



Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Chest Push

Shot Putt

Sportshall

Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11G	28	Felicity Charles	Chelmsford AC	5.00	4.75	5.25	5.25
U11G	45	Kacie Langton	Colchester/Tendring AC	4.50	4.75	4.75	4.75
U11G	33	Abigail Knight	none	4.25	4.25	4.50	4.50
U11G	10	Isla foley	Brentwood Beagles AC	3.25	4.00	3.75	4.00
U11G	25	Elsie Martin-Bouchareb	Brentwood Beagles AC	0.00	0.00	0.00	0.00
		SHOT:					
U13G	37	Olivia Mullineaux	Chelmsford AC	7.97	8.90	8.63	8.90
U13G	6	Shindara Ayo-Adeyemo	Chelmsford AC	5.63	6.16	5.57	6.16
U13G	41	Eni- Zoe Saiki	none	4.45	5.90	5.35	5.90
U13G	39	Emma Frisby	City of Southend AC	4.66	x	5.63	5.63
U13G	11	Zenobia Williams	Havering AC	4.53	4.97	5.35	5.35
U13G	44	Lucinda Palmer	Braintree Athletics Club	x	5.32	x	5.32
U13G	7	Amelie Twydell	Braintree Athletics Club	4.62	4.63	4.69	4.69
U13G	1	Cherri Moss	Chelmsford AC	4.12	x	2.87	4.12
U15G	12	Amelie Scott	Chelmsford AC	10.04	9.87	9.76	10.04
U15G	26	Chelsea Clarke	Chelmsford AC	7.33	7.65	x	7.65
U15G	38	Erin Frisby	City of Southend AC	7.37	7.22	6.25	7.37
U15G	14	Elouise Thomas	Basildon AC	6.09	6.39	5.75	6.39
U15G	23	Dakota Sladden	SSA	6.03	4.23	5.11	6.03



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EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Standing Long Jump

Sportshall

Girls U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	25	Elsie Martin-Bouchareb	Brentwood Beagles AC	1.75	1.82	1.76	1.82
U11G	21	Davina Oladele	Thurrock Harriers	1.8	1.64	1.71	1.80
U11G	9	Isobel Lerner	Brentwood Beagles AC	1.62	1.5	1.52	1.62
U11G	31	Naomi Heath	SS Athletics	1.52	1.32	1.48	1.52
U11G	16	Temitope Ekerin	none	0	0	0	0.00
U11G	47	Veronica SIMPSON	Basildon AC	0	0	0	0.00
U11G	45	Kacie Langton	Colchester/Tendring AC	0	0	0	0.00
U13G	34	Evie Boygle	City of Southend AC	2	2.1	2.13	2.13
U13G	29	Charlotte Sumner	none	2.08	1.99	2.04	2.08
U13G	6	Shindara Ayo-Adeyemo	Chelmsford AC	1.92	1.92	1.94	1.94
U13G	2	Keira Nix	Basildon AC	1.88	1.78	1.82	1.88
U13G	41	Eni- Zoe Saiki	none	1.73	1.88	1.86	1.88
U13G	1	Cherri Moss	Chelmsford AC	1.87	1.82	1.69	1.87
U13G	24	Nicole Dennison	SS Athletics	1.82	1.82	1.84	1.84
U13G	7	Amalie Twydell	Braintree Athletics Club	1.84	1.8	1.81	1.84
U13G	46	Layla Dixon	Basildon AC	1.8	1.82		1.82
U13G	37	Olivia Mullineaux	Chelmsford AC	1.72	1.67	1.64	1.72
U13G	5	Ava O Neal	Brentwood Beagles AC	1.7	1.66	1.64	1.70
U13G	3	Libbie Gordon	none	0	0	0	0.00
U15G	22	Alice Coshell	Thurrock harriers	2.48	2.44 x		2.48
U15G	12	Amelie Scott	Chelmsford AC	2.32	2.4	2.32	2.40
U15G	26	Chelsea Clarke	Chelmsford AC	2.22	2.2	2.18	2.22
U15G	14	Elouise Thomas	Basildon AC	2.15	2.22	2.1	2.22
U15G	20	Martha May	Braintree Athletics Club	2.14	2.03	2.04	2.14
U15G	15	Nicole Hawkins	Brentwood Beagles AC	2.07	2.08	2.05	2.08
U15G	42	Stephanie Smith	Brentwood Beagles AC	1.88	1.96	2.02	2.02
U15G	38	Erin Frisby	City of Southend AC	1.96	1.98	2.01	2.01



Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Standing Triple Jump

Sportshall

Girls U13 / U15

	Name	Club/School	Trial			Best	
			1	2	3		
U11G	27	Kylie Kayembe	none	4.93	4.95	4.77	4.95
U11G	33	Abigail Knight	none	4.31	4.61	4.65	4.65
U11G	36	Olivia Merton	SS Athletics	4.64	4.37	4.46	4.64
U11G	31	Naomi Heath	SS Athletics	3.65	3.94	4.2	4.20
U11G	25	Elsie Martin- Bouchareb	Brentwood Beagles AC	0	0	0	0.00
U13G	39	Emma Frisby	City of Southend AC	5.94	5.91	5.95	5.95
U13G	2	Keira Nix	Basildon AC	5.6	5.5	5.81	5.81
U13G	35	Evie Abbott	Brentwood Beagles AC	5.72	4.58	5.61	5.72
U13G	29	Charlotte Sumner	none	5.48	5.4	5.35	5.48
U13G	7	Amalie Twydell	Braintree Athletics Club	4.85	5.1	5.05	5.10
U13G	43	Katie Lowe	Brentwood Beagles AC	0	0	0	0.00
U15G	14	Elouise Thomas	Basildon AC	6.27	6.32	6.12	6.32
U15G	20	Martha May	Braintree Athletics Club	6.19	5.99	5.81	6.19
U15G	38	Erin Frisby	City of Southend AC	5.84	5.42	5.62	5.84



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Athletics Network

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Vertical Jump

Sportshall

Girls U11/ U13 / U15

	No.	Name	Club/School	Trial			Best	
				1	2	3		
U11G	25	Elsie Martin-Bouchareb	Brentwood Beagles AC	36	35	35	36	
U11G	45	Kacie Langton	Colchester/Tendring AC	30	35	34	35	
U11G	4	Ivy-Rose Hallahan	Colchester/Tendring AC	32	32	34	34	
U11G	28	Felicity Charles	Chelmsford AC	26	29	28	29	
U11G	8	Ella Silvain	Basildon AC	25	25	19	25	
U13G	6	Shindara Ayo-Adeyemo	Chelmsford AC	51	57	48	57	
U13G	34	Evie Boygle	City of Southend AC	56	54	55	56	
U13G	46	Layla Dixon	Basildon AC	36	41	44	44	
U13G	37	Olivia Mullineaux	Chelmsford AC	39	43	38	43	
U13G	1	Cherri Moss	Chelmsford AC	39	38	40	40	
U13G	44	Lucinda Palmer	Braintree AC	30	38	35	38	
U13G	11	Zenobia Williams	Havering AC	30	32	37	37	
U13G	40	Stevie Makepeace	City of Southend AC	0	0	0	0	
U15G	22	Alice Coshell	Thurrock harriers	65	64	62	65	
U15G	12	Amelie Scott	Chelmsford AC	57	57	55	57	
U15G	14	Elouise Thomas	Basildon AC	53	52	54	54	
U15G	26	Chelsea Clarke	Chelmsford AC	52	52	54	54	
U15G	18	Lucia Barry	Basildon AC	52	50	52	52	
U15G	19	Abigail Bergin-McCarthy	Basildon AC	46	46	47	47	
U15G	42	Stephanie Smith	Brentwood Beagles AC	46	45	46	46	
U15G	17	Lucy Bulman	Chelmsford AC	0	0	0	0	
U15G	30	Honey Peck	Brentwood Beagles AC	0	0	0	0	
		JAVELIN U11 ONLY (BULL NOSE)						



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Athletics Network

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Hi Stepper

Sportshall

Girls U11

	No.	Name	Club/School	Trial 1
U11G	32	Sofia Lawrence	Chelmsford AC	15.2
U11G	36	Olivia Merton	SS Athletics	16.0
U11G	4	Ivy-Rose Hallahan	Colchester/Tendring AC	16.3
U11G	8	Ella Silvain	Basildon AC	18.5



Essex
Athletics Network

EAN - SPORTSHALL COMPETITION ROUND ONE OCTOBER 2023

Target Throw



Girls U11

	No.	Name	Club/School	Total Points
U11G	32	Sofia Lawrence	Chelmsford AC	16
U11G	28	Felicity Charles	Chelmsford AC	11
U11G	27	Kylie Kayembe	none	8
U11G	9	Isobel Larner	Brentwood Beagles AC	7
U11G	8	Ella Silvain	Basildon AC	6
U11G	31	Naomie Heath	SSA	5
U11G	16	Sharnette Bailey- Ekerin	none	0
U11G				
U11G				
U11G				
U11G				
U11G	8	Ella Silvain	Basildon AC	

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Speed Bounce

Sportshall

Girls U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11G	27	Kylie Kayembe	none	42
U11G	32	Sofia Lawrence	Chelmsford AC	40
U11G	45	Kacie Langton	Colchester/Tendring AC	40
U11G	21	Davina Oladele	Thurrock Harriers	38
U11G	8	Ella Silvain	Basildon AC	35
U11G	10	Isla foley	Brentwood Beagles AC	33
U11G	31	Naomi Heath	SS Athletics	32
U11G	47	Veronica SIMPSON	Basildon AC	0

Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13G	34	Evie Boyle	City of Southend AC	70
U13G	44	Lucinda Palmer	Braintree Athletics Club	69
U13G	1	Cherri Moss	Chelmsford AC	68
U13G	35	Evie Abbott	Brentwood Beagles AC	67
U13G	24	Nicole Dennison	SS Athletics	65
U13G	5	Ava O Neal	Brentwood Beagles AC	65
U13G	6	Shindara Ayo-Adeyemo	Chelmsford AC	62
U13G	2	Keira Nix	Basildon AC	61
U13G	41	Eni- Zoe Saiki	none	61
U13G	11	Zenobia Williams	Havering AC	54
U15G	22	Alice Coshell	Thurrock harriers	82
U15G	15	Nicole Hawkins	Brentwood Beagles AC	73
U15G	23	Dakota Sladden	SS Athletics	72
U15G	20	Martha May	Braintree Athletics Club	67
U15G	42	Stephanie Smith	Brentwood Beagles AC	65
U15G	38	Erin Frisby	City of Southend AC	0
U15G	30	Honey Peck	Brentwood Beagles AC	0



Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Balance Beam

Sportshall

Girls U11 ONLY

	No.	Name	Club/School	Trial 1
U11G	27	Kylie Kayembe	none	51
U11G	32	Sofia Lawrence	Chelmsford AC	48
U13G	35	Evie Abbott	Brentwood Beagles AC	36
U11G	36	Olivia Merton	SS Athletics	21
U11G	8	Ella Silvain	Basildon AC	19
U11G	25	Elsie Martin-Bouchareb	Brentwood Beagles AC	0
U13G	34	Evie Boyle	City of Southend AC	0
U15G	38	Erin Frisby	City of Southend AC	0
U11G	45	Kacie Langton	Colchester/Tendring AC	0

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Chest Push

Shot Putt

Sportshall

Boys U11 (1kg)

Boys U13- 3.kg / U15 - 4kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11B	67	Jude Lipscombe	SS Athletics	5.75	6.25	6.50	6.50
U11B	81	Owen Cottee	Brentwood Beagles AC	6.00	6.25	6.25	6.25
U11B	79	Sonny Hughes	Brentwood Beagles AC	6.00	6.25	x	6.25
U11B	90	Rory Knivett	none	5.75	5.75	6.00	6.00
U11B	69	Max Evans	none	x	5.50	5.75	5.75
U11B	84	Folabi Saiki	none	x	5.50	5.50	5.50
U11B	66	Rory Seymour	Braintree Athletics Club	5.50	3.75	5.25	5.50
U11B	60	Joshua Thomas	Basildon AC	5.00	5.25	X	5.25
		SHOT					
U13B	70	Finn Petherbridge	none	6.20	6.47	6.44	6.47
U13B	63	Arron Watson	Castle Point Joggers	5.61	5.62	5.86	5.86
U13B	74	Ronnie Marchant	Brentwood Beagles AC	4.56	4.59	5.20	5.20
U13B	65	Freddie Seymour	Braintree Athletics Club	5.10	x	4.83	5.10



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EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Standing Long Jump

Sportshall

Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	87	Dylan Phillips-Frontin	SS Athletics	1.88	1.94	x	1.94
U11B	67	Jude Lipscombe	SS Athletics	1.82	1.76	1.7	1.82
U11B	77	Mason Partridge	Colchester/Tendring AC	1.81	1.3	1.79	1.81
U11B	66	Rory Seymour	Braintree Athletics Club	1.78	1.59	x	1.78
U11B	75	Joey Marchant	Brentwood Beagles AC	1.72	1.74	1.68	1.74
U11B	90	Rory Knivett	none	1.68	1.6	1.62	1.68
U11B	76	Jude Court	none	1.65	1.58	1.68	1.68
U11B	73	Wilbur Wheatley	Colchester/Tendring AC	1.64	1.54	1.67	1.67
U11B	60	Joshua Thomas	Basildon AC	1.52	1.56	1.41	1.56
U11B	69	Max Evans	none	1.56	1.38	1.41	1.56
U11B	61	Robbie Howard	Colchester/Tendring AC	1.45	1.45	1.5	1.54
U11B	64	Aidan Burgoyne	Cats	1.47	1.52	1.49	1.52
U11B	82	Josh Gifford	SS Athletics	1.28	1.43	1.32	1.43
U11B	62	Joe Howard	Colchester/Tendring AC	1.42	1.31	1.42	1.42
U11B	80	Theo Hughes	Brentwood Beagles AC	1.35	1.41	1.34	1.41
U11B	89	Joe Ryder	none	1.4	1.38	1.33	1.40
U11B	72	Austin Judd	SS Athletics	1.36	1.24	1.31	1.36
U13B	85	Tobi Oluborode Oluseye	Brentwood Beagles AC	2.13	2.26	2.3	2.30
U13B	71	Zac Petherbridge	SS Athletics	2.12	2.16	2.21	2.21
U13B	86	Timi Oluborode Oluseye	Brentwood Beagles AC	2.13	2.19	2.04	2.19
U13B	78	Matthew Cottee	Brentwood Beagles AC	1.91	2.05	1.95	2.05
U13B	88	Ben Ryder	Chelmsford	1.96	1.92	1.95	1.96
U13B	63	Arron Watson	Castle Point Joggers	1.89	1.89	1.96	1.96
U13B	65	Freddie Seymour	Braintree Athletics Club	1.89	1.89	1.95	1.95
U13B	74	Ronnie Marchant	Brentwood Beagles AC	1.63	1.73	1.68	1.73

