

Over Under Race - Girls



U11

Heat	Position	No.	Name	Club / School	Time
1	1	34	Eloise Baker	none	21.9
	2	26	Isabella Izzet	Colchester & Tendring	23.8
	3	23	Rose Brown	none	24.0
	4				

2	1	5	Ivy-Rose Hallahan	Colchester AC	19.9
	2	20	Isla Menzies	Colchester and Tendring	19.8
	3	35	Lianne Esterhuysen	Brentwood Beagles	20.1
	4				
	5				

4 Lap Race - Girls



U13

Heat	Position	No.	Name	Club / School	Time
1	1	33	Lucy Croker	Basildon AC	50.7
	2	10	Shindara Adeyemo	Chelmsford AC	51.7
	3	47	Lucinda Palmer	Basildon AC	52.5
	4	53	Ava O Neal	Brentwood Beagles	55.2

4 Lap Race - Girls



U15

1	1	16	Amelle Scott	Chelmsford AC	49.4
	2	51	Alicja Yalaju	Chelmsford AC	50.7
	3	43	Dakota Sladden	none	54.2
	4				

2	1				
	2				
	3				
	4				

1 Lap Race - Girls
Sportshall
U11 only

Heat	Position		Name	Club / School	Time
1	1	7	Sadie Davis	Melbourne	12.7
	2	22	Elsie Martin-Bouchareb	Brentwood Beagles	13.0
	3	55	Leila Nicholls	CATS	13.3
	4				

2	1	25	Poppy Foy	SS Athletics	13.0
	2	12	Sofia Lawrence	Chelmsford AC	13.2
	3	13	Kylie Kayembe	Chelmsford AC	13.6
	4				

3	1	34	Eloise Baker	none	14.1
	2	41	Naomi Heath	SS Athletics	14.4
	3	26	Isabella Izzet	Colchester & Tendring	14.8
	4				

4	1	6	Breanna Dosumu	Chelmsford AC	11.9
	2	48	Amelia Sokolowska	SS Athletics	12.5
	3	5	Ivy-Rose Hallahan	Colchester AC	13.1
	4	46	Sofia Lyttle	CATS	13.7

6 Lap Race - Girls
Sportshall
u13 only

Heat	Position		Name	Club / School	Time
1	1	47	Lucinda Palmer	Basildon AC	1.22.9
	2				
	3				
	4				

2 Lap Race - Girls



U11

Heat	Position		Name	Club / School	Time
1	1	24	Millie Foy	SS Athletics	26.2
	2	22	Elsie Martin-Bouchareb	Brentwood Beagles	26.5
	3	38	Abigail Knight	Chelmsford Academy	26.9
	4	20	Isla Menzies	Colchester and Tenderng	27.3
	4				

2	1	18	Esme Bohannon	Colchester AC	25.5
	2	46	Sofia Lyttle	CATS	26.4
	3	35	Lianne Esterhuysen	Brentwood Beagles	27.8
	4	42	Inari Rawle	Havering AC	28.3

3	1	6	Breanna Dosumu	Chelmsford AC	24.1
	2	30	Kacie Langton	Colchester AC	25.6
	3	25	Poppy Foy	SS Athletics	26.4
	4				

4	1	48	Amelia Sokolowska	SS Athletics	24.7
	2	12	Sofia Lawrence	Chelmsford AC	25.9
	3	31	Felicity Charles	none	26.2
	4	29	Lisa Ndung'u	None	28.0

2 Lap Race - Girls

Sportshall

U13

1	1	28	Emma Frisby	City of Southend	24.8
	2	15	Charlotte Sumner	SS Athletics	25.4
	3	53	Ava O Neal	Brentwood Beagles	26.0
	4				

2	1	3	Evie Boygle	City of Southend	23.4
	2	44	Evie Abbott	Brentwood Beagles	24.2
	3	2	Isla Coppard	Basildon AC	24.6
	4	9	Isabelle Siggers	CATS	27

3	1	45	Katie Lowe	Brentwood Beagles	24.4
	2	40	Alice Gordon	Harlow Athletics Club	25.4
	3	17	Rosie Mower	SS Athletics	26.1
	4				

4	1	33	Lucy Croker	Basildon AC	23.6
	2	10	Shindara Adeyemo	Chelmsford AC	24.2
	3	1	Cherri Moss	Chelmsford AC	24.8
	4	50	Amy Ndungu	Colchester & Tendring	25.8

