			1

## OBSTACLE RACE

U11 Only

Boys U11 / U13 / U15

No.	Name	Club/School	Trial
			1
U11B 58	Freddie Seymour	Braintree/District Athletic	31.3
U11B 61	Sebastian Simpson	Basildon AC	31.6
U11B 50	Jude Lipscombe	SS Athletics	32.1
	99 Robin Mahy		33
	64 Max Good		30.9
	56 Sky Reeve		32.7