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Standing Triple Jump



Boys U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	84	Folabi Saiki	none	5.54	9.92 x		5.92
U11B	66	Rory Seymour	Braintree Athletics Club	5.07	4.75	4.98	5.07
U11B	67	Jude Lipscombe	SS Athletics	5.01	5.04 x		5.04
U11B	60	Joshua Thomas	Basildon AC	4.53	4.62	4.52	4.62
U11B	64	Aiden Burgoyne	Cats	4.34	4.56 x		4.56
U11B	61	Robbie Howard	Cats	4.11	4.21	4.31	4.31
U11B	62	Joe Howard	Cats	2.11	2.88	2.88	2.88
U13B	71	Zac Petherbridge	SS Athletics	5.91	6.37	6.44	6.44
U13B	85	Tobi Oluborode Oluseye	Brentwood Beagles AC	6.42	6.18 x		6.42
U13B	86	Timi Oluborode Oluseye	Brentwood Beagles AC	6.36	6.02	6.29	6.36
U13B	70	Finn Petherbridge	none	5.77	5.63	6.03	6.03
U13B	68	Sebastian SIMPSON	Basildon AC	4.93	5.9	5.09	5.90
U13B	65	Freddie Seymour	Braintree Athletics Club	5.11	5.62	5.42	5.62



Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Hi Stepper

Sportshall

Boys U11

	No.	Name	Club/School	Trial
				1
U11B	77	Mason Partridge	Colchester/Tendring AC	15.1
U11B	80	Theo Hughes	Brentwood Beagles AC	16.8
U11B	89	Joe Ryder	none	18.0
U11B	81	Owen Cottee	Brentwood Beagles AC	18.4
U11B	79	Sonny Hughes	Brentwood Beagles AC	18.6
U11B	87	Dylan Phillips-Frontin	SSA	0.0



Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Target Throw

Sportshall

Boys U11

	No.	Name	Club/School	Total Points
U11B	83	Jude Avery	none	14
U11B	64	Aidan Burgoyne	Cats	13
U13B	74	Ronnie Marchant	Brentwood Beagles AC	11
U11B	75	Joey Marchant	Brentwood Beagles AC	11
U11B	73	Wilbur Wheatley	Colchester/Tendring AC	11
U11B	61	Robbie Howard	Colchester/Tendring AC	11
U11B	81	Owen Cottee	Brentwood Beagles AC	10
U11B	80	Theo Hughes	Brentwood Beagles AC	8
U11B	79	Sonny Hughes	Brentwood Beagles AC	8
U11B	78	Matthew Cottee	Brentwood Beagles AC	6
U11B				



Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Speed Bounce



Boys U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11B	67	Jude Lipscombe	SS Athletics	48
U11B	84	Folabi Saiki	none	45
U11B	77	Mason Partridge	Colchester/Tendring AC	41
U11B	64	Aidan Burgoyne	Cats	41
U11B	76	Jude Court	none	40
U11B	90	Rory Knivett	None	38
U11B	75	Joey Marchant	Brentwood Beagles	36
U11B	81	Owen Cottee	Brentwood Beagles	35
U11B	83	Jude Avery	None	33
U11B	80	Theo Hughes	Brentwood Beagles	31
U11B	79	Sonny Hughes	Brentwood Beagles	27

Speed Bounce



Boys U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13B	88	Ben Ryder	Chelmsford	63
U13B	68	Sebastian SIMPSON	Basildon AC	60
U13B	63	Arron Watson	Castle Point Joggers	59
U13B	78	Matthew Cottee	Brentwood Beagles AC	57
U13B	65	Freddie Seymour	Braintree	54
U13B	74	Ronnie Marchant	Brentwood Beagles AC	49



EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Balance Beam



Boys U11 ONLY

No.	Name	Club/School	Trial
			1
U11B 80	Theo Hughes	Brentwood Beagles AC	0