2 Lap Race - Girls

U15

1	1	32	Chelsea Clarke	Chelmsford AC	23.6
	2	39	Elouise Thomas	Basildon AC	24.0
	3	43	Dakota Sladden	none	24.2
	4				

2	1	51	Alicja Yalaju	Chelmsford AC	23
	2	8	Honey Peck	Brentwood Beagles	23.9
	3	49	Nesochi Onyechere	none	24.1
	4				

U11

OBSTACLE RACE - U11 G

U13 Girls

1	1	38	Abigail Knight	Chelmsford Academy	24.5
	2	31	Felicity Charles	none	25.1
	3	55	Leila Nicholls	CATS	25.6
	4	35			26.1
	1	20	Isal Menzies	none	24.6
	2	29	Lisa Ndungu		25.8
	3	21	Ziggy Webster- Earle	CATS	28.7
	U13				
	1	47	Lucinda Palmer		22.1
	2	54	Liya Adeyeri	Basildon AC	22.6
	3	10	Elizabeth Adeyemo	Chelmsford AC	22.7

Over Under Race - Boys



U11

Heat	Position		Name	Club / School	Time
1	1	18	Esme Bohannon	Colchester AC	18.9
	2	80	Jude Court	none	19.1
	3	73	Joshua Thomas	Basildon AC	21.0
	4				

2	1	60	Wilbur Wheatley	Colchester AC	20.9
	2	62	Joe Howard	CATS	21.7
	3	63	Robbie Howard	CATS	21.9
	4				

4 Lap Race - Boys



U13

Heat	Position		Name	Club / School	Time
1	1	84	Stanislaw Sokolowski	SS Athletics	49.2
	2	85	Henry Summer	SS Athletics	62.6
	3				
	4				

4 Lap Race - Boys

U15

1	1				
	2				
	3				
	4				

2	1				
	2				
	3				
	4				

1 Lap Race - Boys

U11

Heat	Position		Name	Club / School	Time
1	1	72	Mason Partridge	Colchester & Tendring	13.0
	2	60	Wilbur Wheatley	Colchester AC	13.2
	3	63	Robbie Howard	CATS	14.5
	4				

2	1	75	Esirhueme Alegeh	Colchester AC	11.8
	2	74	Oliver Everard	Basildon AC	12.3
	3	77	Thomas OFlanagan	Basildon AC	13.4
	4	80	Jude Court	none	13.6

3	1	81	Rory Knivett	none	12.7
	2	71	Jude Lipscombe	SS Athletics	13.2
	3	62	Joe Howard	CATS	14.5
	4				

4	1	68	Dylan Phillips-Frontin	SS Athletics	13.8
	2	64	Aidan Burgoyne	CATS	13.9
	3				
	4				

6 Lap Race - Boys

U13

Heat	Position		Name	Club / School	Time
1	1	84	Stanislaw Sokolowski	SS Athletics	1.24.0
	2	82	Ellis Knivett	none	1.29.8
	3				
	4				

2 Lap Race - Boys
Sportshall
U11

Heat	Position		Name	Club / School	Time
1	1	61	Toby Stothard	Chelmsford AC	24.4
	2	60	Wilbur Wheatley	Colchester AC	25.9
	3	64	Aidan Burgoyne	CATS	26.1
	4				

2	1	75	Esirhueme Alegeh	Colchester AC	24.4
	2	71	Jude Lipscombe	SS Athletics	26.0
	3	72	Mason Partridge	Colchester & Tendring	26.2
	4	77	Thomas OFlanagan	Basildon AC	26.6

2 Lap Race - Boys
Sportshall
U13

Heat	Position		Name	Club / School	Time
1	1	83	Alfie Gradley	Basildon AC	23.4
	2	79	Sebastian Peloli	Basildon AC	25.9
	3	14	Arron Watson	Castle Point Joggers	26.1
	4				

2	1	84	Stanislaw Sokolowski	SS Athletics	23.2
	2	69	Thomas Matthews	Basildon AC	25.6
	3				
	4				

U15

1	1	70	Jack Weston	Basildon AC	23.5
	2				
	3				
	4				

OBSTACLE Race U11 U13B

	1	78	Harry Shuter	none	23.6
	2	64	Aidan Burgoyne	CATS	23.8
	3	80	Jude Court	none	24.3
	4	62	Joe Howard	CATS	27.8

	1	61	Toby Stothard	Chelmsford AC	22.1
	2	69	Thomas Matthews	Basildon AC	22.5
	3	60	Wilbur Wheatley	Colchester AC	22.9
	4	63	Robbie Howard	CATS	25.3

U13 B